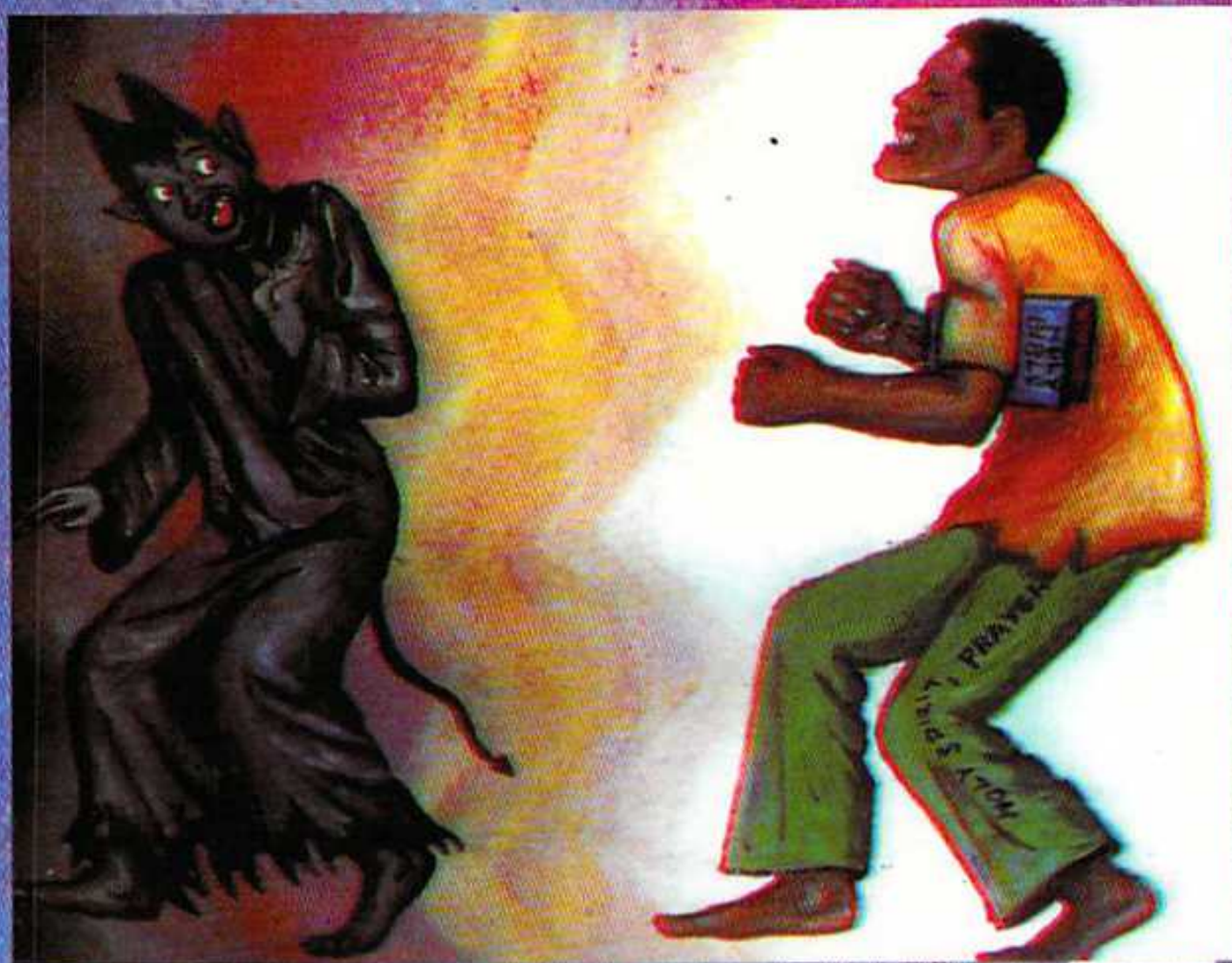


HOW TO OBTAIN Personal Deliverance



Dr. D.K. Olukoya

**HOW TO
OBTAIN
PERSONAL
DELIVERANCE**



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DEDICATION

This Book is dedicated to all Members of The Mountain of Fire and Miracles Ministries ("MountainFiretes"). God bless you all.

PREFACE

The need for a revised edition of **How To Obtain Personal Deliverance** became obvious after appraising the reactions we got from readers of the first manual.

This book is an In-depth spiritual outlay on how you can enjoy your heavenly citizenship whilst still on earth. The author is mindful of the reality that many people including genuinely bornagain, sanctified, tongue-speaking believers still labour under the unimaginable yoke of the tormentors. This seemingly unending Egyptian experience has made some believers to question their faith. Sad. Isn't It?

The thrust of this manual is to bring to the life of every reader the practicality of the power in the name of Jesus *to* deliver to the uttermost.

How To Obtain Personal Deliverance, has been enlarged so that all may enjoy salvation and its benefits to the fullest. It is an unusual handbook incubated in the Holy Ghost Fire to bring you permanent freedom.

Finally, brethren, the desire of God is this: "Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth" (3 John 2). This divine desire can be appropriated into a reality in your life as you read this manual, powered by the Holy Spirit.

We welcome you all into **FREEDOM** in the precious name of Jesus Christ, Amen.

Pastor Ayo Oluwatosin

SECTION 1

CHAPTER ONE

Introduction

I thank God that you obtained this book. This is one book the enemy would not want you to read.

Pray these prayer points aggressively before you continue reading. Pray out loud like this:

1. Father, let every foreign knee confronting me, bow today in the name of Jesus. (Now begin to issue specific commands. Do so violently and aggressively); Every knee of sickness, bow; every knee of fear, bow; every knee of frustration, bow, etc. (Begin to pray, specifically address the evil knees confronting you.)
2. I refuse to sit on any evil seat constructed for me, in the name of Jesus Christ.
3. Oh Lord, shake away everything, that needs to be shaken away in my life in the name of Jesus.
4. Let the spiritual salt of the Holy Spirit, be poured upon any unprofitable department of my life, in the mighty name of Jesus.
5. You kingdom of Babylon confronting any department of my life, fall in the name of Jesus.

Say out loud, this powerful confession.

"I boldly confess that my body is the Temple of God and that the Holy Ghost is dwelling in me. I am cleansed through the blood of the lord Jesus Christ. Therefore, whosoever wants me to go into captivity, shall go into captivity. Whosoever wants me to die by the sword, shall die by the sword. The strangers shall fade away, and be afraid out of their hiding places, in the mighty name of the lord Jesus Christ. They shall lick the dust like a serpent, they shall move out of their holes like worms of the earth they shall be afraid of the lord our GOD."

Turn your Bible to the Book of Job, chapter 36, verse 8. **"And if they be bound in fetters and be holden in cords of affliction; then he showeth them their work and their transgressions that they have exceeded. He openeth also their ear to discipline, and commandeth that they return from iniquity. If they obey and serve him, they shall spend their days in prosperity and their years in pleasures. But if they obey not, they shall perish by the sword, and shall die without knowledge. But the hypocrites in the heart heap up wrath; they cry not when he bindeth them."**

When some people are receiving knocks here and there, they won't cry out that they are in trouble and thus seek assistance. This is the reason why verse fourteen says:

"They die in youth and their life is among the unclean."

Now these verses tell us a number of important things. The first point is this: Spiritual imprisonment is by personal desire, if you, wish to be imprisoned you will be imprisoned. If you like to obtain freedom and you are really serious about it, you will obtain freedom. There is a gift God gave to man when He created man in the beginning. This gift is called "will power." Everybody has a will and can exercise it. This power is given to man whether you are born again or not.

Sometimes when you go to the hospitals to pray for the sick, you immediately notice two kinds of patients. There are some that have given up all hope and are now asking for paper to prepare their wills. Such patients eventually end up dead. But then, you see a second group struggling to live. They say they shall not die but live. "I have not done anything for the Lord; I have not done anything for my family; I cannot die like this; this problem must fly over my head". So, by this mere will to, live, backed up by the Holy Spirit, nothing can overcome this group of patients. But when you relax your will and allow it to float, the devil will trap you.

At the **Mountain of Fire and Miracles Ministries**, we teach you how to be spiritually independent so that you can stand on your feet

wherever you are. If your faith depends on a particular man, and the man travels or dies, what happens when you are in trouble?

There is the story of a brother who had some problems with his wife and decided to go to his Pastor's house for a settlement. Some metres to the pastor's house, he overheard a scuffle between the pastor and his wife. He then stopped and decided with his wife to go back home and solve their own problems themselves.

We teach spiritual independence here and if you will like to be independent, you will be independent. For too long, decent people who would like to serve God in a holy way have been misled. Educated people who know that God must be served in a holy way have been misled into unholy ways. I feel sorry and cry for people, especially converted muslims who go into the wrong places again, and get themselves messed up the more. This is why the judgement of God will be hard on those who call themselves men of God, but refuse to tell the truth as it should be told.

When we mention the word deliverance, the first thing that strikes the heart of many people is fear. It needs not be so. If you come to the house of God, and you are not growing; you have no spiritual light, you cannot move the way you should; something is bothering your soul; then you need deliverance. If you know you have done everything that qualifies you for success, yet you find that at the point of success, something just goes wrong and failure sets in, you need the ministry of deliverance. (If you want to know about this, you should buy your own copy of our message on "The Ministry of Conflict".)

Deliverance scares people, but it is not supposed to be so. There are more wicked things than witchcraft inside some people who claim to be born again. But when they pray as they ought to, these things will then come to the surface. They then exclaim; "am I really like this?"

We distributed some mountain-moving prayer points ten years ago in a particular fellowship and one of the prayer points was, "Almighty God show me every secret about my problem in the name of Jesus.

"There was this sister who was having difficulty in getting married. She prayed this prayer as she ought to and God began to give her a "cinema show." In a vision, she saw herself standing along with two of her closest friends who were prayer partners in the church. The three of them were lined up and an angel of God told them to introduce themselves. Then this our sister who had been praying said: "I am a leaf". The second one said, "I am a goat" while the third one identified herself as a snake. Prayer partners - leaf, goat and snake! Then the vision cleared away. But she did not understand the thing she had just seen. She called and asked questions. But I asked her one question in return: "suppose you are a dry leaf on a tree and a strong wind blows, what happens to the leaf?" She answered that the leaf will be blown away.

This is the interpretation. All the while, somebody had put a curse on her that her life will be like that of the leaf and she was exactly like a leaf. But this was not revealed until she prayed the right prayer to the right level. She knew then that she needed the ministry of deliverance.

Sometimes when you tell some people that they need deliverance they will say. "Oh, God forbid, not me, it's impossible." Just give this person a little pinch and he will flare up in a violent anger. Yet he says he doesn't need deliverance. When a man says. "I do not know what is happening to me, each time I find myself in the midst of ladies my body will be shaking"; something is wrong with that body. If you try to rationalise that you are a human being and such a feeling, is normal, you are being deceived by the devil. It is not normal, rather, you need deliverance fast.

CHAPTER TWO

What Is Deliverance?

Deliverance simply put is;

- release from captivity;
- the expulsion of evil spirits from a person or thing;
- binding the strongman and spoiling his goods;
- expelling bad spirits that torment or possess people;
- to loose the bounds of lives chained through wickedness;
- to destroy the yoke that the enemy uses to retard people;
- to remove curses/spells/jinxes cast upon people;
- receiving freedom from forces of oppression like unnatural sexual urge, alcoholism, false religion, masturbation, bedwetting;
- spiritual cleansing of house, office, factory, shop, business areas by chasing out bad spirits and destroying satanic edicts;
- breaking of satanic chains and fetters;
- removal of invisible heavy loads placed on people;
- uprooting evil seeds and trees planted in a person's life;
- making the rough places plain;
- destruction of the works of satan;
- removal of satanic embargo placed on the lives and ways of people and removing the reproach that satan and wicked people had placed on someone;
- release from demonic attacks or spiritual impurities;
- setting free from satanic influence;
- immunity against counter-attacks by evil spirits;
- release from covenants being used by the enemy to restore bondage into the lives of people;
- rescue from damages done to the person while in bondage;
- purification from demonic pollution and impurities;

- liberty from satanic bondage.

There are many ways this can be done and there is no standard method. However, a proper deliverance process must include the following:

1. New birth experience
2. Detection of the evil tenants
3. Ejection of the evil tenants
4. Removal of their deposits and repair of what they had destroyed during their stay
5. Barricade against future attack and re-entry.

GENERAL METHODS TO USE (A Guideline)

1. Commanding them in Jesus' name to surface (this may take some time):

Additional aids:

- A. Prayer
 - B. Songs of the Blood of Jesus
 - C. Scripture readings on victory over satan
 - D. Anointing with oil.
2. Bind demons, no regrouping; no violence; no reinforcements, no arguing one way only- "get out in the name of Jesus"; Mark 5:8-9; 9:25-27; Luke 8:27-33.
 3. Destroy objects of sorcery, fetishism, horoscopes, occultism, divination, etc.
 4. Confession of involvement that led to possession by demons either personal or ancestral.
 5. Deal with the ancestral aspect if necessary - Leviticus 26, Deut. 28; Daniel 9; Deut 5:9.
 6. Renounce satan and his works and reclaim all grounds lost to the enemy; recognize the value of 1 John 3:8, which says that

Christ has come to destroy devils' works.

7. Remove occultic surroundings.

8. Submit to God and resist demons - James 4:7.

CHAPTER THREE

32 Ways Of Effecting Deliverance

1. **By prayer warfare.**
2. **By listening to the ward of Gad.**
3. **It could happen when you are praying in tongues.** Many people have demonic deposits within them. As they engage in aggressive praying in the spirit, the environment becomes too hot for these evil spiritual traders, and they run out of their hiding places.
4. **By using the ward of God.** This is when you quote scriptures against your situations. After series of scripture bombardment in faith with the appropriate warfare scriptures, the demons would say: "I am tired of this thing, let me go." They will go and the individual is delivered. The ancient weapon of 'it is written' is forever effective.
5. **By confession of sins and repentance.** For some people, all that God requires them to do is confession and repentance. Deliverance follows immediately. The permission of any sin in your life provides an open door to the enemies of your soul.
6. **Through praises.** The devil hates people who continually wear the garment of praise and are praise addicts. Demonic spirits find it difficult to stay in such environments. When the devil sees you praising God rejoicing in His name and giving Him all the glory he becomes disappointed and departs from your life. Believers who always look downcast and unhappy, don't seem to have encountered the living Christ. When you have Christ, His joy will shine on your face and everybody will see it. People will wonder what makes you happy. You will tell them: "We have a better country whose foundation is not built by hands. Not only that, our Father is the owner of everything, so if you're still sitting on my possession, you will stand up one day." If you have no money now somebody is keeping it for you.

7. **By commanding with Authority.** You could command that particular problem with authority by saying: "I command you in the name of Jesus, get out of this situation. Get out of that place." This has worked wonders in many ways in the lives of people who knew the power of God.
8. **Sometimes it is by breaking curses.** If somebody is under a curse, this would have to be broken before deliverance can be effected. Curses keep demons in place. The devil is a legal expert. If you insist on the expulsion of the demonic spirits when the curse keeping them in place is still in operation, they will say; "Okay, let me telephone my headquarters. I demand a phone call." So the evil spirit phones and makes enquiries: "I am asked to go out of brother 'A', or sister 'B', should I go? Please check the computer. "The evil spirit now gets a reply: "Tell them that you are not going because the person is under a curse and that is our legal ground. As long as the curse is not broken, we shall stay." So, sometimes, by breaking curses, you will drag the carpet from under the feet of the evil spirits and they will not be able to harass you again.
9. **Sometimes by breaking evil covenants.** In the African set up, evil covenants keep many problems in place. When a man and a woman cut themselves up with blade and mix their blood with a drink which both of them shared, they have just contracted a blood covenant. If this relationship does not work and both of them try to get married to other persons, it will never work unless that blood covenant is broken. This is why we pray against incision on the body. Incision is a form of blood covenant and this covenant is the most difficult one to break. The Bible says that the life of the 'flesh is in the blood (Lev. 17: 11). Our Lord Jesus Christ had to shed His blood to form a covenant between us and God. So, by breaking evil covenants many people obtain deliverance.

There was a sister of about sixty-five years who had a swollen leg that was becoming embarrassing. We asked the Lord what exactly was responsible, and the Lord said that she had a covenant to break. I then asked this sister to sit down and begin

to pray thus: "I break every covenant that I have formed or that somebody has formed on my behalf, whether consciously or unconsciously, which is now affecting my leg, and I break them in Jesus' name." I, instructed her to start the prayer from age one. If at any age she becomes restless and uncomfortable, she should continue to hammer on that age. She started the prayers and when she got to age fifteen or thereabout, (I can't remember the exact age now), she started shaking vigorously, and so she persisted at that point until that thing causing the trouble lost its hold.

Do you know what? After that prayer, she had an interesting visitor who she had not seen for years! Why? The powers behind the problem knew immediately that she free and they sent someone to come and check the source of her power. Immediately this visitor entered, the sister shouted: "I know why you are here, you cannot put me in bondage again, so please walk out." Do you know this visitor did not argue, she just picked her bag and left. An evil covenant had been broken and deliverance followed.

10. **By drinking the blood of Jesus in faith.** If you know you need to be purged, you know some things have entered your body and they need to get out, all you need to do is to sit down and begin to pray thus; "I drink the blood of Jesus and I purge myself with the blood of Jesus." Do you know that as you are saying it, the blood of Jesus will be doing exactly that? It will be doing what you asked until you begin to receive deliverance in that particular part of your body.
11. **By participation in aggressive united prayers.** Let me tell you a truth; no power of darkness can withstand aggressive united prayer. Those who have tried to, have either regretted or surrendered.

When the ***MF*** was at its former site at Old Yaba Road, Lagos, one man accused us of converting his children by force and as such, he wanted to attack me. A number of people spoke with him but he insisted on-seeing me. Eventually, he was brought to

me along with a woman. Whilst the woman was protesting to me, behold the man behind her was shaking a 'juju' (local charms) under his 'agbada'. I laughed and said; 'Oga', do you think that thing you are shaking can affect me? If it could affect me, I won't be here today. I then advised him to shake it harder. If it were many years ago, I would have put my hand under his 'agbada' and removed the 'juju', but not now. Seeing the futility of his charm, he denied shaking anything, although he was. Many who bring such charms to aggressive prayer meetings have had to throw them out when fire fell and began to burn the charms.

When you do aggressive praying, your mind, spirit, body and everything is praying and as this is done in concentration with others, no power can withstand it. The power of united prayer is like this; if you have a small bird on a tree and you have a catapult, unless you are a very good marksman, you may miss the bird if you shoot at it. But if many people catapult the bird at the same time, then there is no escape for the bird. When you come to a united; aggressive prayer meeting where two thousand people are throwing stones, the bird has to be extremely clever to escape, because if it escapes stone number one-two-three, there are still more for it to contend with. Those of us who feel uncomfortable when we are praying in unison need deliverance.

12. **Anointing with oil or water.** When you pray on oil or water, you can use it to anoint your house like the children of Israel used blood to anoint their houses and the angel of destruction could not enter. So, when you anoint your doorpost, it does something. If someone with demonic spirits is visiting you, the demons will have to stay at the door because they cannot pass under the lintel already anointed. But immediately your visitor gets out and is ready to go, the demons will enter him again. You will put yourself in trouble when you see off such a person to his car and shake hands with him. The demons can be transferred to you in this way if you lack the fire of the Holy Spirit. These people know that their powers disappear when

they enter your house. It is akin to some people who keep their evil spirits on a tree or a hideout when coming to church, and when they are going home, they pick them up. However, when we want to be violent, we send the fire of God into those places and when the owners get there, the evil birds would have disappeared. Praise the Lord! For more information on the uses of the anointing oil or water (if that is what you can afford), obtain a copy of the message **"Deliverance for inanimate objects."**

13. **Baptism in water.** When you are baptized by a white garment herbalist, you get demonized by water spirits. I even remember a case now. Please be attentive. A parent said that her daughter was having some problems and she was taken to a 'prophet' at the bar-beach. As the prophet was bathing this girl, at about midnight, something arose suddenly from the sea and said: "give me this girl, she's mine, she's going back with me." The prophet exclaimed, "what shall I tell the parents waiting for us in the church!" Quickly, the so-called prophet abandoned the praying and his Bible and began to recite incantations. He continued to rain these incantations until this creature shook its head and went back into the sea. After this breathtaking incident, this 'prophet' returned to his Bible and continued his so-called prayer for the girl. This is their true picture. So, if such a person has baptized you, you need a deliverance and fresh baptism in the Biblical way.

14. **By destruction of covenant materials.** They could be chains, rings, bangles, clothes or anything. Immediately you destroy them, the evil spirit will say, "our ground for staying in this life has been destroyed." This is why ministers of God burn strange materials. The book of Acts, chapter 19, verse, 19 says: **"Many of them also which used curious arts brought their books together, and burned them before all men:"**

Fire is the last place of the devil. Once you burn their materials; you have destroyed their homes and that is the end. It is unfortunate that Christians are helping to advertise heathen

customs by wearing ear-rings, nose rings, chains, ankle-rings and necklaces. A lot of sisters make themselves perpetual candidates for deliverance by re-initiating themselves with demonic jewelries after each deliverance session. Be honest with yourself, if you do not possess the discerning eyes to recognize spiritually-polluted materials (and most people do not), then save yourself from unnecessary trouble by abstaining from wearing jewelry.

15. **Baptism of the Holy Spirit.** Ensure that you receive the baptism of the Holy Spirit and fire. The more of the Holy Spirit in you, the less of anything that is not of God in you. Then you will experience freedom in your soul and His fire will burn away all filthiness of the spirit.
16. **By purposeful fasting.** Purposeful fasting, not senseless or aimless fasting. Some of what people call fasting is hunger strike and not fasting. Fasting without prayers, fasting with eyes glued to the clock is time wasted. If you are ready to fast, forget about the clock and face your prayers. Fasting to lose weight or to have a proper body shape is not true fasting.
17. **Cleansing of home.** I am not saying cleaning it with a broom, but rather with prayers. If you want to move into an apartment where the former tenant was an occultist, you as a Christian cannot just move in like that. You have to clean up the place spiritually. If you want to build a house, you don't just start to build. You must invite Christians to take authority over that land because there could be some spirits living there before you got there. You have to chase them out before you build your house on the land.
18. **By laying on of hands.** If you as a holy Christian lay hands on certain things, power will flow from your hands to those things, and they will be made whole in the name of Jesus. If you know your child needs deliverance, when he's asleep, lay your hands on him and begin to pray in tongues and you will be surprised what will begin to happen. "They shall lay their hands on the sick and the sick shall recover..." so says the Scripture in Mark 16:18.

19. **By prayer of agreement.** There is power in the prayer of agreement. Two Christians in agreement can move mountains for the Lord. The Bible says, "If two of you shall agree as touching anything, it shall be done" (Matt. 18:19).
20. **By pleading the blood of Jesus.** I have already explained this. For more information, obtain a copy of our message titled: "The blood as a weapon."
21. **By asking for the assistance of God's angels.** The Bible says:

"The angel of the Lord encampeth round about them that fear him, and delivereth them" (Psalm 34:7).

The word of God also says:

"They shall bear thee up in their hands, lest thou dash thy foot against a stone. Thou shalt tread upon the lion and adder; the young lion and the dragon shalt thou trample under feet" (Psalm 91: 12-13).

22. **By confessing sins of the ancestors.** By confessing what we call sins of the ancestors that past generations have committed which are now hurting children.
23. **By calling the fire of God.** When you begin to challenge a situation with the fire of God, it will succumb, whether it likes it or not. Our God is a consuming Fire.
24. **By breathing in the power of the Holy Spirit.** As the Holy Spirit begins to flow into you, strange things will have to leave.
25. **By the prayer of binding and loosing.** You bind the strongman and loose his captives. Although there are many methods of deliverance, the old-fashioned method of "praying through" by yourself is still the best. Nothing can withstand the bullets of well-targeted aggressive prayers.
26. **Constant confession of your stand in Christ.** "This is what I am. You can say any other thing, but this is my position in Christ

Jesus." A voice says, "you're a slave." You'll refuse and say; "I am free in Jesus." As you make these confessions, you're affirming that God is your righteousness.

27. **Anointed singing.** I said anointed singing as opposed to those who go to church to get demonized through disco music. You will do yourself a lot of good if you do a Bible study on the kind of songs that Jesus and the Apostles used to sing. A lot of people do not want to sing hymns today, but Matthew, chapter 26, verse 30, tells us that Jesus sang hymns. Again, this same thing is repeated in Ephesians 5:19 and Colossians 3: 16.
28. **Using spiritual gifts.** This is an area that is strange to many people. You can, use the Holy Spirit's gift of discernment, the word of wisdom, word of knowledge, diverse kinds of tongues, etc. But you cannot receive the gifts if you do not have the Holy Spirit.
29. **By testimonies.** When someone stands before the congregation and says: "I was like that before but now I am like this and I am free." The devil hates this because the Bible says:

"And they overcame him by the blood of the Lamb and by the word of their testimony; and they loved not their lives unto the death"-Rev. 12:11.

30. **Absolute faith in the Lord.** This is believing that God is telling you the truth and is in control.
31. **By personal prophecy.** You prophesy good things unto yourself, and negative things to disappear.
32. **By living a holy life.** This is the best spiritual insecticide which won't allow your life to be polluted. We have many other weapons like, thunder, lightning, brimstone. But I think all those I have mentioned are sufficient.

CHAPTER FOUR

Who Needs Deliverance?

CLASS 1

1. **Those who are demonized** i.e. with witchcraft, familiar spirit, 'ogbanje', etc.
2. **Those who in their dreams constantly**

- eat or are offered something to eat either alone or in a party;
- experience frustrating oppression as if someone or something is pressing them down;
- find themselves swimming in water;
- find themselves playing with snakes;
- see themselves getting out of the body to attend strange meetings;
- find themselves having sexual intercourse;
- find themselves inside or around rivers, or a large expanse of water;
- find themselves being pursued by animals, masquerades;
- see themselves begging for alms;
- travel on an unending journey;
- see themselves being driven by unknown persons to an unknown destination;
- see doors closing just before they enter; distribution of items finishes just before it gets to their turn;
- wear rags or tattered shoes;
- walk about bare-footed;
- see themselves having wares or merchandise unsold;
- see their properties being auctioned;
- see their pockets leaking;

- lose substantial amount of money and never found it;
- see thieves breaking into their houses and stealing things;
- see rats running about in their houses;
- see rats running into their bodies;
- find themselves with counterfeit money;
- always sit for examinations and never finished before the allotted time;
- experience nightmares;
- see themselves dead or being buried;
- see themselves worshiping idols or consulting diviners or witch-doctors;
- see themselves being abandoned;
- have abortion;
- have contacts with dead parents and ancestors;
- see themselves being attacked by armed men;
- bleed;
- see corpses;
- see themselves covered with cobwebs all over the place;
- see themselves handcuffed;
- frequently see themselves in funeral services;
- find themselves before great mountains which they were unable to climb;
- find themselves in the court as the accused;
- find themselves drinking dirty water;
- find themselves climbing with difficulty until they woke up to discover that they were sweating profusely;
- see themselves carrying a big load on their heads and sweating under the great burden;
- find themselves naked;
- see their wedding dresses being stolen;
- see their Bibles being stolen;
- find themselves among members of secret societies or in the midst of all kinds of people dressed in the regalia of demonic or

- occultic people;
- receive attack by dogs, cats, crocodiles and other dangerous animals;
 - see dogs licking their bodies;
 - are being flogged;
 - receive dirty or rough money;
 - find themselves in the market just roaming about without even remembering what to buy and ended up buying nothing;
 - see themselves being cursed;
 - find themselves amputated;
 - find themselves in a school which is not of God; etc.

3. Those who have participated in non-Christian religious organisations, e.g.

- a) False religions, Paganism, Eastern religions like Hinduism, Islam, Yoga, Karate, Kung fu, etc.
- b) Christian cults or pseudo Christian organisation such as Mormonism, Jehovah's Witnesses. Christian Science, Rosicrucianism, Eckankar, Church of Religious Science, Freemasonry.
- c) Occultism, witchcraft, magic, levitation, crystal ball, palmistry, hypnosis, horoscope, astrology, divination, (Deut 18:9-15).
- d) Practitioners of false doctrines, e.g., doctrines that:
 - i) attack or deny both the humanity and the deity of Jesus Christ,
 - ii) deny the inspiration and sole authority of the Bible,
 - iii) confuse and cause division among Christians,
 - iv) blind Christians from the move of the Holy Spirit,
 - v) encourage spiritual pride,
 - vi) foster emphasis on fleshy activities,
 - vii) encourage worldliness in the church,
 - viii) make people live above their spiritual experience.

- 4. Sexual Problems.** This includes fornication, adultery, prostitution, masturbation, seduction, incest, bestiality, impure sexual thoughts, sexual imaginations, sexual fantasizing, constant sexual dreams, pornographic literature, blue movies, lesbianism, homosexuality, oral sex, anal sex, group sex and such other perversions.
- 5. Emotional Disturbance.** This includes all forms of instability in emotion. Examples are a feeling of resentment towards people, envy, jealousy, hatred, anger, wrath, bitterness, animosity, hostility, fear, superiority complex, inferiority complex, violence, racial segregation and prejudice, worrying, depression, pride, insecurity, self-pity, self-rejection, memory failure, confusion, foolishness, indecision, laziness, doubt, frustration, apathy, lack or loss of concentration, etc.
- 6. Bondage.** Being controlled by any habit against your will or desires. Examples of this are: Addiction to alcohol, medicine, cigars, cigarettes, pipe-nicotine (smoking), drugs, foods, sex, hospitals, sports, games, music, etc.
- 7. Sick Tongue.** The contamination of the tongue. This includes: stammering, stuttering, lying, blaspheming, talkativeness, exaggerating, gossiping, back-biting, cursing, nagging, mocking, reviling, grumbling or murmuring or bemoaning, condemning, criticising (its bad form), garrulousness, etc.
- 8. Sickness Defying Medical Diagnosis and Treatment.** Experience has shown that some physical infirmities can neither be diagnosed or be cured in the hospitals.
- 9. Religious Confusion.** Staunch devotion to some false religions or false religious systems.
- 10. Mental Confusion.** In this category are insanity, hallucinations, physical and mental over-activity, lack of inhibition, lack of logic, purposeless activity, etc.
- 11. Miscellaneous**

Unexplainable

- A. sleepless night (insomnia), restlessness, finger-biting or nail - chewing, scratching unnaturally, fidgeting, soliloquizing, muttering, etc.,
- B. rapid pulse, rapid or rather very slow breathing, panting, delirium, nausea, seizures,
- C. persistent bad-breath, frothing in the mouth, unnatural odours, unaccountable falling out of hairs, haemorrhage, excessive sweating,
- D. hearing voices from the spirit-world, unnatural feeling of heat and movements in various parts of body, constant tendency to fall down, constant dizziness, swelling, serpentine movements around the body,
- E. miscarriage (especially after having affairs with known or unknown person or persons in the dream), false pregnancy, prolonged pregnancy, some forms of premature births, some forms of barrenness, etc.,
- F. loss of muscle co-ordination, loss of hearing, loss of speech (deaf and dumb spirits - Mark 9:25), obesity or over weight (some types), unaccountable leanness or thinness in spite of heavy eating or eating well,
- G. ability to know the unknowable; e.g., speak foreign languages without learning,
- H. unholy fears,
- I. violence and super strength.

CLASS 2 - Those operating under a curse

1. Persistent emotional disturbance e.g, resentment, hatred, bitterness, anger, fear, rejection, fear of rejection, self-pity, jealousy, depression, worry, inferiority, insecurity. (Deut. 28:54,66.)
2. Persistent mental problems or thought life e.g. Mental torment, procrastination, Indecision, compromise, confusion, doubt,

- rationalization, loss of memory. (Deut. 28:28,29,65,66.)
3. Speech problems or outbursts/uncontrolled use of the tongue, e.g. lying, cursing, blasphemy, criticism, mockery, gossip, swearing.
 4. Sexual problems or recurring unclean sexual thoughts e.g. fantasy sexual experiences, masturbation, lust, lesbianism, homosexuality, fornication, adultery, incest, bestiality, provocativeness, harlotry.
 5. Addictions e.g. nicotine, alcohol, drugs, caffeine, medicines, cocaine, foods.
 6. Physical infirmities, sicknesses, especially hereditary and/or chronic ones yet without medical diagnosis or cure. (Deut. 28:21,22,27,28,35,59,61.)
 7. Gynaecological problems -barrenness, a tendency to miscarry or related female problems e.g. inability to conceive, failure to menstruate, irregular menstruation, menstrual cramps, frigidity, cysts, tumours, etc. (Deut. 28: 18.27.)
 8. History of suicides, untimely or unnatural deaths in a family.
 9. Proneness to accidents and disasters.
 10. Poverty - continual financial insufficiency especially where the income seems adequate. (Deut. 28:29, 38-42, 48, 54-57.)
 11. Unusual noises in one's abode a feeling of being haunted. (Deut.28:66.)
 12. Captivity and deprivation of rights and entitlement. (Deut. 28:29-33, 36-40.)
 13. Mental and physical sickness -e.g. undiagnosed diseases, sicknesses that cannot be cured.
 14. Failure and defeat - failure in every scheme and endeavour. "
 15. Family breakdown, marital failure and family strife.
 16. Bad reputation - the impression that everyone is against a person.

CLASS 3 - Those operating under evil covenants

1. Incapacity for normal living.
2. Fragmented lives.
3. Paralyzed and passive will.
4. Sadness and despair.
5. Abnormal sexual life.
6. Inner anguish.
7. Hatred of the Bible and things of God.
8. Self-inflicting injuries.
9. Being like the opposite sex.
10. Failure in Christian life. (See Luke 8, Mark 5, and Mark 9.)
11. Spiritual blindness.
12. Crippled and deformed children; mental problems and deficiencies.
13. Thoughts and acts of suicide.
14. Tendencies to commit immorality.
15. Extreme bed wetting up into the teen-age years.
16. Some types of epilepsy and insanity.
17. Failures.
18. Profitless hard-work.
19. Failure at the edge of success.
20. Collective captivity.
21. Evil trend of problems in the family.
22. Constant harassment by evil spirits.
23. Inherited problems.
24. Ungodly soul tie.
25. Moving backward instead of forward, etc.

WARNING

The occurrence of one of these symptoms is not sufficient to conclude that demons are present. But when a person shows a few or several of these symptoms, demonic activities should be suspected. After going through the normal channels of prayers,

spiritual discipline, applying the Word, etc., and you fail to have victory, you should start to suspect a need for deliverance.

CHAPTER FIVE

Why Self-Deliverance?

WHY IS SELF-DELIVERANCE NECESSARY?

1. For the sake of those who do not know which minister to go to because of past ugly experiences.
2. For the sake of many believers who find it difficult or impossible to share their personal problems with others.
3. For the sake of those who have suffered disappointments from counsellors who revealed their secrets.
4. For the sake of those who are embarrassed to share their personal lives with those who know and respect them.
5. For the sake of those whose parents or spouses would not give freedom of worship.
6. For the sake of those who only obtained partial deliverance.
7. Scarcity of ministers who are anointed and knowledgeable about deliverance. Deliverance is more tasking than ministering salvation or baptism in the Holy Ghost.
8. The tight schedule of such ministers when found.
9. Sincere or insincere ignorance of many pastors on the issue of deliverance.
10. Deliverance workers who are prone to attack can carry out "spiritual self-medication."
11. Self-deliverance can sometimes be the most effective way of freedom since it is the affected that feels the demonic burden and can therefore offer adequate aggressive response or counter-attack.
12. Demonic attacks can strike unexpectedly and there maybe no minister to assist.
13. Evil Visitation. Sometimes when people are on their beds they have this oppressive heaviness coming upon their total

personality, at other times a debilitating weakness flows through the body; this is what is known as evil visitation. Sometimes it is an overwhelming chill and the person starts feeling cold from the head to the toe and this goes through the whole body system. This is an evil visitation and you must know that evil spirits are around.

When you have a feeling of being bound by a great force and as you call the name of Jesus it begins to release you gradually, or perhaps you feel you're being choked, then this is an evil visitation. Maybe you experience sudden feelings of fear as if some gaseous materials were released inside your heart and as the thing is getting closer the fear is getting worse, then this is an evil visitation.

If any of these has ever happened to you before, you must be able to carry out personal deliverance to deliver yourself immediately it happens. Every believer must know that the Greek equivalent of "thou shalt cast out" means to throw out violently or vomit or forcefully eject. Take the case of an aggressive landlord who wants to dislodge his tenant. First, he disconnects the electricity, so that the tenant begins to use candle. Next he demolishes the toilet, the tenant then resorts to the use of nearby houses and bush paths. If there is still no improvement, the landlord then removes the roofing and at this point the tenant leaves. Make your life to be uncomfortable for evil spirits to dwell in.

You too can do the same thing spiritually to yourself and all evil tenants will refuse to stay. Every believer must learn how to throw out demons from himself and from others.

SECTION 2 : PRACTICAL SESSION

CHAPTER SIX

The Process Of Self-Deliverance

When you understand self deliverance, you will keep yourself from being demonized; you will keep yourself healthy, physically and spiritually and be free from demonic pollution. Everyday, you will enjoy divine health and will not be spending your money on drugs and hospital bills. Sometimes, there may be no minister who is anointed and knowledgeable about deliverance to help you. Sometimes, you can be heavily attacked in your dream and the next service is about four days away. What do you do? You should never allow evil spirits to reside in your life. If you lack adequate time to do a self deliverance in the mornings, after your quiet time, then, when you're having your bath, you could do it. Our environment is such that there are many evil spirits moving around and if you are not regularly cleaning your house, they may lodge there; your level of education notwithstanding. If a whole university professor could carry a ritual sacrifice because he needed promotion, then education is irrelevant.

Let's learn a few lessons now before we go into the actual Practice.

A demon is a spirit which means it's like a wind or breath. Most evil spirits leave through the breathing passage or by any opening in the body. This is why sometimes when prayers are hot some people begin to pass out gas or emit bad odour. Now when an ambulance wants to go through a busy area and blares its siren, the purpose is to clear the traffic so as to expedite the passage of the ambulance. Therefore, when praying for self deliverance, you should keep quiet after the prayer before ejecting those evil spirits. This is why at times we ask people to breath in and out. If you are praying or speaking at this time, the spirit will not go out because you have not opened the way for it.

The next lesson you must learn is this; demons can come out by simple breathing, coughing, choking, yawning, vomiting, etc. The

manifestations vary according to the person and the spirit involved. All the spirits that are not deeply rooted, depart easily, but those deeply entrenched, will require more time and effort to go. The more stubborn ones will require the help of other believers. Even when they are that strong and you continue to wound them daily, they will eventually be mortally wounded.

Also, know that if multiple spirits are responsible for one problem, all of them must be removed before total victory is assured. One thing is certain; with every inch of ground grabbed from the devil, you will notice a definite improvement in your life. This is certain. Once the spirit leaves you, there will be a change in you.

Also, remember that an evil spirit must have a legal ground for staying in a person's life.

The purpose of all these information is to enable you to do a self deliverance at home for yourself.

The process of self-deliverance is carried out in stages. Let's go through them one by one.

Step ONE

Start with praise worship. You can sing songs to praise God or worship Him.

Step TWO

Confess out loud scriptures promising deliverance. Let us run through a few of them: Luke 10:19, Ephesians 1:7, Romans 16:20, Revelation 12: 11, Colossians 2:14,15, Galatians 3: 13, 14, Psalm 91:3.2 Tim. 4:18 has this to say:

"And the Lord shall deliver me from every evil work, and will preserve me unto His heavenly kingdom: to whom be glory for ever and ever. Amen."

You must at least memorize this one - 2 Tim.4:18.

Step THREE

Break covenants and curses to destroy their legal hold. You pray a simple prayer: "I break any curse working against me or I break any covenant working against me." Simple prayer with much result.

Step FOUR

Bind all the spirits associated with those covenants and curses like this: "I bind all the spirits attached or connected to the curses and covenants I have just broken in the name of Jesus."

Step FIVE

Lay one hand on your head and the other on your stomach or navel and begin to pray like this: "Holy Ghost Fire, burn from the top of my head to the sole of my feet." Begin to mention every organ of your body: your kidney, liver, intestine, blood, etc. You must not rush at this level.

Lay your hands on areas that the Spirit of God leads you to. Do not be afraid if you notice that you are swaying or staggering, etc.

Step SIX

Then begin to saturate yourself with the blood of Jesus. You do this by saying: "Blood of Jesus, enter into my spirit, soul and body." Next you say: "I drink the blood of Jesus." This must continue until you have a release in your spirit to stop.

Step SEVEN

It is now, that you are able to demand firmly in the name of the Lord Jesus Christ, that any spirit that is not of God should leave you. You demand it forcefully like this: "In the name of the Lord Jesus Christ, I come against all you hidden spirits and I bind your activities in my life. You can no longer hide below the surface because I now recognize what you have been doing; release me in the name of Jesus." If sickness is the problem, address it and say you spirit of infirmity, I speak to you directly, get out of my life now. I am

redeemed by the blood of Jesus Christ, come out and go now. Go out with every breath by the power of the Holy Spirit. I prevail over you."

At this point, you stop talking; open your mouth and nose and begin to breath in and out. Take about three to seven deep breaths, and expel them forcefully through your mouth and nose. You may be surprised that strange things will begin to happen. Repeat this stage again and again. This will help you to flush out any deposit or impurity within your body. You may notice that you are coughing, yawning, sneezing, sweating or shedding tears, but continue and do not loose your concentration.

Step EIGHT

When you have finished the expulsion stage, you then ask for a fresh in-filling of the Holy Spirit and close the session with praises.

When you are attacked in your dream, rise up and go through the stages I have already mentioned. (Our book titled "Victory Over Satanic Dreams" can help you further.) Self-deliverance keeps you from getting sick; it removes every evil seed of the enemy; it charges your body with fire. It uproots evil plantations and builds up your confidence.

Every night before you go to bed, you must remember these three important prayer points.

1. Pray that the walls of fire should surround you. The Bible says:

"For I, saith the Lord, will be unto her a wall of tire round about, and will be the glory in the midst of her" (Zee. 2:5).

2. Pray for cover with the blood of Jesus.

Rev 12:11: 'And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.'

3. Also pray that the angels of God should surround you.

Ps 34:7: "The angel of the LORD encampeth round about them that fear him, and delivereth them."

No matter how sleepy you are, make sure you pray these three prayer points nightly.

There is no reason why self-deliverance should not be effective. However, if the person seeking deliverance is under stubborn demonic control or hereditary strongman and lacks sufficient faith or authority to defeat the oppressors or living in any known sin, the evil spirits will defend what they think is their right.

One final word of caution. For a person to be delivered, he must want deliverance. Self deliverance must not be done because of pride, shyness, the fear of possible public embarrassment, etc Your motive for engaging in self-deliverance has to be pure.

Remember, deliverance is a process and the length of time it takes depends on several things viz: the length of time the spirit has stayed inside a person, the strength and reinforcement of the spirit, the experience and degree of anointing upon those who are ministering the deliverance, the willingness of the person being delivered to be free, the knowledge of the word of God and your level of hatred for sin.

For self-deliverance to be very effective, a great deal of self discipline is necessary.

Also, remember that bondage can be weak or strong. A weak hold can be broken quickly, whereas a stronghold may take a longer time. You will not realize the strength of a bondage until you faithfully and persistently work on it. You must remember that a foothold can graduate to a stronghold if left unaddressed.

CHAPTER SEVEN

Personal Spiritual Warfare

1. Make a list of every problem from which you seek release. The list must include all personal problems that you know; past traumatic experiences, all demonic initiations, complaints of others about you, all your fears, hereditary problems, evil family patterns, things you have unsuccessfully battled against, past unscriptural religious experiences, etc.
2. Identify the root of the problem. Ask the Holy Spirit to reveal the source of your problem to you.
3. Pray for repentance and forgiveness.
4. Renounce the devil and his works.

Sample prayer: "I renounce the devil and all his works in my life in any form in the name of Jesus."

5. Bind each demonic power responsible for each problem your list.
6. Pray till you receive the assurance that you have a breakthrough on each problem.
7. Break the hold of these powers over your life.
8. Command them to leave you in the name of Jesus.
9. Prayerfully ask God to remind you what you may have forgotten.
10. Remember that **"Deliverance plus Discipline equals Freedom."**

STRATEGIES TO WEAKEN THE POSITION OF THE ENEMY

1. Recognise the source of bondage and avoid anything remotely close to it.

2. Hate the powers of darkness with perfect hatred and declare this frequently.
3. Refuse and reject all the lies and excuses of the enemy.
4. Reject evil thoughts when they come.
5. Refuse all grounds demanded by evil spirits.
6. Soak yourself in the Word of God.
7. Become a prayer addict.
8. Forgive others and also forgive yourself.
9. Be completely honest with God.
10. Take the position of death to sin(Rom.6:2).
11. Keep claiming the power of the Blood.
12. Resist the devil persistently in your spirit. Remember that a foothold can become a stronghold.
13. Keep your spirit charged with the Holy Ghost.
14. Never give up.
15. Cultivate a prayerful and fasting life.
16. Rid yourself and your surroundings of all demonic materials e.g., charms, occult books and worldly music.

HOW TO KEEP YOUR DELIVERANCE

1. Make Jesus your Lord (Matthew 12). He is the only one strong enough to keep the devil out of your life.
2. Put on the garment of praise (Isaiah 61 :3; Heb. 13: 15).
3. Put on the whole armour of God(Eph.6: 13-1 7).
4. Live by God's Word (Matthew 4:4). Do not live by your feelings. Bad mood opens door for demons to re-enter. Practice confessing the Word of God.
5. Submit to God and resist the devil (James 4:7).
6. Maintain the right fellowship (1John 1:7).
7. Come under discipline - self, family, government, school, church. Refusal to do this is equal to rebellion. (I Sam. 15:33.) Christians are not free to indulge in every will and desire.

8. Make Jesus central in your life (John 12:31,32). Fill the vacuum with Jesus and the Holy Spirit.
9. Yield every area of your life to the Lord (Matt. 7:21-23).
10. Pray much in the Spirit (Rom. 8:26-27; 1 Cor. 14:2; 14: 15; Jude 20).
11. Avoid the company of those who can have a bad influence on your life.
12. Crucify the flesh (Rom. 6:6, 11).
13. Be completely obedient to God(1 Sam. 15:21-24).
14. Develop a strong faith in God (Heb. 11:6).
15. Be continuously filled with the Holy Ghost (Rom. 8: 13; Eph.5:18).
16. Cultivate a renewed mind (Rom. 12:1-2,Col.3:1-2).

CHAPTER EIGHT

Warfare Prayers

Warfare prayer is a kind of prayer that breaks spiritual bonds and influence of demonic origins.

Nothing can withstand the power of aggressive, specific and well-targetted prayers.

HOW TO PRAY RESULT-ORIENTED PRAYERS

It is strongly advised that you pray in any of these ways as led by the Holy Spirit:

- A) 7 days' night vigil (praying from 12:00 midnight to 3:00 a.m.).
- B) 7 days' fast (breaking daily at 7:00 p.m.).
- C) 21 days' night vigil (praying from 12:00 midnight to 3:00 a.m.).
- D) 21 days' fast (breaking daily at 7:00p.m.).
- E) 3 or more days of dry fast.

NOTE: All prayers must be said very aggressively in the name of Jesus (not mumbled).

"Pray In The Spirit" - Praying in the Spirit is an ability to pray in tongues as given utterance by the Holy Spirit. To pray in the Spirit, you must have been baptised in the Holy Ghost (not water baptism) - Mark 16: 17; Acts 1:8; 1 Cor. 14: 15.

INSTRUCTIONS

- a) Call the spirits you do not desire in your life.

b) Then issue the command firmly and repeatedly that the spirits must come out in the name of the Lord Jesus.

c) Then take three or four slow deep breaths determinedly to expel them.

Pray as follows: You spirit of..., I loose myself from you in the name of Jesus, and I command you to leave me right now in the name of Jesus.

Now, attack the underlisted spirits one by one following the above instructions.

1. Spiritual laziness
2. Self-pity
3. Worry
4. Discouragement
5. Envy
6. Forgetfulness
7. Weakness towards temptation
8. Financial reverses
9. Depression
10. Death
11. Failure
12. Fear
13. Tension
14. Frustration
15. Tiredness
16. Pride
17. Anger
18. Impatience
19. Unbelief
20. Destruction
21. Wounded Spirit
22. Addiction

23. Mind blanking
24. Bitterness
25. Resentment
26. Unforgiveness
27. Retaliation
28. Stubbornness
29. Strife
30. Quarrelling
31. Witchcraft
32. Spite
33. Hatred
34. Hurt
35. Criticism
36. Fault finding
37. Sorrow
38. Weariness
39. Infirmary
40. Confusion
41. Suicide
42. Self-hatred
43. Selfishness
44. Rejection
45. Malice
46. Loneliness
47. Inadequacy
48. Jealousy
49. Envy
50. Defeat
51. Nervousness
52. Restlessness
53. Gloom
54. Mental illness

55. Retardation
56. Procrastination
57. Self
58. Forgetfulness
59. Vanity
60. Lust

Now pray the following prayer points aggressively.

PRAYER POINTS

SECTION 1 - PRAYERS OF DELIVERANCE

1. Every stronghold of the enemy in my life, be broken in the name of Jesus.
2. Anything that belongs to the goodness of my life presently in the possession of the enemy be released in the name of Jesus.
3. I forgive all those who have hurt or disappointed me in the name of Jesus.
4. Lord, forgive me, and I also forgive myself for all my many faults and failures in the name of Jesus.
5. I break every power and covenants associated with any incision on my body, and I release myself from their grip in the name of Jesus.
6. I renounce and denounce any conscious or unconscious associations with familiar spirits and spirit husbands in the name of Jesus.
7. In the name of Jesus Christ, I now renounce, break and loose myself from all demonic subjection or control and from any ungodly soul-ties.
8. I break any curse that is negatively affecting my spiritual or physical life which may be in my family, even back to ten generations on both sides of the family in the name of Jesus.
9. Let every evil mark be erased in the name of the Lord Jesus Christ.

10. I cancel every negative prophecy Issued against my life in the name of Jesus.
11. Oh Lord, reveal to me every secret about my life in the name of Jesus.
12. I renounce and break myself loose from all evil curses, charms, hexes, spells, jinxes, psychic powers, bewitchments witchcraft or sorcery which may have been put upon me or my family line, in Jesus' name.
13. I renounce all the spirits connected and related to evil curses, charms, hexes, spells, jinxes, psychic powers, bewitchments, witchcraft or sorcery and command them to leave me now in the name of Jesus.
14. I withdraw all the materials belonging to me from every evil altar in the name of Jesus.
15. I release myself from the influence and activities of water spirits and fake prophets in the name of Jesus.
16. Father, in the name of Jesus, send Your angels to unearth and break all demonic storage vessels and pictures buried on my behalf.
17. I confess that my body is the temple of the Holy Spirit, redeemed, cleansed and sanctified by the blood of Jesus, therefore, satan has no more place in me, no power over me because of Jesus.

SECTION 2 - DISGRACING THE STRONGMAN

Scripture Reading: Colossians 2; 1Sam. 17

Confession: Col. 2:15 : And having spoiled principalities and powers. He made a shew of them openly triumphing over them in it.

Prayer Points

1. Fire of God minister destruction to the ministry of destruction in my family in the name of Jesus.
2. I consume the shrine of the strongman in my family with the fire of God in the name of Jesus.

3. Let the stones of fire pursue and destroy all the strongmen in my life in the name of Jesus.
4. I receive strength and power to be a warrior and not a worrier in the name of Jesus.
5. I smash the head of the strongman on the wall of fire in the name of Jesus.
6. Let hell open its mouth without measure and swallow all suckers of peace in my life in the name of Jesus.
7. The strongman in my family will not regroup, nor reinforce themselves against me, in the name of Jesus.
8. Let the angel of God roll the stones of fire to hinder the strongman on my ways in the name of Jesus.
9. I cause open disgrace to all the strongmen in my family in the name of Jesus.
10. Let all the enemies of my soul start their days with confusion and end it in destruction in the name of Jesus.
11. O Lord, release from my mind any image of jealousy, lust and evil intentions.
12. I stand against all confusing forces within me in the name of Jesus.
13. O Lord, order my inner life so that I can hear You.
14. O Lord, let me see what You see in me.
15. I ask You, Father, to make me uncomfortable till I get to the right track in the name of Jesus.
16. O Lord, wash my brain with the blood of Jesus, and remove bad habits which are physically engraved there.
17. O Lord; heal any hormonal imbalance or other secretions in my body.
18. O Lord, heal in me whatever needs to be healed.
19. O Lord, replace in me whatever needs to be replaced.
20. O Lord, transform in me whatever needs to be transformed.
21. O Lord, let Your healing power take firm root within me.
22. Let the strongmen from both sides of my family begin to destroy themselves now in the name of Jesus.

23. The strongman from my father's side, the strongman from my mother's side, begin to destroy yourselves in the name of Jesus.
24. I refuse to wear the garment of sorrow in Jesus' name.
25. All stubborn pursuers in my life, I command you to die in the name of Jesus.
26. All satanic arrows presently in my life, loose your power in the name of Jesus.
27. Let every organised evil arrow against my life be paralyzed in the name of Jesus.
28. I fire back all satanic arrows of failure at the edge of my breakthroughs in the name of Jesus.
29. I fire back all satanic arrows of spiritual and physical sicknesses in the name of Jesus.
30. I fire back all satanic arrows of weakness in prayer and Bible reading in the name of Jesus.
31. I fire back all satanic arrows of business failure in the name of Jesus.
32. I fire back all evil arrows from the household enemy in the name of Jesus.
33. I fire back all evil arrows from my unfriendly friends in the name of Jesus.
34. Power of God, bring to life all my good benefits that satanic arrows have paralysed in the name of Jesus.
35. I cover my life and all my belongings from satanic arrows with the blood of the Lord Jesus Christ.
36. Thank the Lord that the gate of hell shall not prevail against your life.
37. I order confusion and scattering of tongues amongst all wicked associations militating against the peace of my life in the name of Jesus.
38. Let the wisdom of all evil counsellors against my life be rendered to nothing in the name of Jesus.
39. O Lord, cause an explosion of Your power in my handiwork.

40. Let my life be barricaded by the hedge of fire and let me be soaked and covered with the blood of Jesus.
41. O Lord, smite all evil tongues rising up against me and break the jaws of the evil ones.
42. Let every handwriting contrary to my peace receive intensive disgrace in the name of Jesus.
43. Let every decision taken against me by the wicked be rendered null and void in the name of Jesus.
44. I fire back every demonic arrow targetted at me and my family in the name of Jesus.
45. I break every spiritual mirror and monitors fashioned against me in the name of Jesus.
46. Pray in the spirit for 10 to 15 minutes.
47. I bind and I render to nothing all the strongmen that are currently troubling my life in the name of Jesus.
48. I disgrace every . . . (*Pick from the underlisted*) working against any department of my life in the name of Jesus.

a. satanic agents

b. water spirits

c. satanic prophets

d. occultic consultants

e. the original possessors of our family - (like crocodiles, shrines, human sacrifices, etc).

f. drinkers of blood

g. demonic food sellers -selling polluted foods & bread of sorrows.

h. spirit of sexual perversion

49. Thank the Lord for answered prayers.
50. Let every power of the oppressors rise up against each other in the name of Jesus.
51. Let the affairs of my life become too hot for the enemy to handle in the name of Jesus.
52. I retrieve my blessings from the camp of evil confiscators in the name of Jesus.
53. I vomit every satanic poison in any part of my body in the name of Jesus.
54. Let my promotion manifest powerfully in Jesus' name.
55. I disband all evil hosts gathered against me in the name of Jesus.
56. Let all anti-testimony forces scatter in Jesus' name.
57. Let the joy of the enemy upon my life be turned to sorrow in the name of Jesus.
58. I paralyze the evil strongman of pocket with holes in my life in the name of Jesus.
59. Let Your power, Your glory and kingdom come upon my life in the name of Jesus.
60. Let all drinkers of blood and eaters of flesh begin to eat their own flesh and drink their own blood to satisfaction in the name of Jesus.
61. I reject temporary freedom in every area of my life in the name of Jesus.
62. I reject partial freedom in every area of my life in the name of Jesus.
63. I claim total victory and freedom in all areas of my life in the name of Jesus.
64. I break the power of any demonic spell issued against my life in the name of Jesus.
65. Let all bitter water flow out of my handiwork in the name of Jesus.
66. I withdraw all the bullets and ammunition made available to the enemy and destroy them with the fire of God in the name of

Jesus.

67. I bind the spirit of death and hell over my life in the name of Jesus.
68. My name, I command you to become thunder, fire and lightning when people call you for evil purposes in the name of Jesus.
69. I decree that there shall be no reinforcement, no regrouping of any strongman against me in Jesus' name.
70. Thank the Lord for answered prayers.

SECTION 3 - RELEASE FROM CURSES

A. Praise Worship

B. Scriptures -2Kings 2: 18-22

C. Confessions - Gal. 3: 13, 14/Num. 23:23

Prayer Points

1. Praise the Lord for the redemptive power in the Blood of Jesus.
2. Praise the Lord for redeeming you from the curse of the law.
3. Confess all sins that has given the enemy legal right to place any curse on you or your household.
4. Repent and ask God for forgiveness and cleansing.
5. I take authority over every curse upon my life in the name of Jesus.
6. I command all curses Issued against me to be broken in the name of Jesus.
7. I command all evil spirits associated with any curse to leave me now in the name of Jesus.
8. I take authority over inherited curses and command them to be broken now in the name of Jesus.
9. I take authority over curses emanating from... (*pick from the under listed*) and command them to be broken now in the name of Jesus.

- evil dedication
- ancestral sins
- handling cursed objects
- witchcraft curses
- satanic agents
- spiritual Ignorance
- living in a cursed land or house
- being born in a satanic altar
- strange money or cursed gifts
- partaking in food sacrificed to idols
- conscious or unconscious honouring of demonic idols
- conscious or unconscious performance of demonic rituals

10. In the name of Jesus, I break any curse which may be in both sides of my family, back to ten generations.

11. I renounce and break all curses put on my family line and my descendants in the name of Jesus.

12. I command every evil spirit of any curse to release me and go now in the name of Jesus (*spend some time on this*).

13. I break every curse of automatic failure working in my family in the name of Jesus.

14. I take authority over every curse of...(*Pick from the under listed*) in my family in the name of Jesus.

- sickness, infirmity and deformity
- family destruction
- financial destruction
- marriage destruction
- physical and spiritual destruction

15. I cancel the evil effects of all curses in Jesus' name.

16. I take authority over every unconscious curse or playful curse issued on me in the name of Jesus.

17. Let the root of my life be purged by the fire of the Holy Spirit in the name of Jesus.

18. Let the root of my life be washed in the blood of Jesus.

19. I break and cancel every curse placed on the children to punish the parents in my family in the name of Jesus.
20. I break and cancel every curse placed on me out of jealousy in the name of Jesus.
21. I break and cancel every clinical and medical curse in the name of Jesus.
22. I break and cancel every curse issued by satanic ministers in the name of Jesus.
23. I break and cancel every curse emanating from evil prophecies in the name of Jesus.
24. I release myself from any curse emanating from...(*Pick from the under listed*) in the name of Jesus.

- past heresies or blasphemies
- tithe failures
- breaking a person's heart
- deliberate sinning
- self-Imposed curses
- negative words
- past involvement in false religion
- misappropriation of God's glory
- trying to purify the unclean
- past involvement in immorality and sexual perversion
- conscious and unconscious demonic offering of sacrifice
- conscious or unconscious unrighteous denial of another person's right

25. I reverse all the curses in the name of Jesus. There shall be no more...(*mention what you do not desire in your life - e.g., poverty, sickness. etc*) in the name of Jesus. (*Pray out loud aggressively.*)

SECTION 4 - PRAYERS FOR SPIRITUAL CHECK-UP INSTRUCTIONS

- A. Sit comfortably.
- B. Focus your attention on the Lord Jesus Christ.
- C. Avoid distractions. And if they come, do not concentrate on them.
- D. Spend a few minutes in praises to the Lord.
- E. Confess any known sin to the Lord.
- F. Ask the Lord to bring to your memory the legal ground or the open doors which forces of spiritual wickedness are using to gain entrance into your life.
- G. Enter into this period of aggressive prayer. All prayer points are to be said with holy anger, and determined aggression.

Prayer Points

1. I release myself from every ancestral demonic pollution in the name of Jesus.
2. I release myself from every demonic pollution emanating from my parents religion in the name of Jesus.
3. I release myself from demonic pollution emanating from my past involvement in any demonic religion in the name of Jesus.
4. I break and loose myself from every idol and related association in the name of Jesus.
5. I release myself from every dream pollution in the name of Jesus.
6. Let every satanic attack against my life in my dreams be converted to victory in the name of Jesus.
7. Let all rivers, trees, forests, evil companions, evil pursuers, pictures of dead relatives, snakes, spirit husbands, spirit wives, masquerades manipulated against me in the dream be completely destroyed by the power in the blood of the Lord Jesus Christ.
8. I command every evil plantation in my life, **come out with all your roots in the name of Jesus!** *(Lay your hands on your*

stomach and keep repeating the emphasized area.)

9. Evil strangers in my body, come all the way out of your hiding places in the name of Jesus.
10. I disconnect any conscious or unconscious linkage with demonic caterers in the name of Jesus.
11. Let all avenues of eating or drinking spiritual poisons in my life be closed permanently in the name of Jesus.
12. I cough out and vomit any food eaten from the table of the devil in the name of Jesus. *(Cough them out and vomit them in faith.)*
13. Let all negative materials circulating in my blood stream be evacuated in the name of Jesus.
14. I drink the blood of Jesus. *(Physically swallow and drink it in faith. Keep doing this for some time.)*
15. *Lay one hand on your head and the other on your stomach or navel and begin to pray like this: Holy Ghost fire, burn from the top of my head to the sole of my feet. Begin to mention every organ of your body; your kidney, liver, intestine, blood, etc. You must not rush at this level, because the fire will actually come and you may start feeling the heat.*
16. I cut myself off from every spirit of *(mention the name of your place of birth)* in the name of Jesus.
17. I cut myself off from every tribal spirit and curses in the name of Jesus.
18. I cut myself off from every territorial spirit and curses in the name of Jesus.
19. Holy Ghost Fire, purge my life.
20. I claim my complete deliverance in the name of Jesus from the spirit of... *(mention those things you do not desire in your life).*
21. I break the hold of any evil power over my life in the name of Jesus.
22. I move from bondage into liberty in the name of Jesus.

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