

healing
the
sexually
broken
hearted



restoring your sexuality

Amanda Buys' Spiritual Covering

This is a product of *Kanaan Ministries*, a non-profit ministry under the covering of Roly, Amanda's husband for more than 40 years.

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¹ Meaning: The ANOINTED one

LET US FACE THE TRUTH

Our society is in a sexual crisis.

We are a sexually damaged society.

**Sexual issues are at the root of many addictions,
marriage and personal problems.**

**Sexual abuse and molestation of children is at an all
time high.**

37% of all pastors are struggling with pornography.

**The average South African teen watches 14,000
sexual encounters a year on television alone.**

**The divorce rate is 50% for both the church and the
world.**

**Internet pornography has infiltrated our homes,
polluted our businesses and even defiled our
churches.**

**In our country, 30% of all teenagers under the age
of 15 have had sexual intercourse.**

Teenage pregnancy is on the increase.

Abortion has become a way of life.

WE NEED HELP!

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Chapter 1: Let's start at the very beginning



Why would a God who created our very bodies to reflect our sexuality leave this part broken and in disrepair? **The answer is He wouldn't.** The same power of God that can give you new birth through the spirit, heal your body and restore your soul can minister to your sexuality. Your faith just needs to be stirred and you need to understand your sexuality from God's perspective.

In case you hadn't noticed, when God created and fashioned us, He did it with sex in mind. Our very bodies were designed as male and female to be perfectly fit together in sexual unity. But actually, God had a higher purpose and we were really designed with Covenant in mind.

Our sexuality is a physical expression of our covenant relationship.

God did not create Adam and Eves nor did He create Eve and Adams. He created one man for one woman. He created us for covenant sexuality.

Matthew 19:4-6 *"And He answered and said to them, 'Have you not read that He who made them at the beginning made them male and female.' And said, 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh?' So then they are no longer two but one flesh. Therefore what God has joined together, let not man separate."*

Now because our God is a good God, He created us in such a way that it would be easy for us to be faithful to just one man or woman. You may be thinking that sure hasn't been the case in my life. That's because of the fallen state of man and because of sin. God's first plan needed to be revised through salvation. But it didn't change how He created us. **He created us for covenant sexuality.**

Our sexuality is not just something physical. It has a **spiritual, mental and emotional dimension** as well. It is entwined throughout our spirit, soul and body. Because it was created for covenant, God designed it to work like soft wax. **It would be forever captivated by whatever imprint it first received.** Originally, that imprint would have been with our covenant mate. Life was then easy. We would continually have sexual desire for them.

In Proverbs 5:18-19, the Word says *"Let your fountain be blessed, and rejoice with the wife of your youth. As a loving deer and a graceful doe, let her breasts satisfy you at all times; and always be enraptured with her love."*

God did not make faithfulness hard. He created it to be easy. Sin has made it hard. Our sexual sins have created **wrong imprinting** which creates ungodly desires.

It then opens a door to demonic activity. The church gives us messages related to sexual sin like, *"Just don't do it. Don't give in to temptation."* Yet we need the power of God to change desires that have become imprinted on our very sexual nature deep within us. Yes, we may need deliverance but **we also need the fire of God to purify and wipe our sexual slate clean.**

Does not His Word declare,

"Behold all things have become new" **2 Corinthians 5:17.**

We must take hold of the fact that He is a redeeming, restoring God who is not going to leave this essential area of our lives undone. However, everything we receive from God must be appropriated by faith.

Does He not say, *"For with God nothing will be impossible"* **Luke 1:37.**

But if we don't understand our sexuality, we won't even know what to ask God for. Understanding our sexuality helps us to know why we so desperately need this area of our lives to be purified and renewed.

Before you go any further, **take a moment and check your faith.**

- ❖ *Do you believe God's Word that He will heal you?*
- ❖ *Do you believe God's Word that He has come to restore you (bring you back to your original state)?*
- ❖ *Do you believe God's Word that He will redeem (return that which has been stolen) all things?*
- ❖ *Do you believe God's Word that says nothing is impossible with Him?*

Chapter 1 Assignment

Write down 3 scriptures (include scripture reference) that will help build your faith related to healing, restoration, redemption or miracles.

Use a concordance if necessary. Confess these scriptures daily for a minimum of 40 days.

Scripture # 1

Book _____ Chapter _____ Verse _____

Scripture # 2

Book _____ Chapter _____ Verse _____

Scripture # 3

Book _____ Chapter _____ Verse _____

Chapter 2: Sexual Imprinting

I want to give you some examples of sexual imprinting and how it works. There are **two types of sexual imprinting**:

1. First time experience (as shared in Chapter 1).
2. Repeated experiences.

Example 1

Here are a few examples in order to help you understand the dynamics. A young boy is taught how to masturbate by friends while still in elementary school. Because he has very little other physical contact from his family (they don't show physical affection), it becomes a **form of comfort to him**.

After a while, when he feels stressful, masturbation helps relax him and it continues throughout high school. The frequency increases from once a week to at least one to two times a day.



He's not concerned because he knows once he gets married the desire will be satisfied by his wife. Wrong! He has become **imprinted through first time experience and through repeated practice**.

Now he's married and even though he enjoys sex with his wife there is still a **deep desire to masturbate**. Two issues are at hand. It has become an **addiction** and it is a part of his **sexual imprinting**.

He goes to his pastor and has the spirit of lust cast out of him. He feels a little relief but knows that the **desire is still there**. He begins to wonder, *"Did he really receive deliverance?"*

This is a shameful thing and he doesn't want his wife to know so he hides it more and more. The stress triggers the addiction part of the problem. It creates more of a desire to release the tension through masturbation.

It becomes a vicious cycle. He needs deliverance, prayer for sexual cleansing and purification and help overcoming the addiction.

Example 2

Next scenario, a man has a desire to expose himself to young girls that look a certain way. He has become a Christian. He believes in Jesus Christ but he just can't seem to help himself at certain times. He has even been incarcerated. Now he's married, out of prison, but still battles these urges. He lives in fear that he might do it again. Let's look at his **imprinting**.

His sexual history reveals that as a young boy, he was **sexually imprinted** by watching his older sisters when they didn't know it.

He would watch them undress and catch glimpses of them in the bathroom. They just thought he was a young boy and weren't that concerned. He began to get sexually excited while watching them. Deep down he wanted to connect to them sexually.

He wanted to let them know he was there. Fear kept him from exposing himself. His sister grew up, but deep down inside of him was left the desire for young girls that looked like his sisters.

He just wanted to connect to them, let them know he was there. Now he looks for young girls and acts out his childhood desire. The results of his imprinting has damaged and scarred the young girls he has exposed himself to. **Sexual sin creates sexual damage in others.**

We wonder if he is really saved. How can he worship God with those terrible desires? If people at church find out about his past, they distance themselves from him which increases his shame. **Yes, he is saved but his sexuality has not been sanctified.**

Please understand, there is a difference in protecting our children and distancing ourselves from an individual because we do not understand their sin.

Most sexual sin is very understandable after a complete sexual history is taken. It doesn't make it right but you can understand how it became a sexual practice.

The serial killer, Jeffrey Dahmer is a good example. *How can anyone get sexual satisfaction out of killing someone and then having sex with them?* If you study his sexual history, it's quite clear.

His first sexual imprinting was after finding a dead body on the side of the road. He brought the body home as a teenager and experimented sexually with it.

He was sexually imprinted with a dead man's body. His home environment lacked physical affection; he was afraid of girls; it became much easier to be intimate with the dead rather than the living.

Do not underestimate the power of sexual imprinting.

God created it to work. It should have worked to our good. When sin enters in, it works to our detriment.

Example 3

Let's look at another example. A young girl is molested by her uncle at eleven years old. He is 15 years older than her. She has tried to forget about it. Now she's a teenager.

Somehow the boys her age don't appeal to her. She continually finds older men attractive.

She eventually does marry someone her own age because it's the right thing to do. However, she keeps getting drawn into affairs with older men and can't figure out why.

It seems pretty obvious from the outside looking in, **she was imprinted sexually by an older man.**

Even though she hated what happened to her and didn't want to ever have anything else to do with her uncle, **her sexual desires were still being affected by that first experience.**

Do we just call her promiscuous and label her? Do we simply cast out the spirit of lust if she comes to us because she really hates her lifestyle? Or do we minister the fullness of God's love and restoration power. **That imprinting has to be exposed and cleansed.** The root must be pulled up.

Example 4

I think you are starting to get the picture. Let me give you two more examples before we move on. A young boy gets a hold of his father's playboy magazines at a young age. He shares them with his friends. As he gets older, he ends up **watching pornographic movies.**

He has had **first time and repetitive sexual imprinting with pornography.** Now he's a married man, a father and a Christian. He knows looking at pornography is wrong. He wants to be excited by his wife but sometimes it doesn't seem to be enough. He tries to get his wife to be more like the women in the magazines and in the movies. It just makes her feel uncomfortable and rejected.

She doesn't feel like he really wants her. He gets angry and implies that if she loved him, she would do those things. She is confused and hurt. Eventually, he quits trying but loses sexual interest in his wife.

He is angry at her because she wouldn't meet his perverted needs. Now he has to sneak out to X-rated movies and look at pornography in his office at work. He feels bad but justifies it by saying it's his wife's fault because she wouldn't give him what he needs sexually.

Until he understands how he was imprinted, he will just believe that it's a pretty normal thing. He will justify it by saying that most guys have looked at pornography and if his wife was sexier, he wouldn't have the problem. Wrong!

When pornography is a problem, it doesn't matter how beautiful or sexy his wife might be, **his sexual imprinting demands more.**

The sexual sin must be repented of and the power of God for healing, cleansing and sanctification must be appropriated. Then he has to walk it out by confessing and repenting to his wife and finding someone to hold him accountable in this area.

Example 5

One last scenario, a 13 year old girl has a 15 year old girl friend. The older friend was molested by her father and has become sexually active. She tells the younger girl that she needs to practice and get ready for a boyfriend.

The 13 year old believes her and they experiment with kissing, touching and oral sex. Now the 13 year old is thirty and believes she was born a lesbian. She doesn't understand **the power of sexual imprinting**.

She was raised in the church and still has a desire to have a relationship with God but she can't reconcile what the Word says regarding homosexuality and her lifestyle. She ends up involved in New Age practices because she is able to express her spirituality while still keeping her lifestyle. If the church could give her understanding and hope, she might turn back to God. But if they are afraid of her and deep down don't believe God can help her, they will reject her. It just builds a greater wall between her and God.

God wants us to reach out to a culture that has been sexually damage with understanding and love. He wants to put His faith in us that people can be healed sexually. He created our sexuality and He knows how to heal it. But it must be touched by Him.

We also have a carnal nature. The lust of the flesh entered in to man after Adam and Eve fell in the garden. That old nature must be crucified with Christ. Sexual imprinting is deeper. We can't totally crucify our sexuality.

God created it for our use. When damaged it must be repaired. The Lord will show you the difference between carnal nature, lust of the flesh and sexual imprinting that must be healed.

Chapter 2 Assignment

Pray and ask the Lord to show you areas of sexual imprinting in your life. Rely on Him and not your own memory. Write down what He shows you.

First time experience:

Repetitive experience:

Now ask the Lord to show you how they have affected you sexually and write down what He shows you:

We will minister to these areas in Chapter 11, *Time for Ministry*.

Chapter 3: Sexual Damage

We will discuss sexual abuse in the next chapter. But I want to differentiate between **sexual damage** and **sexual abuse**. There are sometimes we can't figure out what is wrong with us sexually. We know we were not sexually abused or molested so what is the matter with us? Sexual damage can occur in a variety of ways.

Living in a household where there is **not proper modesty** can damage a child and imprint them sexually.

Here is an example. A ten year old boy comes home every day to find his mother on the couch with just a bra on and he also sees her nursing his baby sister. As an adult he develops a breast fetish. His wife is angry because he is always noticing other women's breasts. He thinks he is attracted to large breasts. Yes, but only because of his **sexual imprinting**.



The lack of modesty created sexual damage.

It would be called a Level One form of sexual abuse. Most people are unaware of such terminology and we will just call it sexual damage. But once again, if he is not aware of the damage, he will not know how to get set free and he may even repeat the sin of immodesty in his own family.

There can be **sexual damage** and **shame** created simply from **having played doctor with the next door neighbor as a child**.

Many times in inner healing memories of such incidents will come back for the Lord to heal. Why? Because we were built with an inside sin detector even when we are too young to know it is sin.

Sexual damage can be created by **children sleeping in their parent's bed or room** past the first several months. Besides sexual damage, a child who is allowed to sleep in their parent's bed will develop insecurity, difficulty being alone and problems with individuating.

Many times it is at the root of promiscuity issues, especially with women. Because they shared their parent's bed, they did not learn to enjoy sleeping or being alone. Now as adults, they are having sex with men, not for the sex, but so they don't have to sleep alone.

Damage can come from the children hearing their parents have sex if they are in the same room.

Fear of the sexual act might enter in because they don't know what they are hearing or seeing. Many times parents fool themselves and believe the children are sleeping. I have counseled many people who were not sleeping. It affected them sexually.

Sometimes a family will just be **crude about sexual issues**. Jokes will be told. Things will be talked about that make a child uncomfortable.

Maybe there are items in the house that are sexual in nature. It gives a child a perverted view of his sexuality. He is damaged.

Or maybe just the opposite occurs, sex is never discussed, affection is never shown. The general attitude is **that sex is shameful and dirty**. Sexual damage has occurred. The shame of the family regarding sexual issues has been, without a word, transferred to the child. Many times this occurs in **very religious homes**. The child is confused and never feels comfortable expressing his sexuality as an adult.

Sometimes we can be **teased as children about various body parts**. They are too small, too big, etc. As adults, we don't know why we feel uncomfortable undressing in the light. We prefer the dark. Why? Because we still feel shame.

We may have totally forgotten how we were teased but our sexuality was damaged. But the Lord can heal it, all we have to do is forgive them and ask Him! Many times our **body image has to be healed** so we can feel comfortable expressing ourselves sexually.

Becoming sexually active at too young of an age, creates sexual damage. Children are not emotionally equipped to handle what is happening to them. Their sexuality robs them of the **freedom** and **innocence** of their childhood. Confusion enters in and as they become adults, they have problems truly enjoying sex.

On one hand they enjoy the physical pleasure but on a deeper emotional level, they are **angry at sex** because of the robbery of their childhood. While other kids were out playing, they were dealing with feelings of shame and fear.

When other children had the freedom of friends and relationships, they felt the oppression of a relationship with responsibilities and problems like a marriage without the maturity to deal with it. Damage has occurred which can affect their sexuality as well as their marriage.

As you can see from these examples, sexual damage can come in many different forms. The key is to recognize it and see how it affects. We need the Lord to help us do that.

Any sort of sexual damage needs healing or it will affect our sexuality. Jesus is the Lord who heals us. He is our Great Physician, Jahweh Rapha, but we have not because we ask not. Ask the Lord to show you areas of sexual damage in your life and let Him heal you.

I pray right now for the prophetic anointing of God to be released in your life so that you can hear and know His voice and see what He wants to show you. Most of the time, we do not hear an audible voice. We hear thoughts within our own mind, but somehow we know these are not our thoughts.

This is not our voice; this is the voice of God. We see pictures, but these pictures are different.

They do not come from our imagination or even out of our own memories. They come from the Spirit of the Lord. We need the prophetic anointing of God to be released in our life to pursue sexual healing.

Only God can bring back memories that we have long forgotten. But if they are necessary for our healing, He retrieves them from His archives and brings them back to our mind. God is not bound in time. He is the Alpha and Omega, the beginning and the end. He can enter our lives at any time He chooses. He is in our past, our present and our future.

Chapter 3 Assignment

Pray and ask the Lord to show you areas of sexual damage in your life. Rely on Him and not your own memory. Write down what He shows you.

Forgive those involved and then ask the Lord to touch and heal that area of your life. He is just waiting for the opportunity.

Chapter 4: Sexual Abuse



Sexual abuse and molestation of any sort is incredibly damaging to a child. It can create all sorts of symptoms from mild to severe that can last for a lifetime. One of the main things that it can create is **dissociation**.

This is the ability to separate oneself from a painful situation emotionally and mentally. It can happen to such degrees that people can feel themselves leave their own bodies or as in DID, Dissociative Identity Disorder, their very personalities are left fragmented and separated.

Sometimes this is known as multiple personality. Or it can take the form of television, sports, computers, anything so I don't have to be in touch with the reality around me.

Dissociation is common whenever there has been abuse whether it is sexual, physical, verbal, emotional or mental.

In counseling you will often hear a husband say things like, "We have sex but she's not really there." She has dissociated. Or the wife might say, "He has sex with me but I don't really feel like he's making love to me, I could be anyone." He has dissociated.

Sexual abuse or molestation is not always the reason but many times it is the hidden root. And many times people cannot even share what happened to them with their spouse. The spouse is left in the dark wondering what they are doing wrong.

Sometimes the dissociation is so great, they have dissociated from their own memories. This is called **repressed memories**. They have no recollection of the abuse. When God begins to bring forth His healing, many times memories will begin to come back in dreams.

Dreams are a safe place. Of course, not all dreams are actual memories. But the person will know the difference. Sometimes flashes of scenes will come back. This is usually at a time when they are feeling safe enough to begin to remember. They know the Lord is there for them. Probably, someone else is counseling or ministering to them. If the memories start to come, there will be help. It's safe to remember.

Sexual abuse can cause frigidity, impotence, premature ejaculation, fear of male or female body parts, promiscuity, prostitution, homosexuality, homophobia etc.

It can lead to drug and alcohol addiction, eating disorders, sleep disorders, marriage problems and other personality disorders. Over the past 10 years, over 98% of the counseling and ministry I have done has been with Christians, and a vast majority of them have issues stemming from sexual abuse.

I have said that the Church is like a bright, shiny red apple but when you put your finger inside of it, it is rotten to the core. Unless the church begins to address sexual issues, the Body will remain wounded and unhealed.

Many of the basic trust issues that plague the Body of Christ are a result of sexual abuse, molestation, rape and incest.

Trust is an essential that you must have in order to make covenant. We are not a covenant people because we are a wounded people.

We might think that this issue only affects all those bad people out there (somewhere). No, some of the abuses I have heard about were in the homes of pastors and ministers, some of it happened in the church building itself. Some of it by the most trusted people in our communities, teachers, coaches, youth pastors, doctors, grandmothers.

We as the church cannot be ignorant any longer; we must begin to protect our children and to bring healing to those who have been damaged. See Chapter 13, Protecting Our Children, for more information.

Can you imagine a child getting abused while their parents served and cleaned the church? Can you imagine a child getting abused in a sound booth while praise and worship is going on? Can you imagine a child being abused by their father who was also their pastor? Can you imagine a child being taught sexual practices by their youth pastor? These aren't just things that are imagined, all of these and more have happened.

Now, can you imagine the spiritual and sexual distortion that this has brought? The very God they need to heal them is the very God that these people were supposedly representing.

How can they trust Him and how can they trust the people He sends into their lives to love them and to minister to them? It is not an easy job. But the Spirit of God says in:

Jeremiah 8:10-11 "From the prophet even to the priest everyone deals falsely. For they have healed the hurt of the daughter of my people slightly, saying Peace, peace! When there is no peace."

We must be willing to do the hard work of restoring lives. We have to be honest some things don't get done with a three second prayer at the altar. Sometimes people need to pour out their pain, uncover their shame and have someone love them unconditionally as they do it.

Sexual abuse victims have to walk through forgiveness in 5 main areas

1. **The Perpetrator** (the individual/s who abused them)
2. **The Protectors** (those that should have known or protected them)
3. **Self** (often they are mad at themselves that they didn't fight back, or maybe their bodies responded to it and they are angry at themselves)
4. **God** (even though we are not in a position to forgive God, often people have to recognize they have been angry with God.)

- ❖ "God why didn't You stop it?"
- ❖ How could You let that happen to me?
- ❖ Where were You God, why didn't You answer my prayers?"

They have to repent for their anger towards God and release their unforgiveness.

5. **Re-victimizers** (those that have re-victimized them because they minimized the abuse, didn't believe them. A husband can re-victimize a wife by demanding sex when she has been triggered and is shut down.

He may not even know that she was sexually abused but he can still re-victimize her. A pastor may just tell someone to get over it and get on with God. It minimizes the damage; it re-victimizes. The Bible tells us to weep with those who weep in **Romans 12:15** and to comfort those who mourn in **Isaiah 61:2**)

Sometimes this entire process can take years. Usually the biggest hurdle is to get through forgiving the perpetrator. It's one thing to say it. It's another thing to have it worked into your heart.

It never hurts to start by confessing forgiveness while you allow the Lord to make your confession a reality. We will talk more about forgiveness in Chapter 10, Breaking the Strongholds.

Often sexual abuse victims do not begin to deal with their issues until their forties and fifties. *Why?* Because in their early years, they have the emotional ability to keep the inner issues stuffed. They are busy with families, their jobs, their lives. They just want to forget the past.

They use all kinds of forms of medication; alcohol, prescription and non prescription drugs, work, food, religion, etc. to medicate their pain. By the time, they are in their 40's there stuffer are worn out.

They no longer have hope that their sexual lives are going to change. They can no longer keep the memories from coming up. They are tired of running from the pain.

Many people at this age are surprised. They thought the abuse really hadn't affected them that much but now they are having flashbacks. They can no longer handle their husband or wife touching them. Because God loves them, He begins to use this time to bring healing to this area.

From the day the abuse happened, the Lord has been waiting for an opportunity to heal them from all the pain and shame.

Please understand, this is just a scenario often seen in counseling. You can get healed at any age. You don't have to wait until your stuffer gets worn out. The Refiner's fire is always available.

Many times we don't get refined because we push our junk down. A refiner's fire brings up the impurities and the garbage and the refiner skims them off. We get it mixed up.

When pain or sinful thoughts or emotions come up, we push them down and try to hide them from the Refiner.

This assignment is just a beginning there will be more ministry in Chapter 11, Time for Ministry.

Chapter 4 Assignment

If you have been sexually abused, write down which of the 5 levels of forgiveness you have already walked through. Allow the Lord to show you the true condition of your heart.

Write down things that you have used to medicate your pain and how you dissociate.

Chapter 5: Help! I'm Married to a Sexual Abuse Victim



Many times sexual abuse victims eventually seek counseling or ministry but often their spouse is not equipped to deal with the situation. After years of marriage, they need ministry, also. They have felt rejected, frustrated and robbed.

Sometimes their spouse has told them what has happened. If the abuse happened with a family member, they may even have to face them at family events. This can create anger and resentment. Other times, the sexual abuse victim keeps the abuse secret.

They may have been threatened as a child, *"If you tell anyone, I will hurt you or kill you."* They may have been told, *"If you love me, you will never tell anyone, it will destroy this family."*

They made an inner vow of silence and now even when they want to tell their husband or wife, the vow inside silences them. And Satan, the enemy of their soul, does not want the sin exposed. He knows if he can keep them bound in silence and shame, healing will not be able to come.

At times, these individuals will come for counseling or ministry for other issues. Finally, the sexual abuse comes out. Now they need to tell their spouse. Often it brings great relief and understanding. Now things make sense that didn't make sense before. Now they understand why there was such tension at family holiday times.

The inability to receive touch in certain areas of their bodies now makes sense. The overprotection of their children is now understandable. Now he understands why often when they make love, she cries. The inability to say *"no"* to anyone about anything now makes sense. So many things now become clear that before just brought confusion.

However sometimes, the memories are repressed or very faint and fleeting. They think something happened but are not really sure what. A spouse still needs to approach them carefully sexually and allow healing to come. You may be saying to yourself, *"What does that have to do with me, I didn't abuse them?"* It has everything to do with you.

Without sensitivity in that area, you will re-victimize them. I have seen grown men cry when they finally got in touch with the fact that whenever they had sex, it wasn't with the grown woman that was in front of them, deep down inside a little girl that had never been healed had felt raped over and over again.

They had been so angry, *"Why can't you loosen up? Why can't you just enjoy this?"*

When the painful details of the sexual abuse finally come out and they see the real pain and fear of the sexual abuse victim, they realize what they have done.

Whenever signs of sexual abuse exist, it's best to proceed with caution. I always recommend discussing those issues before marriage whenever possible. If abuse has occurred in the past, it may be best to get some counseling and ministry prior to the marriage. The person who has been molested or abused needs healing and the person they are marrying needs some understanding and training.

I am going to share some **do's and don'ts** for the spouse of a sexual abuse victim. Because it is more often the case (but definitely not always) I will use the example of the wife as the sexual abuse victim. First of all, you have to understand some **basic issues** related to what has happened.

1. Whenever a child has been violated sexually, their **sexual boundaries have been broken down.**

This often affects their abilities to have healthy boundaries in other areas. Their "no" has been taken away from them.

Whenever a person has had their boundaries violated and broken as a child, one of two things will occur. Either they will become a person with **walls**. They will have difficulty letting anyone come in to their life. **Or** they will have no boundaries whatsoever. Anything can come in at any time, good or bad.

Healthy boundaries give us the ability to allow certain things to come in to our lives that are good for us along with the ability to say "no" to other things.

Frigidity is an example of walls. Nothing can come in. **Promiscuity** is an example of no boundaries, anything can come in. The ability to have healthy boundaries must be restored for the sexual abuse victim.

When a husband demands sex whenever he wants because his wife has to submit to him, he is retriggering the violation she received as a child. She was unable to tell her father "no".

Now the situation is being recreated. Their sexual relationship gets more and more painful. It triggers an **eating disorder**, she becomes **suicidal**. He is mad at her for not responding to him sexually. Yet, in the sexual environment he has created, it is impossible for her to find comfort and restoration.

I always tell people who are married to sexual abuse victims, "You have to face the fact that the person you married is damaged. Now you have the choice.

You can help them walk through healing and restoration with love and grace or you can be mad at them for being damaged." It will take patience, understanding, the wisdom of God, and sacrifice on your part but you must face the fact that you do have a part in their healing. **You can rewound them or help create a safe environment for them to be healed in.**

2. Another area that is broken in a child as a result of sexual abuse is **"basic trust"**. This is a foundation that is laid in a child from birth to adolescence. When a baby cries because he's hungry and is fed, basic trust is established.

When daddy says he's going to do something and he does, basic trust is established. When we get hurt or sick and mommy takes care of us, basic trust is established. You get the picture. Other areas of abuse can also break down basic trust.

Basic trust creates the ability in us to have relationship, communication and intimacy, to be able to submit to authority, and to relax.

When basic trust has been broken, people **are afraid to need anyone**. The fear is if they let themselves need someone, they won't be there for them and that's just too painful.

They won't reach out for help. They don't allow anyone to really get to know them. They have difficulty submitting to anyone even God. **At the root of most rebellion issues, lies a problem with basic trust.**

They are hyper vigilant; they can never relax; they have to be in control; because if they don't take care of themselves, who will? Basic trust has to be restored by the Lord but often He also uses people on earth to help.

It takes unconditional love and being there for people in order to help their basic trust to be restored.

So what does all that mean to someone married to a sexual abuse victim. First of all, you have to allow them room to have their "no" restored. Many times at this point I see a look of pure terror on the husbands face.

What they are thinking at this point is, *"I may never have sex again."* I have never found that to be the case. Whenever a husband lovingly gives his wife the permission to say "no" without any pressure sexually from him, he immediately opens up her heart. Inside she says, *"Really, no one has ever given that to me before."*

Now at the same time, she must be receiving some ministry and healing which is also changing her. She can't just say, *"Good, I never have to have sex again."* She has to accept her sexual life with her husband as a gift from God that she needs to learn how to receive.

Many times women who may have not been sexually abused but sexually pressured all of their lives do not even know what it is like to *"give"* themselves to a man. They always feel *"taken"*.

It creates resentment and an inability to fully participate in the sexual act. Men need to learn to treat women emotionally in a way that they desire to give themselves to the man. That is when they will both experience the greatest sexual fulfillment.

God has fashioned us in an interesting way.

The key to unlock a woman's body is her emotions and the key to unlock a man's emotions is through his body.

In other words, for a **woman** to be able to fully give herself to a man she must feel **emotionally connected and cared for**. For a **man** to be able to let down his emotional walls and become truly intimate, **he needs to connect physically** to a woman. When it interlocks, it is a perfect fit.

The woman giving to the man physically releases him to give to her emotionally and the man giving to the woman emotionally releases her to give to him physically. However, when one of the components is missing, you have a mess. Things just don't work.

When a woman is unable to have sex with her husband, she will find him becoming more and more shut down emotionally. When a man is unable to connect emotionally with his wife, he will find her becoming less and less responsive sexually. Then you have marital problems.

The sexually abused wife may have also given her husband very confusing messages. On one hand there seems to be an insatiable need for affection. She wants to be hugged and held but then when he becomes sexually aroused. She's angry. She says things like, "*Why can't you just love me? All you want from me is sex.*" He's confused; it feels pretty normal to him to desire his wife.

Here's what is happening.

The little girl inside who never had a chance to grow up because of wounding is saying, "*I need love without sex. Can't someone just love me unconditionally? I needed safe hugs from my grandfather, father, brother, cousin or uncle but they always led to touching or sex.*"

Then all the boyfriends she had in high school always seemed to pressure her for sex. Now she wants affection from her husband without the demand of sex. *What is he to do?*

First of all, she has to get the revelation of what is really going on. Her husband is not abnormal, it's not all he wants from her but he was created by God to get physically aroused when he looks at her and touches her. In a normal situation, that is good. If he didn't, something would be wrong with him. She has to lay down the soul battle of demanding affection which does not lead to sex.

Now hold on before you get upset. You are just laying down that battle and giving it to the Lord. Yes, everyone has a right to affection that doesn't always lead to sex. But you have fought that battle on your own from a wounded perspective.

Here is a sample prayer:

"Soul, you have to surrender the battle for affection that does not lead to sex. You lost this battle as a child and you can no longer transfer it to other men. From this day forth, the battle is the Lord's. You no longer have a right to it. Soul, you must now trust the Lord to provide the affection you need and enter into rest in this area."

Yes, I want you to talk to your soul. It's the job of the spirit man to correct, instruct and bring transformation to our souls and bodies.

2 Corinthians 7:1 says, *"Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God "*

Now he must work very hard to give her extra attention and affection that is not sexual in nature. If her hand was broken, he would have to give her special attention. He would have to help her do certain things. There would be some things he could not require her to do.

Her sexuality is broken; sensitivity is required in the healing process. But don't be afraid, it won't take forever. Many times, men are amazed as they minister to their wives and are sensitive in this area how quick their wives healing can come. Again, she must also be in pursuit of restoration in this area.

Also, in helping to restore boundaries, it's good for a husband to ask, ***"Is it okay if I hug you? Is it okay if I kiss you?, etc."*** Give her permission to say "no" without you feeling rejected. She will want to test you to see if you really mean it. Could you really love her that much? You will be surprised at how quick her "no" turn to "yes" when you really give her the right to use her "no" back to her. If you say, ***"I just want to hold you."***

Even if you become aroused, restrain yourself. Basic trust is being reestablished. If you tell her that and then press for sex, she will feel like you deceived her and trust will be damaged. *"I'm not going to lie to you"*, this takes work and patience.

But you have made covenant, you will be living with this woman for the rest of your life. You have a choice to either participate in her healing or to continue to re-victimize her. No, you didn't cause it. No, you didn't do it to her.

But you have the honor of participating with the Lord in her restoration and because of it; you will have, not just her body, but her heart. You also have to be a safe place for her to talk.

You have to, as some questions to show that you are really interested without pressing for details and information that she may not be ready to share. You can't get over angry, especially if the perpetrator is a family member or friend of the family.

She will be afraid of what you might do. You have to show some hurt and anger over what has happened to her to show you care. But you must temper it. Don't over react because she won't open up if she thinks you might make a scene or hurt someone.

You may have to hear some painful details. Talking helps to cleanse the wound.

In the natural, all of the pus and infected area must be cleaned out of a wound for it to heal properly. In the spirit and soul realm, talking and releasing emotions help cleanse our wounds.

God once spoke to me and said that He had called me to be a "scab puller" in the Kingdom of God. My first thought was, *"That doesn't sound very pretty!"*

Then He began to show me that our inner and outer man is the same. When we have a deep wound that doesn't heal properly, it scabs over.

It creates hardness of heart; there is not normal sensitivity. We may be able to go on with life, we are not bleeding and oozing all over the place, but it's still not normal. No one likes to pull their own scabs.

But for healing to come, that scab must be removed and the wound must be cleaned out. Then it must be covered. In the spirit / soul realm, we cover the wounds with unconditional love and the Word of God until the fullness of healing takes place.

Do more study on the topic. It will show her you are interested and will help you become better equipped.

Make sure you give her plenty of personal attention, affection and romance without a demand for sex.

Watch her more carefully. Understand her triggers.

Sometimes a person who looks a certain way can trigger her, or it can be a certain song, a certain time of the year, a certain way you touch her or look at her, a certain smell, etc.

She may not always realize she is triggered. But as you become sensitive, you will know. Give her permission to let you know if she is triggered. Don't brush it off as nothing. Sometimes something as simple as a certain **smell**, can trigger a tremendous amount of memory and trauma.

As she gets more and more healed, there will be less and less triggering. We will talk more about how to pray in **Chapter 11, Time for Ministry**.

Be careful what kind of **movies** or **videos** you watch, they can re-trigger her. Don't share her story or testimony without her permission. Ask for her forgiveness for any past insensitivity.

Be patient, read and study the Bible and let God empower you with the ability to lay down your life for your wife.

PRAY FOR HER DAILY!!! I can't emphasize this enough. Some men have never laid hands on their wives and blessed them. They have never prayed for her in front of her. She is a dry land. You have not watered her.

Get up every morning and lay hands on her, pray blessings over her, quote scripture over her. The very word, husbandry, means to tend, to care for, to raise up. You have to learn how to husband your wife in order to be a true husband to her.

You will also begin to see how many of her other behaviors, that may have been difficult to live with, are actually tied to the sexual abuse.

Her need for an immaculate house, her obsessive need for shopping and clothes, not wanting to let the children out of her sight, the sad look that was always in her eyes, there are so many symptoms that are the result of sexual abuse but may not look like it at first glance.

Please study the next Chapter, The Dynamics of Shame. It will also help you to understand behaviors related to shame. Whenever there has been sexual abuse, incest, molestation or rape there is always shame. A sinful act took place. It wasn't their fault or their sin, yet they took on the shame from the other person's sin.

They felt sinful, dirty and ashamed. They didn't want anyone to know. They must return the shame to its rightful owner, the person who committed the abuse.

Please understand, victimization has different levels and people are different so I have only given you some general guidelines that may help you in your situation.

Chapter 5 Assignment

If your husband or wife has been sexually violated, please take the time to do the following exercise.

- i) First, forgive the people who have violated your spouse.
- ii) Forgive anyone who should have protected them and did not or were unable to.
- iii) Repent to the Lord for any anger that you may have towards Him.
- iv) Forgive yourself for any insensitivity on your part and any other things that the Lord shows you.
- v) Repent to your husband/wife for any specific things the Lord shows you. Don't just say I'm sorry for anything I did. That's not getting in touch. Say, I'm sorry for the time I..., I'm sorry for doing... be specific. This may happen over a period of time as the Lord shows you more and more.
- vi) Forgive your husband/wife for what their behaviour (as a result of the abuse) did to you.

Example:

- *I forgive you for any rejection of my affection.*
- *I forgive you for not making our home / a place I could just relax in.*
- *I forgive you for all your comments about men/women, etc.*

- vii) Ask the Lord to heal you and to restore everything that has been stolen.
- viii) Deal with any ungodly beliefs (See Chapter 10) that have been established.

Example:

- *Our sex life will never be satisfying.*
- *I will always have to walk on egg shells.*
- *This is just too much work*
- *I will always be punished for what happened to them.*
- *I'm not equipped to deal with this and never will be.*

Let the Lord show you your ungodly beliefs in this area and then take the time and go through the ministry process in Chapter 10, Pulling Down Strongholds.

Chapter 6: Understanding the Dynamics of Shame

You can't minister to sexual areas without understanding the dynamics of shame. Shame is usually deeply rooted in sexual wounding. We have to understand the nature of shame. It is connected to sin, whether it is our own sin or someone else's sin.

For example, a child can grow up in a home where the father is an **alcoholic**. They have a deep sense of shame.

Is it their sin?

No. It was the father's sin.

Poverty can create shame. **Any type of abuse** can create shame.

Shame separates us from God. In the Bible in Genesis 3, we see Adam and Eve doing two things. First, they covered themselves and then they hid themselves. Shame always causes us to hide and cover our selves. It's not as simple as just sewing fig leaves and hiding behind a bush.

We are creative with our covering. We may feel dirty from the molestation so we always have to be perfectly clean, and look and smell good. We are covering the shame on the inside of us. Or we may always have to have our house in perfect condition or our families have to look and act perfect at all times.

We may use behaviors to hide behind. If a conversation might get close to our shame, we will get angry or use humor. Silence and secrecy is the rule. It's best not to tell anyone. We may become withdrawn and introverted. After all, if I open up and really start talking to someone, what might slip out?

Obsessive / compulsive behaviors can help hide the abusive memories. I don't have to think about how dirty the abuse made me feel, I will just focus on washing my hands. I don't have to deal with the emotional pain that the sexual abuse left me, I will just mutilate myself

As I shared earlier, to medicate our pain and shame, addictions will enter in to the picture. I will cover the real issue with something I feel I can control. I can control my bulimia or what I eat through anorexia. I just have to be in control of something, because I felt so out of control when I was being molested.

Shame is a breeding ground for fear and control. I am afraid someone will find out what happened. If they do, they might reject me. I feel worthless because of the abuse or my own sexual sins. Fear always leads to control. I have to control the conversation so I must do all the talking.



We try to control what people think by selective sharing and by putting on a false front. It can also open a door to a religious spirit. If I act really spiritual, no one will ever know about the incest that happened when I was a child.

However, deep down inside I don't really trust God I never learned how to trust because my father violated me.

Without a true relationship with our Heavenly Father, we just end up religious. Just as Adam and Eve ran from their intimacy with God when shame entered in, we too will run from His presence because of our feelings of shame and unworthiness.

We can become overprotective and controlling with our children. "I will never let what happened to me happen to my children. I won't let them out of my sight." Our control will then foster rejection and rebellion in the people around us. Our children will rebel from the over control.

They will reject us. This creates even more shame. It is a vicious cycle which can only be dealt by **going to the core which is either the sin that was committed against us or the sin we committed**. Through forgiveness of others and ourselves, we can obtain access into the healing presence of God.

Isaiah 61:7 Suddenly is no longer words in our Bible. It becomes our reality. "Instead of your shame you shall have double honor."

Because of the dynamics of shame, which covers and hides, one of the most effective ways of combating it is to confess to someone. The Word says that if we confess sins our sins to one another that He will be faithful to heal us.

You may have experienced sexual abuse that was not your sin, but you may have harbored thoughts of hatred, even murder.

Those are sin and must be confessed. You need to find someone who you can trust; someone who has the ability to keep those issues in confidence. It may be a minister, a counselor or a friend. But I want to encourage you to open up to some one, it will be your first step to healing.

When the Lord paid for sin with His own precious Blood, He also paid for the shame that accompanied it. We rob Him when we withhold it. He wants to deliver us from it. It is so exciting to see what happens when shame leaves.

So many behaviors that we have tried to battle suddenly have no more power over us. **Perfectionism** suddenly doesn't seem so important any more.

The **relentless need to stay busy**, watch television, play computer games, work, go shopping, etc. leaves us. We no longer have to control the possibilities that memories will come back. As we are healed, **insomnia leaves** or the **desire to oversleep** goes.

So many times, we try to battle the fruit of our issues which leaves us frustrated and exhausted. We have to expose the root and minister to the root. When we do, the fruit of our lives will change.

Our fear is that if we get in touch with our painful memories, we will just be left with them and all the emotional baggage that goes with them. I want to reassure you that I have never seen God leave anyone undone. It may be a journey but if you will take the first step, He will meet you all along the way.

Isaiah 54:4 says, "Do not fear, for you will not be ashamed; neither be disgraced, for you will not be put to shame; for you will forget the shame of your youth."

Shame affects identity. Guilt feelings can come when we have done something wrong. That is normal. It is the way God created us. We feel conviction of the Holy Spirit. When we confess, guilt leaves. Shame tries to tell us who we are.

It creates feelings of **rejection, unworthiness** or we can develop opposite feelings of **pride, self-righteousness** and **superiority** as we try to combat the sense of shame deep inside.

To get free, we must begin to focus on who we are in Christ. We can no longer believe the lies of the enemy. A shameful thing may have happened to us or we may have even participated in something sexually shameful.

But that is not who we are. The enemy tries to use those things to pervert our identity. It is time to stop believing the lies and to fight for the truth. Those may be the facts of your life, but they are not the truth of the life of Christ in you.

You have to get delivered from the ministry of **self-condemnation!** You can discern the difference between condemnation and conviction. When conviction comes and we truly confess our sin and repent, joy and peace always follows.

When it is the condemnation of the enemy, we repent and repent and never feel joy and peace. The heaviness does not lift. We have to rebuke condemnation but open our hearts to receive true conviction.

Many times we have spent years fighting off the shame, covering it up, and hoping it would just go away. It's not always easy to get in touch with, but it's worth it. I pray that the Lord Jesus will heal you of all of your shame. It keeps you from joyfully entering into His presence.

Let the Lord gracefully uncover the hidden things. Let His love cover you. His banner over you is love, **Song of Solomon 2:4.**

Chapter 6 Assignment

Spend some quiet time before the Lord. Ask Him to show you some of your behaviors that are really rooted in your shame. Write them down.

Next, think about the things that the enemy has tried to convince you were true about yourself. *"You are rejected, unprotected, unloved, unworthy, afraid, damaged, depressed, etc."*

Find scriptures to combat the lies of the enemy, write them down and meditate on them daily until you know that transformation has occurred. We are transformed by the renewing of our mind, **Romans 12:2**.

Start with at least 5 of them. If you need help, find someone who knows how to use a concordance and knows the Bible. Let them help you find scriptures that tell you who you are in Christ.

Put them in first person. "I am..." Keep the statements short and paraphrase if necessary so they are easy to memorize. Scripture examples;

- ◆ **Ephesians 1:6** *"I am accepted in the beloved."*
- ◆ **Psalms 119:114** *"I am shielded and protected by the Lord."*
- ◆ **2 Timothy 1:7** *"I am a woman of power love and I have a sound mind."*
- ◆ **Zechariah 2:8** *"I am the apple of God's eye."*
- ◆ **2 Corinthians 5:17** *"I am new in Christ."*

My identity in Christ is:

1. _____
2. _____
3. _____
4. _____
5. _____

Chapter 7: More About Sexually Deviant behaviors

HOMOSEXUALITY

In this chapter, I want to share more about **imprinting and resulting sexual behaviors**. Let's start with the area of **homosexuality**. The world and even some of the church is confused on this issue. However, the Bible is totally clear. The Lord makes no bones about it. It's an abomination. It goes against creation. It is sin and those that practice will reap consequences in this life and for eternity. Read **Romans 1:20-32** and **Leviticus 18:22**.



It originates in the spirit realm as a result of nature worship, the worship of creation or the created thing. It is one of the reasons why many people in the **arts** are open to the homosexual spirit. They begin to **worship their art** and what they are able to create more than the Lord. This opens the doors in the spirit realm and gives the enemy a right to ensnare them through homosexual relationships.

I have yet to minister or meet someone who was struggling with homosexuality who did not have some form of **same sex imprinting** as a child, teenager or young adult.

I'm not saying they are not out there but they are not the norm. We know that also our family structure can help establish an environment where homosexuality flourishes. Whenever there is a **strong, dominant, emasculating mother** and a **passive, weak, uninvolved and emotionally distant father**, male homosexuality can flourish.

Whenever there is a **passive, distant mother** who is angry at being a woman and an **over controlling, abusive, dominating man who really only values men**, there is a danger of lesbianism. Yet in both of these cases, in my own experience, it still took some **same sex imprinting** to fully establish the homosexuality.

Other children could have grown up with the same family dynamics but without the sexual imprinting, they did not pursue a homosexual lifestyle. Now, they will be dysfunctional to a degree but just not in that area.

When ministering to the homosexual, you definitely need **the tool of ungodly beliefs**. (See Chapter 10, Pulling Down Strongholds.) One of the root ungodly beliefs is that they were born that way. I always ask, "Why would God create you that way and then tell you it was wrong?"

The homosexuals will come to you at different levels. Some of them will be convinced it is sin and are truly desiring to be set free. Those are the easiest to walk through the ministry process.

Others are confused and want to know the truth, you must be prepared to give them scripture and answer their questions.

Others are still trying to convince themselves that it is alright so they will also be trying to convince you. Don't debate or argue. Just let them know you have a different opinion based on the Bible.

Let them know if they ever change their mind you will be there for them. Later intercede for the fear of the Lord to be released into their lives.

INCEST

Incest is sex between immediate family members. It is a **generational sin**. The Lord addresses it in the 18th Chapter of Leviticus. As God explains different sexual abominations in this chapter, He also tells us that sexual abomination can literally **defile the land** and **causes us to be cut off from the people of God**.

Many times **poverty, backsliding,** and the **inability to win family members to God** can be rooted in the ancestral sin of incest. It never hurts to take time and stand in the gap and repent. (See Chapter 10, Breaking the Strongholds.) Here's another example, the **generational sin of illegitimacy goes down ten generations.** In **Deuteronomy Chapter 23:2,** it tells us that those of illegitimate birth and their descendants cannot enter the assembly of God up till ten generations.

That's a lot of people. I recommend that if you have trouble entering into worship or connecting with a church body, take a moment to repent for any illegitimacy that could have been in your family line. The enemy may still be trying to use this curse to battle against you.

You may not have fully applied the Blood of Christ through repentance in this area to break the power of the curse. God takes any sexual sin serious and so under the law, consequences of generational curses were released. We need to appropriate the redemption of the curse of the law through repentance.

Thank God, Jesus became a curse for us that we no longer have to live under the bondage of the curse of the law. It is only through an understanding of the curses of the Old Testament that we can truly get an understanding to what Jesus has done for us. He truly is our Bondage Breaker, redeeming us from the curse of the law. **Galatians 3:13**

You often find incest in homes where there is **no physical or emotional affection** demonstrated or where the mother or father refuses to meet their spouses' sexual needs. It also can be a **result of alcohol or drug use** which causes self-control to break down.

Incest is often very difficult to minister to because of feelings of **disloyalty** and **betrayal** the victim has when sharing what has happened. The objections and feelings must be overcome for them to really open up.

Fears of destroying or hurting the family have to be ministered to as they break the **family code of silence and secrecy. Imprinting also occurs.** If the incest is with a father, grandfather, uncle or older cousin, it can create a desire for older men.

The same applies for women. If it is with a younger sister or brother, it can create desires for pedophilia (sex with children). Sometimes it is just part of the family history, everyone just sort of accepts it.

Deep down they feel it is wrong but their entire extended family is participating in it. They have been basically brainwashed to believe that there is nothing really wrong with it.

PEDOPHILIA

Let's look closer at this area of **pedophilia**. Pedophilia usually has two main roots:

1. Sexual imprinting with other children as a child or molestation by an adult;
2. Stunted emotional development.

They are insecure around adults. They are more comfortable around children. This is a very difficult issue to minister to because of the retarded emotional development. Because of it, they are **selfish, impulsive, and lack self-control**. They are unable to understand long term consequences.

Not only does the sexual imprinting have to be ministered, God has to release maturity either supernaturally or through process. Without it, they will continue to desire having their sexual and emotional needs met through children.

This is a rampant sin throughout the world. It is destroying children. They are being exploited, even kidnapped and sold to meet this perverted desire. We must press in to God for the faith and power to see healing come in this area.

Pedophilia has basically been determined to be incurable in the world's eye. They really have no hope for real freedom for these people. Basically, they must stay incarcerated if convicted and afterwards their presence always has to be known in a community.

This is a form of protection but does not offer hope to the pedophile. I believe there is freedom in Christ but because of both the sexual and emotional components, it can be a lot of work. While they are in a ministry process, they need to be **highly accountable**.

Their actual protection is people in their lives knowing. It holds them more accountable.

To protect our children in a church setting, if we have a pedophile with a known history, we need to make that known to church leadership and to parents with children. They should have no ministry contact with children. They should not help in children or youth ministry.

They should not be allowed to buy children special gifts. They should never be left alone with children. They must know that their behavior around the children will be closely monitored. If it is presented in a proper way, the church membership should still be able to receive them in love as they walk out their restoration.

It needs to be explained in such a way that the pedophile understands that this is for their protection and for the protection of the children in the church. If they are truly in the process of restoration, they will understand and submit to these guidelines. (See Chapter 13, Protecting Our Children.)

FETISHES

Fetishes are a result of **sexual stimulation being connected to an object**. Here is an example; a mother is always running around in her slip or maybe in her bra and panties.

She doesn't realize it but her son is becoming more sexually aware. He begins to become sexually stimulated. As an adult, he has a **lingerie fetish**. It can be from the degree that he just likes to be stimulated by looking at lingerie ads to the degree that he is breaking into women's homes to steal their lingerie so he can masturbate with it. There will be other issues which play into the degree of the fetish and the sexual imprinting.

People can have fetishes with **certain body parts**. Feet are a very common body part fetish. Here is another example, a woman has a **facial hair fetish**. Facial hair on men arouses her.

She is not attracted to men without it. She needs to be able to touch or feel facial hair to be aroused sexually. She was molested by a father. He had a beard that he would rub against her vagina. She was so young, she doesn't even have memory of it, but the sexual imprinting still created a fetish.

I've ministered to several people with **food fetishes**. Certain foods were connected to their sexual imprinting. **Sight or smell** of those foods could create sexual stimulation. Sometimes the person needed to have food as a part of their sexual experience to feel stimulated.

The Lord will help identify the roots of fetishes and perversion. Many times the people are unaware but the Lord knows exactly how and when the imprinting happened.

BESTIALITY

Bestiality is sexual activity with animals. It is addressed in **Leviticus 18:23**. The Lord tells us that we are not to mate with an animal because it defiles us and it is perversion. Many times you find **bestiality in family lines** where there was animal sacrifice, major sins of the occult, or nature worship. They will need deliverance of an animal spirit.

Sometimes their children will act more like animals than children. They will be totally out of control and animalistic in their behaviors. Sometimes it is just the result of a lack of discipline but it can be the sin of bestiality in the family line.

It can happen in families that were raised in very isolated farm life to ones living in a city apartment with a pet. Once again **sexual imprinting created by sex with animals** will create a desire for that experience. Some people, as they become adults and try **to avoid the behavior, will satisfy the desire with pornography** that portrays bestiality. Others will just give into the desire and may even force their partner to participate in the perversion.

It is an extremely devastating experience for a person to have been forced to participate in bestiality. Their **sense of shame and unworthiness is tremendous**.

They usually have **extreme self anger and self loathing** because they allowed themselves to be put in that position. **Shame is a great barrier** whenever you deal with bestiality but it becomes even greater when the person participated against their will.

RAPE

Next let's discuss **rape**. Many victims of rape end up in degrading relationships, re creating the rape over and over. Or they use **alcohol and drugs** and put themselves in a state where they do not have self control. They are unable to say "no".

Through the effects of drugs and alcohol, they re create the rape. Because of the **sexual imprinting** they continue to seek relationships and situations where they are over-powered.

You may wonder why anyone on earth would want to do that. The power of sexual imprinting is very strong. Healing must take place, boundaries must be restored, they must take back their "no" which was stolen from them, their value has to be redeemed.

Once again there are **different levels of imprinting** and subsequently different levels of ministry. **All rape is a violation at the deepest level.**

But there will be a difference;

- if the individual was a virgin and it was there first time experience;
- if they have had good healthy sex within the boundaries of marriage and then experienced rape;
- if the rape was by someone they knew or by a stranger;
- if it was date rape;
- if there was other violence involved; etc.

Rape victims have to deal with the **feeling of being unprotected by God.**

- ❖ *Where was He?*
- ❖ *Why didn't He intervene?*

At times they deal with false guilt:

- ❖ *Did I do anything to bring it on?*
- ❖ *Was it what I was wearing?*
- ❖ *Why was I so stupid to open the door?*

If they proceed through legal processes, they may have frustration and anger at the legal system.

- ❖ *Why did they get off so easy?*
- ❖ *I'm the one who was raped and yet it feels like I'm the one on trial.*
- ❖ *What about their release day, from that day on, I'll know they are still out there.*

Besides areas of sexual imprinting, there are **areas of fear, anger, frustration and other emotional areas** that will need ministry.

As in the area of sexual abuse, a spouse must be very understanding and allow healing to come before requiring them to immediately re enter into asexual relationship.

You can't look at it as rejection. If your spouse just had surgery, would you jump on the hospital bed and demand sex? Well, maybe if you were a sex addict, but not normally. You would allow time for healing.

MASTURBATION

Next, let's talk about **masturbation**.

First of all what is it?

It's when you stimulate yourself physically to the point of orgasm.

Is it sin?

Many people argue whether masturbation is sin or not because it is not specifically mentioned in the Bible.

It's easy to tell.

- ❖ *Do you feel ashamed?*
- ❖ *Is it something you would be comfortable sharing in front of your church?*
- ❖ *Do you really want your co workers to know?*
- ❖ *If it's okay, then why do you go to such great lengths to cover it up?*

Because deep down, you are ashamed, no matter how hard you try to tell yourself that it is okay. Shame is always the result of sin and masturbation is accompanied by shame.

Whenever we are ashamed of something, we will hide it and do it in secret. That's a pretty good indicator that masturbation is sin. Even in marriage, most people hide it from their husband or wife because they know it is wrong.

There are several reasons why you should avoid masturbating. One of the reasons is that it can become **addicting**. Because it brings a physical release and even **releases chemicals in the brain**, you can find your desire to do it increasing. After awhile, whenever you feel upset or tense, you will find a desire to masturbate. We will talk more about sexual addiction in the next chapter.

Most teenagers think that they can masturbate and when they get married they will just stop. That is a lie. Many adults still struggle with masturbation in their marriage. It is how they were **sexually imprinted** and until that imprinting is cleansed that desire is there.

If it becomes an addiction as a teenager, whenever circumstances are tense or upsetting, you will have a desire to masturbate even if you are having regular sexual intercourse with your husband or wife.

How does masturbation hurt marriage? It causes your partner to feel like they are not enough. It makes them feel that something is wrong with them and creates feelings of rejection.

Also, the Word of God tells us not to withhold our bodies from each other unless agreed upon for a time of fasting. Masturbation allows us to get mad and stay mad at each other because we can meet our sexual needs on our own.

When masturbation is not an option, then we have to forgive each other and make up because we need each other. Masturbation says, "I really don't need you."

I have ministered to people who discovered their spouses masturbating on their honeymoon. They were devastated.

Can you imagine how that would feel? Can you imagine how the marriage started off? Please do not lie to yourself and say that your masturbation does not affect your spouse.

That simply is not true. You are perverting sexual energy. It is also a reflection of other issues in your life. **Self-centeredness, narcissism, immaturity, and control issues** usually go hand and hand with a masturbation addiction.

PORNOGRAPHY

Pornography also creates **sexual imprinting**. It creates desires for certain body types, for perverted sexual practices and usually leads to **fantasy** and masturbation.

So let's talk about pornography. What is it? Pornography is anything that you can visually see either in magazines, books, movies, videos, on the internet, or computer games that depict other people in a sexual nature.

It can simply show nakedness or other people involved in sexual acts. It can also be what you hear through things like music, movies or videos.

Pornography allows you to be sexually stimulated without the responsibilities or risks of relationship.

A center-fold cannot reject you. Watching a video scene does not take any effort on your part. **Relationship and intimacy takes work, sacrifice, commitment and communication.** All of these can be avoided through the use of pornography. Usually at the root of pornography issues, you will also **find issues with intimacy and a fear of rejection.**

Most pornography is done with models and actors. The people have been air brushed or made up. Special lighting is used. Because they are hired, they can select only the most beautiful or the most handsome.

Pornography can create dissatisfaction with the reality of life. Most bodies are not that perfect. No one looks that good all the time. People who have been **imprinted sexually with pornography are usually never happy and satisfied** in a normal covenant sexual relationship unless they are healed.

Also, pornography many times depicts **perverted sexual acts**. It creates sexual imprinting and desires that makes our marriage partner uncomfortable. Many times people go outside of the marriage relationship to have their sexual needs met, because they have perverted needs from pornographic imprinting in their lives.

Right now **internet pornography** is rampant. The reason is there is less of a fear of being caught. If you have to buy a magazine or go to a strip bar, there is a risk of being seen. In the privacy of my home office, I minimize the risk of being discovered. **Most internet pornography is owned and operated by the Mafia.**

The Mafia is controlled by major spirits of lawlessness, greed, control, addictions, and perversion. You are bowing down to those spirits when you participate with Internet pornography. (See **Petition on Cybersex available from Kanaan Ministries**).

If you are having problems with internet pornography is important to get protection programs on your computer at work and at home that can stop access to pornography sites.

Make sure someone else installs it and knows the password. Don't just put it on and have the ability to by pass it.

It is a lie to say I can look at pornography now but when I get married I will stop. It will still affect you.

You will either keep looking at it and hide it because of your shame or you will be frustrated and resentful that your covenant relationship is not meeting those wrong desires that are in you. Either way it will **produce bad fruit** in your relationship.

In dealing with sexual sins, I always pray for the impartation of the fear of the Lord.

Men must have the revelation that whether it is a picture, a video or a live woman, they are violating one of God's daughters.

Now the woman may not have the revelation that she is a daughter of the King but that makes her no less of one in the Lord's eyes. We serve a jealous God. How would you as a father want your daughter to be treated? How much more would the Lord want you to respect all women.

I pray right now that the fear of the Lord would rest upon you. Regardless of the woman's own exploitation of herself, godly men have a responsibility to cover and protect these women by not using them for their own sexual needs.

Many times repentance comes from hurting our spouse, from sinning before God, but repentance also needs to come because of the people we have exploited.

They may have only been a center-fold in a magazine to you at the time, but they have to become a person in order for you stop acting out.

I can just see Jesus taking a cloth and covering that young woman. May God have mercy on you for doing that exact opposite.

If you have been **imprinted by masturbation or pornography** or any of the other topics discussed in this chapter make sure you walk through the ministry processes in Chapters 10 and 11. These are just some of the sexually deviant behaviors that can occur as a result of sexual imprinting.

GROUP SEX

Another area of deviant sexual behavior is **group sex**. This can be with one or more people. It can be called a “*menage a trios*”, a **three-some**. It can be called **swinging**, where people exchange partners. There are **actual swinger clubs** where people just go to have sex with other people. Another name is **orgy**. This is when a number of people are involved with different sexual acts all at the same time.

Group sex can be a result of imprinting but usually it stems more out of **sexual addiction**. Just like a drug addict keeps looking for a higher high and needs more and more stimulation, a **sex addict** also becomes satiated and needs more and **more unusual sexual behavior to satisfy the addiction**.

Finally, sex with just one person is not stimulating enough any more; they need sex with more people and need the thrill of other people watching them. Some people who visit sex clubs literally create **false identities**.

Part of the excitement is the **fantasy** that takes place. They are no longer themselves; they are this other exciting person they have created. It causes them to feel more powerful sexually.

In dealing with issues of group sex, there will still be roots of sexual imprinting that will need to be uncovered. *How did sex get tied to their sense of self-worth or become their ability to escape life around them?* There will still be imprinting issues.

However, usually it won't be from a first time experience of group sex. Also, **it can be imprinted through experience with pornography displaying group sex**. Sometimes also, **young boys will get together and masturbate in a group**. This can later lead to a need to display their sexuality to others in order to feel sexually excited.

VOYERISM

Voyeurism is another sexually deviant behavior. This is the desire to watch others when they are not aware of it.

It may be the desire to see someone undress, go to the bathroom, take a shower or bath, have sex, or simply watch them when they are unaware. It is often accompanied by masturbation.

Usually, it is connected with **childhood imprinting**. As they were becoming aware sexually, something caused them to become sexually excited while watching someone else.

Maybe they watched the babysitter and the boyfriend make out when they thought they were sleeping. Maybe they caught glimpses of their sisters in the bathroom.

Maybe they saw their mom and dad undressing or having sex. Maybe they saw the neighbor lady undressing and getting ready for bed. Sexual arousal happened and sexual imprinting took place.

Now couple this with **insecurity** and **fear of rejection** and you have the right soil for voyeurism to take root. Voyeurism tends to affect men more than women. One of the reasons is that **men tend to need more visual stimulation sexually than women**. Women need more emotional stimulation. The need for visual stimulation is the perfect set up for voyeurism.

PROSTITUTION

I do not have the ability to discuss every sexual deviant behavior in this chapter but I just want to give understanding of how sexual imprinting plays a part. Let's discuss **prostitution**.

Prostitution is the selling of yourself sexually to another person. I want to take a moment here and digress. I have found that the spirit of harlotry is actually at the root of many marriages. I have said that there are more married prostitutes than those walking the streets.

These are the women who have sold themselves in to a marriage for what they could get out of it. Maybe it was **security, money, position or possessions**. Whatever it was, they sold themselves sexually for it. They just tried to legitimize it through marriage. Here are some issues you find when harlotry is at the foundation of a marriage. First of all, **the wife is never satisfied**. No matter how much money, how much security, how much clothes, jewelry, etc.; it is never enough.

After all, how much do you need to sell yourself for? What are you worth? The man will always feel used and unappreciated. They tend to keep giving to hold the marriage together but become even more and more resentful.

Sometimes they will end up having an affair with someone they feel just loves them for themselves and not what they can give them. Again this can be healed and restored once it is recognized.

Many times these things happen before we are Christians. Now we are Christians and our marriage is in a mess. God wants to put it on a right foundation and pull the harlotry out from it. It must be repented of.

The woman must become honest with herself, her husband and the Lord and repent for selling herself or trading herself in the marriage. The man must repent for agreeing to the terms.

Usually deep down inside, he already knows he bought her. Now he must admit it to himself, to her and to the Lord. I have seen wonderful things happen in marriages when God put this area on a right foundation.

Areas of imprinting that can take place which would lead to normal prostitution can occur when **a child or young adult discovers that they can get gifts, money or special treatment because of allowing sexual behavior**. This can come from older adults or even from people they may date.

I can get my boyfriend to spend money on me if I allow him to touch me in certain places. My uncle will buy me anything just because I let him kiss me. My father brings me gifts after he has had sex with me.

As they grow up, under the right circumstances, these areas of **sexual imprinting** can blossom into full blown prostitution. **Prostitution is also very highly connected to alcohol and drug addiction which requires money.** Because of the addictions, they do not make good employees.

They are unable to keep a job and make money. In order to satisfy their addiction, they resort to prostitution. Most of the time there is already a **low self-esteem** and some experiences of **sexual abuse, rape, or other imprinting** that has taken place.

SEXUAL POSITIONS

I want to take a moment here and discuss sexual positioning and how it reflects the spiritual dimension of the relationship. Now please understand, this is not something for you to take legalistically. It is okay to experiment with different sexual positions.

But I have found some interesting dynamics related to sexual positions as a reflection of the over-all relationship. Now this is if this is the preferred position in the relationship, not one that is just experimented with occasionally. Also, I understand that sometimes physical issues can affect our sexual positioning.

1. Usually, **if there is a preference for the wife to be on top during sex, she will tend to be dominate in the relationship.** The man prefers to be passive.

The woman will tend to be more of the decision maker and in control. I have found that by requiring different sexual positions, you can also change how the man and wife relate to each other in different areas.

2. If the husband or wife, tends to just want the other person to **masturbate** them or give them **oral sex**, there usually is tremendous selfishness in the marriage. Serve me, take care of me, but I have nothing to give you.
3. **If the man prefers to position himself behind the woman with her facing away** from him, he tends to be dominating and will treat her as subservient in the marriage. He will have a major problem with intimacy. She will have taken the issue of submission to an extreme.
4. And if **he prefers sodomy to normal sex**, he usually will treat her no better than an animal. He won't take care of any of her needs as a woman. She is just used to satisfy his sexual needs. Sodomy is a sin according to the Word of God. It can create many physical problems from the trauma that occurs. **Stored trauma can create constipation, colitis, hemorrhoids, and other health problems.** The sin must be repented of and the trauma must be healed by the Lord.
5. It is interesting that the position most often used sexually is even called the **missionary position**. It is the ones that the Christian missionaries used and would even bring to tribal nations. It is actually the greatest reflection of what a marriage relationship should be.

When an animal wants another animal to know it is not a threat and is willing to submit to them, they will roll on their back and show their belly. In marriage, the woman takes the role of submitting to her husband. When she is lying on her back with her belly up, she is reflecting that submission. He is to be in the place of covering and protecting her.

When he puts his body over hers, it is a reflection of his spiritual covering. She is protected. They are face to face, reflecting intimacy. Their bodies fit together the most intimately in this position. There is a oneness that takes place.

Because of its spiritual reflection, this should be the most used sexual position. If because of health reasons, you are unable to. Make sure whenever possible that you lie together, holding each other, facing each other, before and after you have had sexual contact.

Our sexual lives can be the pulse by which we measure the health of our marriage. Just like your physical health can be determined by taking your pulse. If it beats too high or too low, you can be in physical trouble.

The demand for too much sex, can indicate sexual addiction and not enough sex is a sign that the marriage health is suffering. Again it is hard to give norms because times and seasons can affect our sex lives.

Times of pregnancy, nursing, deaths in the family, etc. can affect us sexually. Our physical health can affect our sexual lives.

But we have a responsibility to stay as healthy as we can and under most circumstances having sexual relationships two to three times a week is pretty normal.

A demand for sex every day or more than once a day is usually indicative of a sexual addiction. Sex once a week or less is usually indicative of a marriage that is starting to pull apart. Other things have a priority; kids, work, hobbies, TV, etc.

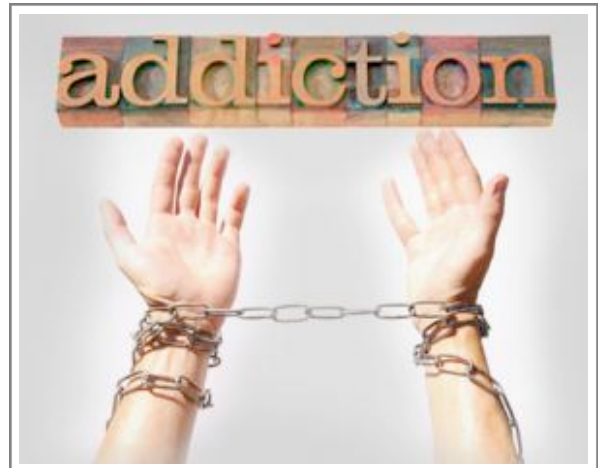
When you become too busy or too tired to maintain a healthy sex life, you must take that as a warning that something is out of order in your life. It is a sign that your marital health is suffering. If you are having sex every six months, it's time to call in someone to resuscitate the marriage, it is almost dead. You may have a friendship. You may be living together but marital intimacy is not there.

Again it is that interlocking process that holds the marriage together. We need a healthy sex life to maintain a healthy marriage. But we also need healthy communication, intimacy, and right choices to make the marriage relationship a priority in order to have a healthy sex life. Each will affect the other, both must be maintained for true marital health.

Chapter 8: Sexual Addictions

Any type of sexual behavior can become an addiction. **Addiction is when we no longer have control over our desire for something.** We use it to medicate ourselves and to escape the real issues of our lives. We don't have to face our problems or our pain because the addiction consumes our thoughts, our time and our energy.

Adrenalin, serotonin, opioids (opium like neurotransmitters) and other chemicals can be released in our body and brain because of sexual activity. They are as strong as heroin.



Addiction creates a need and desire for more of those chemicals. We become our own drug pushers. We need more and more in order to find the same satisfaction. **Sexual addiction actually is a chemical addiction, a physical addiction, an emotional addiction and an activity addiction.** That's a lot of fronts to have to fight.

As with any addiction, it causes the person to need more and more. Just like a drug addict starts out with marijuana and says that they will never do hard drugs and then ends up on crack or heroin, the sex addict can start out by saying a lot of things they won't do.

If the addiction is not dealt with, they can end up having affairs, picking up prostitutes, becoming promiscuous, joining swinger clubs, prostituting themselves, etc. Masturbation escalates from a couple times a week to several times a day. Your addiction may not be that dramatic at this point. But here are some things to think about.

How do you know if you have a sexual addiction?

What happens if you go without the sexual behavior? Are you cranky, irritable, unable to concentrate or focus, are you angry at the people who you feel are keeping you from your addiction?

Also, has it caused loss in your life? Has it caused divorce, loss of jobs, etc., yet you still pursue it? That's addiction.

Do you use it when you are stressful, tense or just feeling bad? That's addiction. Are you unable to control it? That's addiction.

Do you try to convince yourself and others that you are not addicted? That's addiction.

Will you pressure your spouse for sex regardless of their physical condition? That's addiction.

I have actually counseled couples where the husband demanded sex right after the delivery of a child or right after surgery. They had to have their fix and made the spouse feel responsible to satisfy their addictive need.

- ❖ *Do you have an addictive personality?*
- ❖ *Do you tend to be impulsive, selfish and irresponsible? (If you're not sure and you are brave enough, ask your spouse.)*
- ❖ *Do you have difficulty sharing your feelings?*
- ❖ *Are you unable to discern long term consequences?*
- ❖ *Do you need instant gratification?*
- ❖ *Do you use lying, deception and blame shifting to cover your behavior?*
- ❖ *If you start down a path are you unable to stop and move in another direction?*
- ❖ *Do you make self destructive and self defeating choices? That's an addictive personality.*

You will not only have to deal with the sexual addiction, you will have to deal with the **roots of your addictive personality**. If you don't, it will just transfer to something more socially acceptable.

Like **eating, sports or even religion**. Anything which causes us not to face the reality of our lives and relationships can be an addiction.

ACCOUNTABILITY

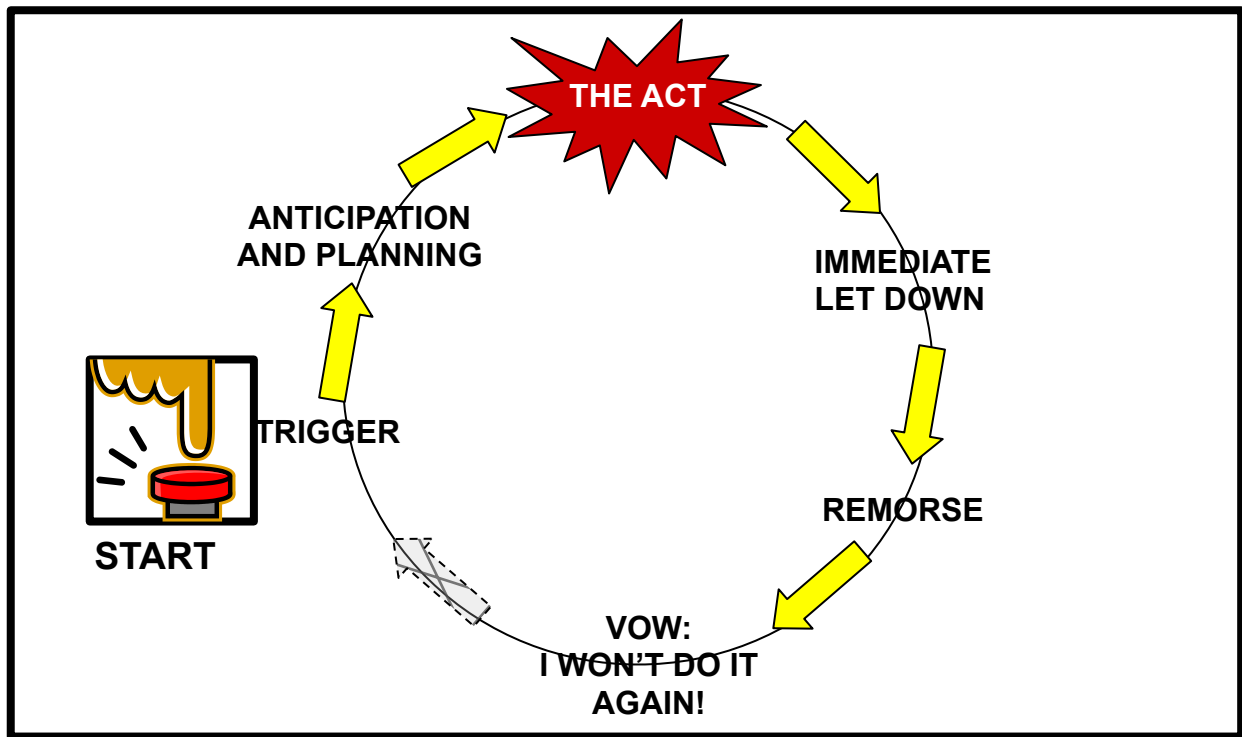
When dealing with any kind of addiction it is always good to have an accountability partner. Sexual addictions are no difference.

We need to know our triggers and then be able to reach out for help before we fall into temptation. Our **accountability partners** need to have victory in this area and the faith to believe, we can, too.

There are actually support groups that meet in many cities geared to just the sexual area. Remember it is your job to contact your accountability partner before you act out.

It is not their job to constantly be tracking you down and getting a report. It only works when you are truly sick and tired of the addiction and really want to change. Your accountability partner can pray for you, help you face your problems, share from their own experiences and just be a friend.

Addictions have cycles. First, there is the **trigger**; then there is **anticipation** and **planning**, which leads to **the act**. After the act, there is an **immediate let down**, followed by **remorse**, **a vow not to do it again** and **then the cycle begins all over again**.



We need to learn our triggers and intervene at that point. That's where your accountability partner comes on the scene. He or she breaks the normal pattern of behavior that eventually leads to acting out. The whole cycle can take weeks or moments.

You have to recognize the cycle. Many times the triggers in sexual addictions do not have anything to do with sex and so they may be difficult to determine.

Triggers can be times of stress, times of failure, times of anger and frustration, feelings of rejection, lack of intimacy with the Lord or your spouse, etc. It's your job to begin to look back and see the common denominators of when you act out.

You may have to **avoid certain areas of town, certain friends, too much time alone,** etc. It's your job to **change the patterns.** Learn how to talk out your issues and problems. Get in touch with your true feelings. Addictions can't be fought simply through will power.

We have to get in touch with **why** we need the addiction. Once again, we may need the Lord's help in uncovering the roots of our addiction.

Just like any addiction:

i) The first step of recovery is to admit it.

This is a difficult area to admit addiction in, especially for men. They want to attribute it to sexual prowess and manhood.

When actually it is just the opposite, it is because their manhood is not secure that they always feel they have to prove themselves in the sexual arena.

Sexual addictions can include pornography, masturbation, intercourse, picking up prostitutes, etc.

ii) *Any sexual behavior can become addicting.*

As with food addiction, sex addictions are difficult to deal with because we were created as sexual beings. Just as we were created to eat food, we were created to have sexual desires.

Most addictions are fought through abstinence.

- ◆ Just don't drink any more.
- ◆ Just don't do drugs any more.
- ◆ Stop the behavior.
- ◆ Don't feed the addiction and it will die.

That is difficult when it comes to food and sexual addictions because we are not called to abstain. We are just called to moderation and temperance.

The fruit of the Holy Spirit of self-control (**Galatians 5:23**) is essential to overcoming addictions. People need the Baptism of the Holy Spirit to give them power over sin.

Jesus said in **Acts Chapter 2** that we would receive power when the Holy Spirit comes upon us and that it would give us the ability to be a witness. It is hard to be a witness for God when we are powerless over sin.

In **Luke Chapter 11**, it tells us that all we have to do is ask the Father for the Holy Spirit and He will give the Holy Spirit to us. It's simple.

Ask and you shall receive. The Apostle Paul tells us in **1 Corinthians 14:3** that we edify ourselves when we speak in tongues. That means our spirit man is strengthened and built up. Our spirit man has to get strong to be able to take authority over our soul that is ruled by addiction.

I have yet to see people find true freedom from addictions without the power of the Holy Spirit. Freedom is not waking up every morning and fighting. It is just that - freedom.

The desire, the control that the addiction had is gone. Coping skills are no longer needed. We may need help getting to total freedom, but total freedom should be our goal.

Paul also tells us in **1 Corinthians 14:2** that when we pray in tongues we speak mysteries to God. The exciting thing that happens when we speak mysteries to God, He speaks mysteries back to us.

Our communication and intimacy with God must be renewed through worship, prayer and Bible study.

The hunger void that people try to fill through sexual addiction is a hunger for intimacy. True intimacy starts with intimacy with the Lord and then flows over to intimacy with others.

It is also important that **the addict renews their mind**. They have many ungodly beliefs that need changing for recovery to take place. (Please see Chapter 10, Breaking the Strongholds.) Some of those ungodly beliefs might sound like the following:

- ◆ I can't live without (fill in the blank).
- ◆ My addiction doesn't affect anyone but me. I just can't control it.
- ◆ I'm not really addicted, I just like it.
- ◆ If people really knew me, they would reject me.
- ◆ It doesn't matter how I act out as long as I repent.
- ◆ It's not manly to show emotions or talk about your feelings. No one really understands.

iii) At the root of all addictions is idolatry.

We worship whatever the addiction is. We were created to become like what we worship. When we worship God, we become like God. When we worship food, we become fat. When we worship alcohol, we become an alcoholic. When we worship work, we become a workaholic.

When we worship money, we become greedy. When we worship TV, we become a couch potato. When we worship sex, we become a sex addict. We bow down to our sexual needs; it is what consumes our time, our energy, our money, etc.

It comes before our family, our children and our God. We have to get revelation of and repent of our idolatry in order to get freedom over our addictions.

Without the Lord and His Spirit, we are powerless over our addictions. We need His help in overcoming. Most groups that deal with any type of addiction have their first step as surrendering to a Higher Power.

We know that there is only one higher power and that's Jesus.

Chapter 8 Assignment

Take the time to pray and ask God to show you some of your triggers. Write them down.

Next write down some of the behaviors that you identified with as you read this chapter.

Example: blame shifting, selfishness, frustration, etc.

Ask the Lord to show you the roots to these behaviors.

Example: the root to my frustration is that when I was growing up my dad would abuse my mom, felt helpless and frustrated. When I started masturbating those feelings went away.

Some of the roots might have sexual connections others may not. The root to my selfishness was my parents never told me “no”; they spoiled me and gave me everything I wanted:

Take time to forgive anyone involved, including your self. See Chapter 10, Breaking Strongholds for more information on forgiveness and healing root memories.

Chapter 9: Help! I'm Married to a Sex Addict



Again, I am going to use the most common scenario which is the wife married to the sex addict. However, it can be the other way around. But for convenience sake, I will illustrate it with the husband as the sex addict, just as I did with the wife as the sexual abuse victim in Chapter 4.

As with any addiction, the spouse and family are also affected. The addict's behaviors, priorities, moodiness, etc. affect the whole family. When they are going through their cycle, they tend to take the whole family with them. That is why it is important for the spouse to understand co dependency.

When we are co dependent, we enable. *What does that mean?* It means we help them to stay addicted. We cover up consequences for them. We live in denial with them. We won't ask questions, because we don't really want the answers.

We keep the code of secrecy about their sin. We make excuses for them. We won't confront. We won't require them to get help. We allow them to stay addicted and crippled.

The Lord gave me a good illustration of co dependency with my daughters when they were dealing with drug and alcohol addiction. He gave me a picture of myself getting into a car on a rollercoaster right behind them. As they went up and down, so did I.

When they went this way or that way, so did I. I saw myself getting out of the car and standing at the bottom of the roller coaster waving. Hi, I love you. I'm here for you. I'll be here when you get done riding. I just don't have the stomach for it any more. We don't have to leave the amusement park and totally break off relationship.

We just don't have to ride any more. Whenever I would feel myself getting hooked in to their moods or up and downs, I would simply get a picture of myself standing by the rollercoaster waving. It would always bring me back to a place of peace. You have to learn how to stand and wave.

Sexual addiction is very difficult for a wife to deal with because it feels so personal. It feels like if you were doing your part sexually, they would not need outside sexual satisfaction. Many times, the addict will tell you that very thing. It's a lie. **Addicts are great at blame shifting.** They have difficulty taking responsibility. It is one of their symptoms. So it has to be your fault. I'm here to tell you, IT'S NOT!

It is okay to allow the Lord to examine you or to have someone speak in to your life in this area. If there is something that needs changing, then work on making the change. Outside of that, don't buy in to their blame shifting. Women often have a great sense of discernment in this area. Sometimes the Lord will even give them dreams.

It is important to know the difference between a God given dream and one that just creates harassment, jealousy and torment. Often because of denial, the addict will try to make the spouse feel guilty or crazy for their concerns.

They may feel their husbands looking at other women; they may sense that they really weren't at work that long; they may feel like they are involved with another woman.

Until the addict is ready to face their addictions, they will deny any of those red flags of discernment that their spouse receives.

Many times when sexual addiction is finally uncovered, it brings a sense of relief to the wife. I'm not crazy. I knew something wasn't right. That's where all the money was going. Behaviors start making sense.

After the relief, then they have to deal with the reality. They are married to a sex addict. At that point consequences and boundaries need to be dealt with which is often very difficult. I'm angry, *but if I reject him will it just get worse?*

I don't want him to even touch me but he says if I'm not there for him, he won't be able to get through this. Important decisions that need the wisdom of the Lord need to be made at this point.

In our society some are made for us, if they are acting out in situations that can cause AIDS or other sexually transmitted diseases, your answer should be abstinence until the addiction is brought under control. You need to be able to regain trust that if they do act out, they will tell you and understand the consequences. Many times blood tests need to be taken before sexual activity is resumed.

Trust and forgiveness are two different issues that the addict likes to combine. If you have forgiven me, *why don't you believe me?* If you have forgiven me, *why don't you believe me when I tell you why I am late?* If you have forgiven me, *why do you still question me?*

Forgiveness and trust are two different issues.

Forgiveness simply opens the door for trust to be rebuilt. Trust must be built over time.

It can take a short time or a long time depending upon the damage, depending upon the addict's behavior and your own ability to trust.

The addict must take responsibility for building back the trust that they violated.

The addict's behavior pattern always includes secrecy, denial, outright lies, justification, rationalization, minimizing, deception, blame shifting, etc. All of these behaviors violate trust. It is their job to earn it back. It is your job to forgive and allow the process.

However during the process, it is okay to establish boundaries. It is okay to ask for accountability. Remember there is a difference in nagging and getting a progress report. You should also have the right to get an honest report from their accountability partner.

At times if the acting out continues, the spouse may have to set the boundary of abstinence.

It forces the addict to make a decision for sexual activity within the covenant of marriage or sexual activity outside the boundaries of marriage. They are no longer able to have the benefits of both. This may be very difficult for the wife to do.

She also has emotional and physical needs that she has to lay down. Often, it will create anger in the husband. He will accuse her of not loving him and trying to control him. Only when he gets free of the addiction and the roots of addiction will he see her love and how she stood with him. Sometimes we have to stand in love while saying "no".

At times even separation must be necessary for a man to finally hit bottom. God will lead and guide you in those decisions if you will allow Him. Don't make hasty, emotional decisions that you will later regret. Take time, make prayerful decisions and receive Godly counsel. The Word of God tells us that there is safety in the multitude of counselors.

I had to stand with my daughters in my love for them while saying, *"No, I can't give you any money. No, you can't bring that in the house. No, I can't do that for you."* I have a tape called; *"Love is not Agreement, Support or Blessing"* it was birthed out of that experience. God loves us but only through our obedience are we in agreement with Him who allows us to receive His support and blessing. He loves us with an everlasting love, but He refuses to bless our disobedience and sin.

The spouse will need a support partner or a support group to help her with her emotional needs and to help educate her concerning sexual addictions. She will also need the love and support of family and friends as she grieves over her marriage.

Sometimes people can be well meaning but offer lousy advice. On one hand, she may have friends encouraging her to just leave him and on the other, a church member may be telling her she just has to forgive and turn the other cheek.

It's best to just offer loving support without a lot of counsel when it is not our place to bring that advice.

Let pastoral authority or their support partner or support group leader bring counsel in those areas. They have the experience, you don't. Plus you may not even know the whole story.

Sometimes it is best to just keep quiet. They may need a shoulder to cry on or just a friend to go shopping with and not a Dear Abby advice column from you. Unless you feel God prompting you to speak in to the situation, just be still concerning offering direction and advice.

One of the hardest things to do is to separate love from the addiction. Yes your husband can still love you and yet be addicted to pornography. My daughters loved me, but they were still addicted to alcohol and drugs.

Now the addiction keeps them from demonstrating the love in a healthy manner and at times their addiction may even take a higher priority.

However, we can't say, *"If you loved me, you wouldn't do this."* No, if they were not addicted, they wouldn't do it. We have to support them as they walk through their recovery.

They also need our spiritual warfare. We need to direct our anger towards the spirit realm, to spirits of lust, pornography, masturbation, adultery, perversion, etc. If you do not understand spiritual warfare, it is important that you find information on it.

You need to be equipped. You are in a war whether you like it or not. You must know your authority as a believer. You must learn the weapons of your warfare. The Word of God says that you own your spouse's body. You are one. You must begin to take dominion over what God has given you.

Spiritual warfare also helps you not to feel so helpless and hopeless. There really is something you can do to help. Again, you can't do all of it. The addict has to make right choices but your prayers can sure help!

I realize that this is much easier said than done but you cannot let their addiction affect your self-image. It is not what you lack that has caused the problem; it is what they are. I know of beautiful women with lovely personalities who have husbands addicted to pornography.

You are not the problem. Don't allow their addiction to affect your self-worth. You are not crazy. It is not your fault. Their addiction issues are usually rooted in childhood issues that were there long before you came along.

Make sure you take care of yourself, exercise and eat properly. Neglecting yourself will not solve the problem. Be careful of becoming jealous and obsessive; always wondering what he is doing, is he looking at someone, where has he been. It can begin to rule your life.

You must trust the Lord to give you discernment when things are out of order. Until then go on with your life. Pray that all things will be exposed. They will be. God is faithful. The Word of God tells us that a man who covers his sin will not prosper. God wants sin uncovered.

Another cycle often takes place with addictions that you need to be aware of because it can affect you. Often while the addiction is happening, the spouse will be very supportive. They will hold everything together and believe for healing, however, when recovery truly starts, that is when they let loose.

Their true anger comes to the surface, they begin to fall apart and now they are resentful for all the years when there was no healing. The addict is bewildered. Now is when they think their spouse is going to throw a party, strike up the band and have a parade in their honor.

But they just want to kill them and punish them for the past. Actually, this is part of recovery. However, some people get stuck in this mode. You can't stay there. You have to work through the anger, the resentment, regret and bitterness. The addict must realize this is part of the process or they will throw in the towel and say, *"It doesn't matter what I do, she is never happy."*

Eventually, if continual progress is made, the addict stays clean, the spouse gets over being mad, the family learns new ways of interacting and they can live happily ever after. Now all that can be said in one sentence but in reality, it can take years to walk out. I will not lie to you and tell you it will all be easy.

It won't be. There will be heart aches, disappointments, ups and downs but there can also be great victories, a closer relationship with the Lord and a restored marriage and family.

Make sure the addiction doesn't consume you. It is already consuming one family member. Have fun, enjoy your family. Don't allow the addiction to rob these years of your life.

Don't be ashamed, there are a lot of women dealing with the same issues. They could be sitting right next to you in church. Reach out for help.

Educate yourself. If necessary find a good support group. If there's not one in your area that just deals with sexual issues, join one that supports recovery of any sort. It will still help.

Make sure you stay close to God. Don't get mad at Him. He is not the problem. He wants your husband free even more than you do. He died for it.

Learn more about co-dependency. Set healthy boundaries in all areas of your life.

You may not only have to forgive your husband but any other women involved as well. Don't become his Holy Ghost, let the Lord convict him of his sinfulness.

Use wisdom in who you open up to. Make sure they can keep confidence. You will not help his shame level if he's not sure who you have told. Once recovery is complete, his shame will turn to testimony of God's grace.

Keep a journal. It will help you get out your emotions. It's also a good way to see progress when you get too close to the situation.

AND FINALLY, DON'T BLAME YOURSELF!

Chapter 10: Breaking the Strongholds

Let's talk about some of the strongholds in the spirit realm. These are the places that give the enemy legal ground in our lives. They allow him to have a strong hold. We must defeat the enemy of our souls in order to possess our healing and restoration. In this Chapter, we will discuss some of the legal ground the enemy may have in our life.

UNFORGIVENESS

Let's start with **unforgiveness**. Take a moment and read **Matthew Chapter 18:21-35**. It concludes with the fact that our heavenly Father will turn us over to the tormentors if we do not forgive people from our heart.



Not just from our head, not just from obedience, but **from our heart**. As I said earlier, we may start forgiving out of obedience but then we must allow God to work it into our hearts. To receive His forgiveness, we must in turn forgive others.

That is a whole lot easier said than done, especially if you have been a victim of rape, incest, sexual abuse, molestation, or sexual satanic ritual abuse. However,

I have yet to see someone healed and set free who had not been able to forgive. You cannot do it in your own strength; it will take the grace of God. You have to understand that forgiveness does not make what the person did to you okay. It does not deny the hurt and pain.

In actuality, true forgiveness can only come through true damage assessment.

Forgiveness often comes in layers. Sometimes we think we are at the bottom layer when all of a sudden the Lord reveals some more. We can't trust our own hearts. The Bible says that our hearts are deceitful. We have to trust the examination of the Lord. It's not hard; all you have to do is ask the Lord to show you any areas of unforgiveness.

He's just waiting for the opportunity. He will begin to bring people and situations to your mind. All you have to do is get in touch with what happened and the subsequent damage and then make a choice to forgive them.

Through forgiveness, we are basically saying, "Lord, I release You to be the judge in this situation. I am taking it out of my hands and putting it in Yours." Sometimes, but not always the Lord may even require us to write a letter or forgive in person if they are still living. He always knows what is best.

Forgiveness is the doorway to healing.

It is not healing. It is just the open door we need to be able to get in the Lord's presence so He can heal us.

Sometimes we just swing the door of forgiveness, "I forgive my uncle. I forgive my uncle. I forgive my uncle." We swing the door over and over again but we don't take the time to appropriate God's healing presence. We need both.

Unforgiveness creates a stronghold for the enemy and must be torn down if we want to see God heal and restore our sexuality.

UNGODLY SPIRIT AND SOUL TIES

Another area that can create a stronghold is **ungodly spirit and soul ties**. These are relationships that are ungodly and which control us more than the Spirit of God. Jonathan and David had a Godly spirit and soul tie.

Unforgiveness also creates spirit and soul ties. We can even develop a spirit-soul tie with our pain or addictions. Our pain has become such a part of us and our identity, "Who will we be if we give it up?"

We can have spirit and soul ties with those who have abused or damaged us. We are ruled more by them and what they did to us than the Lord. What they did consumes us.

We may have been date raped. We lost our virginity yet somehow there is a bond. *What is it?* One part of us hates them for what they did but another part feels connected. Sexual activity creates spirit and soul ties.

1 Corinthians 6:16 says, "Or do you not know that he who is joined to a harlot is one body with her: For the two, He says, "shall become one flesh."

GENERATIONAL SIN

Another area that results in curses and strongholds of the enemy is **generational sin**. Yes, Y'shua HaMashiach (Jesus Christ) came to redeem us from the curse, **Galatians 3:13**, but have we appropriated our redemption? Everything that was done on the cross, takes process. The world is not saved simply because Y'shua (Jesus) died on the cross.

There are many unsaved people. *Why?* Because they have not personally appropriated by faith and have not done what the Word of God says related to salvation. Healing must be appropriated, deliverance must be appropriated and our redemption must be appropriated.

How do we appropriate redemption of the curse of the law related to generational sin?

Simple, we stand in the gap and repent.

Leviticus 36:39-42 says, "And those of you who are left shall waste away in their iniquity in your enemies' lands; also in their fathers' iniquities, which are with them, they shall waste away. But if they confess their iniquity and iniquity of their fathers, with their unfaithfulness in which they were unfaithful to Me, and that they also have walked contrary to Me, and that I also have walked contrary to them and have brought them into the land of their enemies; if their uncircumcised hearts are humbled, and they accept their guilt - then I will remember My covenant with Jacob, and my covenant with Isaac, and my covenant with Abraham I will remember; I will remember the land"

That's pretty powerful!

Nehemiah 9:2 says, "and they stood and confessed their sins and the iniquities of their fathers." All through the Bible whenever there were times of restoration and refreshing, there was a confession of sin, not just personal but ancestral as well. Generational curses are powerful.

All through the Bible whenever there were times of restoration and refreshing, there was a confession of sin, not just personal but ancestral as well. Generational curses are powerful.

In **Exodus 20:4-5**, it tells us that the curse for **idolatry** goes to the **third and fourth generation**. In **Deuteronomy 23:2**, it says that the curse for **illegitimacy** goes to the **tenth generation**.

They are unable to enter in to the assembly of God. Many people have trouble with entering in to the presence of God or being committed in the church because the enemy takes this legal ground and wars against them. We take away his legal ground through standing in the gap and repenting.

After working with hundreds of people, I can assure you generational curses as a result of generational sin is real. It is so easy to see once you are aware of it. Generational sin can also magnify as it comes down through the years. In the Bible, when it talks about the different kings, it tells us that some were evil, and their sons even more evil, and their son even more evil.

Then finally someone makes a choice for righteousness and tears down the high places. We have to tear down the high places of lust, sexual perversion, illegitimacy, fornication, pornography, sexual abuse, incest, etc. in our family lines not only for our sake but for the generations to come.

Sins of the occult, like any type of divination, superstition, witchcraft, Masonic involvement, etc. create a major open door for the enemy to bring curses in the sexual arena. They should always be included whenever making confession of sin.

You may **be adopted** and do not know anything about your parents or ancestry, but that doesn't matter, God still can show you the generational sins of your family.

You can discern some just by knowing what sins you have entered in to or have been tempted by, others He will just reveal to you.

STRONGHOLDS

Now let's talk about the strongholds in our mind:

2 Corinthians 10:4-5 says, *"For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ."*

In **Romans 12:2** we are told that we are to be transformed by the renewing of our mind and in **Ephesians Chapter 4**, we are instructed to put on the new man through the renewing of the spirit of our mind.

It's our job to identify them with the help of the Holy Spirit and root them out and then plant new Godly beliefs. In **Jeremiah Chapter 1**, we see that the prophetic anointing roots out, tears down and then builds, plants and establishes.

We develop ungodly beliefs through the experiences of life. Stuff happens. As a child if ungodly stuff happens to us and around us, we will develop ungodly beliefs about ourselves, about life, about how to handle problems, about sex, about men or women, even about God, etc.

These lies create expectations and feelings that will lead us to behave in certain ways. That behavior usually recreates the cycle until we are fully convinced that the lies we believe are the truth. They also create agreement and covenant with the enemy which is an open door to demonic oppression.

Let's look at an **example**. Let's say a little girl only got sexual attention from her father. That plants a seed of belief within her. Sex is what men really want. Now she is a teenager and it seems every boy she dates ends up pressuring her for sex. If she really likes them, she gives in, but is left feeling resentful. She is beginning to think *"All men really want from a woman is sex."*

Now she gets married, it seems like the only times her husband gives her attention or affection is when he wants sex. Now she is surely convinced, *"Men are pigs and all they want is sex."*

She has a **bitter root expectation** that has probably defiled her husband. Even when he genuinely wants to just show he loves her, he can't seem to stop himself and ends up making a sexual advance. She also has the ungodly belief, *"The only thing I'm good for is sex."*

In order to be set free, this ungodly belief will have to be rooted up and be replaced with a new godly belief. In the Assignment Section of this Chapter, there are steps of ministry with an example of how to minister to this area.

The key is to first get to the core ungodly beliefs, which comes from examining our experiences. After working through the ministry steps, a new Godly belief must be established. In the above example, it might sound something like this, *"Godly men appreciate women and everything about them because they are His creation."*

The last ungodly belief would be replaced with something like this, *"I am an intelligent, gifted, creative woman of God who has a lot to offer to the Lord and others."* Once the new Godly belief is formed, then it is important to meditate on it until it soaks into the spirit, mind and emotions.

Our new Godly beliefs should always align with the truth of scripture. I can't emphasize enough how important it is to establish new Godly beliefs. They create new expectations that not only change our behavior but the behavior of others as well.

Hebrews Chapter 12:15 tells us that we should not let a bitter root spring up within us because it will defile many. When we have bitter root expectations, it can defile the people around us.

Let's face it strongholds give place to the enemy. After you have worked through the different strongholds and you have gone through the ministry process in **Chapter 11**, you will need deliverance. At that time, come back to the deliverance portion of this Chapter. Make sure you appropriate some healing before attempting deliverance.

Wounds are an open door to the enemy.

They must be closed to prevent access. One of the names of Satan is Baalzebub, Lord of the Flies. This tells us something about his nature and character. Just like flies like nothing better to inhabit wounds and lay eggs in the natural.

Satan loves to dwell in the wounds of people and he uses the wounds to multiply himself. Healing is actually a form of warfare against the enemy. When he comes, he finds nothing in us to give him legal entry into our lives.

The deliverance can be done by self-ministry or having someone else do it for you. If your faith is strong and you have discernment related to the enemy, you can do self deliverance.

Otherwise, you may feel more comfortable going to someone else you can trust. As you have walked through the areas of unforgiveness, spirit-soul ties, generational sin, and ungodly beliefs, you will have a pretty good idea of what demons may have had legal ground.

Make sure it is someone who knows their authority in Messiah (Jesus Christ).

No, I do not believe that Christians can be possessed by the devil. But from previous experience, I can surely tell you that Christians can be demonically oppressed in their minds, emotions, body, sexuality, and spirits.

My motto is, *"When in doubt, cast it out."* It doesn't hurt to swing at a demon that is not there but it can be devastating to leave one that is.

I will give you an example of how to do deliverance in the Chapter Assignments below. It is very easy as long as you know your authority. Jesus said He has given us authority over all demons in **Luke 9:1**.

*In **Mark 16:17**, He says, "And these signs will follow those who believe: In my name they will cast out demons; they will speak with new tongues."*

All you have to do is be a believer to cast out demons.

Chapter 10 Assignments

Make a list of the people the Lord shows you to forgive. They may even be unrelated to the sexual damage.

Any unforgiveness can block our healing. Pour out your complaint to the Lord (see **Psalm 149**). Talk to the Lord about how you were affected by what they did.

Then speak forgiveness out loud.

Example

Lord You are showing me my brother. When he made me take my clothes off and he examined me as a child, it made me scared.

I have been scared of men every since. I felt ashamed and it has made me uncomfortable every time I have had to take my clothes off in front of my husband.

But Lord by Your grace, I choose to forgive him for everything he did and for all the effects it had on me.

This may have to be done over a period of time, depending on how much the Lord shows you.

Spirit and Soul Ties

Next make a list of people, places or things you could have an ungodly spirit and soul tie with and then pray.

Lord, I break agreement with and renounce all ungodly spirit and soul ties with (insert who / what the Lord shows you).

I confess the sin of any illicit sexual relationships, I rebuke any curses of the enemy that have reinforced these spirit-soul ties.

Lord I ask You to restore any areas of my spirit and soul that were stolen from me or that I gave a way when I shouldn't have.

I loose myself now from all ungodly spirit and soulish relationships and submit and bind myself to Your Holy Spirit.

Remember we can have **a spirit and soul tie with alcohol, drugs, masturbation, pornography, our perpetrator and even our own pain.** Allow God to examine this area for you.

Generational Sin

Read the following scriptures.

- ◆ **2 Corinthians 7:1,**
- ◆ **Leviticus 26:39-42,**

- ◆ Exodus 20:4-5,
- ◆ Nehemiah 9:2,
- ◆ Isaiah 61:4,
- ◆ Colossians 2:14,
- ◆ Galatians 3:13.

Ask the Lord to show you areas of generational sin. Right now, we want to focus on those related to sexual sins, addictions and occult.

Make a list and then pray through the following five steps. Later you can work on other areas, if you choose.

- i) Repent and confess the sin to the Lord.
- ii) Forgive your parents, grandparents and ancestors for their sins in this area and get in touch with how their sins affected you.
- iii) Ask the Lord to forgive you for your involvement (be specific) and for any ungodly emotions that you have had.
- iv) Forgive yourself for your involvement.
- v) Then renounce and break agreement with all of these sins, curses, and any demonic influence.

Example²

*Lord, I **confess** the sin of **incest** and **sexual abuse** for myself and my **ancestors**.*

*I **forgive** my parents, grandparents and ancestors for their sins of **incest** and **sexual abuse** and for how it affected me by causing my father to be sexually abused and then he in turn molested me.*

*It's caused me **not to trust men** and I am unable to express or receive affection. It also created **family secrets**. No one ever talked about anything. Conversation was just surface.*

*Lord, I ask You to forgive me for **my involvement** in this area and any ungodly emotions I have had.*

*I have never actually done anything but I have had **incestuous thoughts**. I have participated in the family's code of silence. I've also been **very angry and bitter**. Forgive me Lord.*

*I **forgive myself** for my involvement. Even though I hated what was happening as a child, at times I enjoyed the special attention and gifts I received from my father and I forgive myself.*

² For more information related to generational curses see [Journey2Freedom](#) and [Journey2Wholeness](#).

*I renounce and break **agreement** with these sins and **curses** of **incest** and sexual abuse and all **demons of lust, perversion, defilement, shame, uncleanness, incest, abuse, anger, mistrust unforgiveness and bitterness.***

*I release **God's anointing** and ask the **Holy Spirit** to empower you to repent and **forgive** as you walk through this process.*

As you repent and pray through the steps, you will begin to feel lighter and lighter, the weight of generational sin is being removed. Hallelujah!

This process may also take some time. Don't rush it. Allow the ministry of the Lord to take place.

Ungodly Beliefs

Make a list of the ungodly beliefs the Lord shows you. Here are some more examples:

- ◆ Sex is dirty.
- ◆ You can't be spiritual and sexual.
- ◆ God created me the wrong sex, I should have been a boy/girl.
- ◆ Men have it better.
- ◆ Women have it better.
- ◆ It's okay to demand physical affection from my husband and get angry if he becomes sexually stimulated.
- ◆ It's okay to masturbate or use pornography to have my sexual needs met.
- ◆ If I really communicate with my spouse regarding sexual issues, they will feel rejected. It's best to just shut up and put up.
- ◆ It's okay to flirt with the opposite sex as long as you are not going to do anything serious.
- ◆ My sexual appetite cannot be satisfied in marriage.
- ◆ My spouse should satisfy me sexually whenever and however I need it, regardless of how they feel.
- ◆ I am damaged and will never be able to fully enjoy sex.
- ◆ God made a mistake when He created sex. If I can't have sex, I have to masturbate.
- ◆ It's okay to masturbate as long as I don't think about other women.
- ◆ It's okay to look at pornography as long as we do it together if I really let go and enjoy myself sexually, I am a bad girl/boy.
- ◆ As long as I don't hurt anyone, what I do sexually is up to me.

Some of them may apply, some may be modified or the Holy Spirit can show you ones you don't even know you have.

Then walk through the following steps for each one.

- (a) Lord I forgive the people (list their names) who helped me form the ungodly belief that (read the ungodly belief) by (what did they do).
- (b) Lord I ask You to forgive me for believing this lie and by walking in agreement with it by (how you have sinfully acted or felt because of the lie you believed).
- (c) Lord, I forgive myself for believing this lie.
- (d) Lord, I break all agreement with this lie and any of the associated demons.
- (e) Now I choose to believe (establish a new Godly belief that aligns with scripture).
- (f) Write down the new Godly belief and meditate on it several times a day until transformation takes place. Do it for a minimum of 40 days. However, it could take a year or more but it's worth it!

Example of Prayer

Lord, I forgive my father, my boyfriends, Tom and Bill, and my husband for helping me form the ungodly belief that "You can't trust men. "

By my father sexually touching me inappropriately and always making sexual jokes and comments that made me uncomfortable.

By Tom and Bill pressuring me to have sex as a teenager and Bill for cheating on me with my best friend.

By my husband keeping things from me and by telling me he just wants to hold me and then pressuring me sexually when I've already told him I was tired.

Lord, forgive me for believing this lie and by walking in agreement with it and not giving men a chance.

I really have hated men deep down inside and I think I've even been mad at You for creating them.

I have been prejudiced against men and have believed that all men were the same.

I wasn't even able to trust my pastor or even receive when men preached Your Word. I've held bitterness and unforgiveness in my heart.

I've been a perfectionist in keeping my house clean in order to avoid intimacy with my husband.

I forgive myself for believing this lie.

I renounce this lie and break agreement with all demons associated with it.

From this day forth, I choose to believe that *"When You created men, You created a good thing and / can trust you to give me the discernment to know which men I can truly trust and to what degree.*

I release You to teach me how to love men."

Deliverance

Make a list of any demonic spirits that could have come in from any of the above areas.

Here are lists of some common ones listed by strongholds. But please allow the Lord to show you any other areas of deliverance that you may need. This is just a sample.

Stronghold of Sexual Sins

lust	perversion
fornication	molestation
sexual abuse	rape
adultery	illegitimacy
incest	defilement
uncleanness	masturbation
homosexuality	sodomy
lesbianism	pornography
harlotry	seduction

Stronghold of the Occult³

religious spirits	divination (examples: horoscopes, palm reading, water witching, tarot cards)
masonic	superstition
witchcraft	anything from Indian ancestry
fear	rebellion
transcendental meditation	death
mental illness	premature death
reincarnation	accidents
anything from occult movies or books	spiritualism
false gods or religions	

Stronghold of Shame

shame
unworthiness condemnation
false guilt
self-accusation

Stronghold of Unforgiveness

unforgiveness
anger
bitterness
judgment
condemnation

Stronghold of Addictions and Escape drugs

³ See Journey2Freedom and Prayers of Renunciation

Stronghold of Deception

deception
lying
denial
secrecy
self-deception
avoidance
minimizing
justification
rationalization

Now simply renounce and break agreement with the list you have made and then begin to cast them out in the Name (authority) Y'shua HaMashiach (Jesus Christ). You can do this alone or have a ministry partner.

Example:

I renounce and break agreement with the stronghold of shame and the demons of unworthiness, false guilt and condemnation. I command you to leave in the Name of Jesus. I cast you out of my mind, emotions and body.

Pray until you feel a release. If something seems to be blocking it from leaving, ask the Lord what the blockage is.

You may need to do some more forgiveness or confession of sin. He will be faithful to show you. The Word of God says that when we cast out demons the Kingdom of God comes upon us **(Matthew 12:28)**.

We know that the Kingdom of God is righteousness, peace and joy in the Holy Ghost. The Lord loves deliverance.

He loved setting people free while He was on the earth and He still loves it when we exercise His authority and people are loosed from demonic oppression. He will manifest Himself as a Man of War on our behalf.

The Holy Spirit will be faithful to give you discernment and direction. Call upon the Spirit of Might, **(Isaiah 11:2)** and rise up in your authority as a believer and you will surely possess the victory!!!

Chapter 11: Time for Ministry

Now it's time for more ministry. You have laid the foundation by taking away legal ground from the enemy.



During this session, other areas of deliverance or ungodly beliefs may be exposed. You may have to go back to Chapter 10 and do more work in those areas. Remember, this is a process.

It's not going to happen in one sitting. Allow this to take time. You may have to be healed of years of wounding. Allow God to walk you through the process. If you are unable to feel His presence or His anointing, ask the Holy Spirit what is blocking it.

If you are trying to make something happen and it's not in His timing, He will let you know. Everything has a **time**

and a season, even healing.

We are going to look at **two main areas of ministry** in this session,

1. **Inner healing and**
2. **Healing for sexual imprinting.**

First, let's discuss areas of **inner healing, healing of memories or healing of spirit/soul hurts**. It doesn't matter what name we use as long as Jesus does the healing.

It's simply when the Lord touches our heart, our emotions, our memories, or our spirits. Many times we think we are okay but all we have done is suppressed or denied our pain. When the Lord Jesus comes,

He shows us our true condition. As well as healing the major wounds and damage done to our heart, He's also there to heal the little pin pricks that have hurt us along the way. Nothing is too big or too small for the Lord to touch.

Wounded areas do not mature. We need healing to so we can grow up. We may be able to act adult and mature in many areas but if someone touches that wounded spot we may feel childish emotions or act in a very immature way. It's one indication that we need healing.

Also, whenever we over-react or under-react, it can be a sign that we need inner healing.

We are over reacting because the wound is still raw and sensitive or we under react because the wound is **scabbed over** and we have **no feeling** in that area. There is a **wall of self protection around our heart**.

When people have problems with **bound emotions or repressed memories**, I have them start by **patting their heart** and giving their emotions permission to **feel** and **express** themselves and then **patting their mind** and giving their **memory** permission to **remember**.

How do we access God's healing?

As I said earlier, first we have to forgive. That is the doorway to His presence.

Then I like to ask the Lord where He wants to start. When it is in the area of sexual healing, I like to start with, *"Lord show us where the first sexual damage or imprinting came in."*

After God shows the specific memory, then it's time to pour out our complaint. We need to tell the Lord how we it made us feel, what it did to us, the damage it caused. We need to clean out the wounded area.

Sometimes anger or tears are expressed at this point. It is okay to be angry and sin not. It is okay to cry and express grief. However, we don't measure the success of the ministry by the amount of tears cried. I have seen major healing take place without a tear shed. But we are to weep with those who weep.

For too long, the church has made people put on a smile when inside they have been weeping. Once true healing comes, the joy of the Lord will be automatic. It's easy to praise God when we have truly been set free.

VERY IMPORTANT! Jesus never said, *"Okay, I know you are blind, crippled and oppressed but follow me. What's the matter with you, why can't you keep up?"* No, He healed them and set them free and then said, *"Now, follow Me."*

We have gotten it backwards. There is a ministry philosophy that says, *"Everything is fixed on the day of salvation, you should need nothing more."* That is true spiritually but that truth must be brought to the soul.

We are saved, yet we must work out our salvation with fear and trembling. Our souls must be sanctified. Remember **1 Corinthians 7:1** tells us that we must participate in the sanctifying process.

If Jesus is our Healer and He restores our souls, just when and how is He going to do that? He can't do it before we have met Him and know Him and if He does it all at the point of salvation, why don't we see evidence of it.

All around us there are Christians at different levels of glory, different levels of healing and freedom.

Why?

Because it is a process and it takes an intimate relationship with the Lord Jesus Christ to allow Him to go where no man has gone before in our lives.

Now it's time to ask the Lord to reveal Himself and to touch us and speak to us. Many times we will actually see Him in the memory. He may speak to us. He may do something.

Suddenly, the Spirit of Understanding comes, we realize He was there all along. He was wanting to minister to us, we just weren't in touch with Him. One word, one picture from the Lord can melt years of pain, misunderstanding and torment.

It's always good to go back and check the memory.

- ❖ *Is there any more pain there, any more fear?*
- ❖ *How do you feel?*

If everything is clear, go on to the next thing the Lord shows you.

Again you don't have to rush it, take your time. You may want to have someone help you when you first get started but the Spirit of the Lord can bring healing any time and any place as long as we are open.

Let me give you a couple of examples

- (a) The Lord brings back the memory of a young boy being molested by his teacher. He remembers the room, the smells. He forgives the teacher and pours out his complaint. Then he asks the Lord to reveal Himself.

He sees Jesus standing in the room with tears running down His face. Suddenly he breaks, and begins to weep, "Jesus did care, He was there all along." If Jesus is crying, it's okay for him to cry, too. The feelings of abandonment disappear. The bound up emotions are released.

- (b) A woman was raped. The Lord brings her back to the day it happened. She really doesn't want to go there. She has been running from that memory for 20 years and covering it up with drugs and alcohol.

Today God's grace is there to help her to get in touch with the pain and trauma. She forgives the rapist and begins to pour out her feelings. *"She has been robbed of daily life. She has lived in fear. She has not been able to enjoy sex with her husband. She has felt dirty and violated."*

Feelings of anger, hatred and revenge come out. Now it's time to ask the Lord to reveal Himself and to bring healing.

At first it's hard. Nothing seems to be happening. The Lord reveals that she is still ashamed and does not want Him to see her in that condition.

She finally releases her shame to Him and asks Him to reveal Himself in the memory. Suddenly, she sees the Lord, He is pushing the rapist off of her. Now she remembers how the man heard something and ran away. *"The Lord was there!"*

And then she sees the Lord lovingly taking her in His arms and gently wiping her face. He says, *"Daughter this was not your fault. And I shall severely punish the enemy on your behalf. Rise and be made whole."*

Suddenly the feelings of self-accusation disappear. She didn't do anything to cause the rape. It wasn't her fault. The feelings that no one is ever there for her are gone. Her identity as *"damaged goods"* is transformed, she is no longer a victim.

I could go on and on with different situations. It still amazes me how when Jesus shows up on the scene, everything changes. He truly is our Healer. Again, when the root of the problem is changed, it doesn't take long for all of the fruit of our lives to be changed.

Whenever you cannot get in touch with the Lord, it's always best to just simply ask the Holy Spirit what the **blockage** is. Sometimes it's more **unforgiveness**, sometimes it's **shame**, or may be **unbelief**.

Whatever it is, He will be faithful to reveal it. Please understand it is not a spiritual luxury for you to be healed. It is God's express purpose for your life. It is your spiritual responsibility. If you take one step forward, the Lord will run to meet you.

Another way to receive healing is through getting in touch with what triggers us or causes us to over react or to act childish. We may act it out in our behavior or it just might be the **feelings** and **thoughts** that we have learned to hide on the inside of us. They are evidence that we need more healing.

All we have to do is ask the Lord to show us why we are feeling like a **scared child**? And He will. All you have to do is ask the Lord to show you why you want to punch your husband every time he touches you in a certain way. He will show you why.

I had triggers, not related to sexual abuse but to emotional abuse that my husband and I named "*my Vietnam flashbacks*". No, I was never in the army or in Vietnam. It simply reminded both of us that my over reaction was not his fault and was stemming out of past experiences.

As we took each one of those experiences to the Lord through forgiveness and receiving His healing, the incidents of anger and rage got less and less. It is very rare now for me to be triggered.

But every time I am, I choose not to beat myself with condemnation but to press in to the root of my behavior. It leads me to more and more healing.

My husband and family don't have to condemn me and tell me that I am a Christian and a minister and judge me for responding in the flesh.

They can pray for me and ask the Lord to show me what is really going on and then rejoice with me when I share my next level of healing. It makes such a difference in your Christian walk to quit blaming other people for your reactions and behavior and to seek God for the real answers.

MINISTERING TO SEXUAL IMPRINTING

I explained the **effects of sexual imprinting** in Chapter 2. Now I would like to talk about ministering to that area.

First of all it's not hard. Only the power of God can do it. We can't fix ourselves and we can't fix each other. All we can do is tell God, "*It's broke.*" And ask Him to fix it. That's pretty simple.

1. **First, we need to build faith.** We began that in Chapter 1. It takes faith to access the power of God. He will do all things according to our faith.

We need to pray in an atmosphere of faith. You may want to worship the Lord before you pray or declare scriptures. Set an atmosphere of faith and the presence of God. Always thank the Lord for what He has done.

2. **Make sure you have forgiven everyone involved.** Unforgiveness can block our healing and stop us from receiving from the Lord. It doesn't hurt to submit to one last examination by the Holy Spirit.

There is a sample prayer for sexual imprinting in the Assignment Section of this Chapter. Don't complicate what is simple.

The exact words are not as important as the faith and power of God to cleanse, purify, restore and make new. *"Ask and ye shall receive."*

All we are doing is accessing in our sexuality what was already made ours through salvation. We are to be a new creation; all things are new; we have a right to total redemption and restoration.

Again, why would a loving God, heal other areas but leave something so essential undone?

The answer is He wouldn't. Because of a puritan religious spirit that entered the church, we have not been able to talk to God about sexual issues, so He has been unable to answer. It is time to start talking to Him.

We need personal, family and corporate healing in this area and Jesus is our only answer.

We have seen remarkable things happen after such prayers; people who had battled homosexual desires set free, passion in marriage restored, women who have never had an orgasm have had orgasms, people have felt their virginity and sexual innocence restored, desire for masturbation or pornography has left.

Now, please understand, **people really have to be sick of their sin and desire to be made free. Also, they must have deliverance.**

If there are demons still there, they will create ungodly desires. If the sexual issue has turned into addiction, the **issues of addiction** must also be dealt with for total freedom. However, it can never hurt to pray over a person's sexual imprinting.

I prophesy that as you are prayed for, the power of God will touch you and transform you. You will be cleansed and made whole. You will be able to express your sexuality with freedom.

It will be a new day, old things will have passed away. You will receive revelation that your sexuality was a gift from God, a blessing, something sacred by which you can express covenant.

I decree God's healing, redemption and restoration to your sexuality in the Name of Jesus Christ.

Chapter 11 Assignments

Inner Healing

After you walked out the process shared in this Chapter related to healing, write down three major areas the Lord touched.

(a) The Memory

(b) The Complaint (how you were damaged and how you felt

(c) How Jesus revealed Himself

(d) The Memory

(e) The Complaint (how you were damaged and how you felt)

(f) How Jesus revealed Himself

(g) The Memory

(h) The Complaint (how you were damaged and how you felt)

(i) How Jesus revealed Himself

Sexual Imprinting

Find someone that you know has faith in the power of God. It will probably be the same person you have been working with already.

Make sure they have read the information on sexual imprinting. They need to know what they are praying for.

Here is a sample prayer. It's okay if they pray prophetically anything else the Lord shows them. Double check and make sure you have forgiven everyone who has negatively affected you in any way sexually.

Lord, I bring (Ann's) sexuality before Your throne. I ask You to wipe the slate clean. Send Your fire to purify all of her desires.

Touch her mind, her memories, her emotions, her body and her spirit and make it clean. I thank You Lord that You make all things new.

I ask You to make Ann's sexuality brand new. I pray that the next time she and her husband come together, covenant will be written on her sexuality.

I ask You to restore her passion and to give her freedom to express herself sexually. We thank You for a new beginning, Lord.

If they are young and unmarried, ask the Lord to **restore their spiritual virginity**.

Pray that they would feel pure and undefiled on their wedding day.

Additional info

When a young lady is preparing herself for her bridegroom, we normally do what we call a "Mikvah".

This is a prophetic act of a cleansing / purifying bath that has been done for many generations amongst God's people.

This is a powerful time to break all ungodly spirit and soul ties and ask God to lift off all sexual imprinting.

Remember, she is "soft clay" that has ungodly fingerprints all over her body, soul and spirit.

As clay gets put into water, it swells out and trust God to do so to her spiritually and restore her back to her virgin state!

Whenever possible, it's wonderful to pray over both a husband and wife in the same time period (not necessarily at the same time).

We encourage them to then anoint their marriage bed and to pray with each other before they come together sexually again.

Many people have only allowed the physical dimension of their sexuality to be expressed. As they allow the spiritual dimension to play the part that it should play, they find their passion increases and true oneness begins to take place in the marriage.

Chapter 12: Ministering to the Sexually Wounded

If you are called to minister to the sexually wounded, here are a few things that may be helpful. First of all, please understand there is never an "always".

People are all so different; some are more sensitive; their personalities are different, etc. Other circumstances might also play into it.

We might have suffered from one incident of sexual molestation but otherwise were raised in a very loving, supportive home.

We may have suffered from sexual abuse, along with physical and emotional abuse; the damage will be much more severe. Those other areas will also have to be ministered to as well. Through the workbook, I have just shared some normal responses.



One of the most reassuring things for a person is to find out that their strange behaviors or feelings are normal because abnormal things happened to them.

It may not be normal for someone who has had their sexuality protected and has had no sexual damage. But for someone who has been sexually violated, their behavior is normal. We call it **normalizing the symptoms**.

Many times people feel that they are crazy, out of control, something is really wrong with them. Just finding out that there are a lot of other people with the same symptoms helps.

Be very careful related to boundaries, especially physical ones. Ask if it's okay for you to lay hands on them and pray for them. Get permission to hug them. Remember, we are there to help restore healthy boundaries.

Be careful and respectful as you do their sexual history.

1. We look at the **generations**.

- *What known sexual sin or occult activity has there been?*
- Ask questions to jog their memory:
 - Did Dad ever have pornography around the house?
 - Was there any talk of grandpa being unfaithful?
 - *Was mom open or closed about sexual issues?*
- *Ask the Holy Spirit, to lead you as you ask the questions.*

2. Interview their lives **from birth until present** just related to sexual history.

Don't just fire off questions like an interrogator. Weave them into the conversation. Let them know that some of the questions might be difficult. Use wisdom and grace as you get the information you will need to minister to them.

Here are just a few sample questions (answers to certain questions often will lead to other questions, a good interview will actually create questioning as it goes):

- ❖ *What do you feel is your first sexual memory?*
- ❖ *Did you ever see your parents express affection to each other? How?*
- ❖ *Did you play doctor or explore physically with other children?*
- ❖ *How old were you?*
- ❖ *If so, did you ever get in trouble?*
- ❖ *How did it make you feel?*
- ❖ *Were you ever sexually abused or molested as a child or teenager?*
- ❖ *Did anyone else ever touch you inappropriately during elementary school ages?*
- ❖ *Were you exposed to pornography? At what age?*
- ❖ *Did you ever masturbate? At what age? How often? Did the frequency increase? What about now?*
- ❖ *Did your parents discuss sex with you?*
- ❖ *How did you learn about sex?*
- ❖ *When were you first attracted to the opposite sex?*
- ❖ *What were your sexual experiences in high school?*
- ❖ *Who did you first have intercourse with and what were the circumstances?*
- ❖ *Did anyone ever reject you sexually?*
- ❖ *Did you have sex before marriage?*
- ❖ *How was your honeymoon night?*
- ❖ *How has sex been in your marriage?*
- ❖ *What is the average frequency now?*
- ❖ *Have you ever committed adultery?*
- ❖ *Have you ever had an abortion?*
- ❖ *Have you ever had problems with impotency or premature ejaculation?*
- ❖ *Are you able to have an orgasm?*

Sometimes you may have to explore a certain subject in much greater detail in order to minister to it. Let's say it comes out in an interview that there was **same sex contact** in high school.

There will be different levels of ministry if that sexual contact was **mutual masturbation, oral sex** or **sodomy**.

They may say that they had an **incestuous relationship with their brother**. You may assume that was intercourse. You may have assumed wrong.

Ask the questions. You may discover it was touching each others genitals, there was no intercourse. That's a difference.

You will have to ask the questions to get the answers. You must get totally comfortable asking details. If you are relaxed and not embarrassed and ask in a professional manner, they will also be more comfortable.

If you are not yet comfortable, I encourage ministers and counselors, to practice saying sexual words and to role play interview questions.

A WORD TO THE COUNSELOR

I cannot over estimate confidentiality related to any counseling and ministry. But it is especially important in the sexual arena.

You must provide a private setting, a place where they can feel safe. Keep any records in locked files. Just keep what is necessary.

Let them know the ministry will be confidential. It is a **sacred trust** for people to open the painful experiences of their lives.

Many times you will hear the words, "I have never told anyone this before. " Rejoice! It is the beginning of healing.

Trust must be established before this happens. I have found that when counseling and ministering by the Spirit of God, trust can be established in moments.

In normal counseling, it will usually take a long period of time.

God can simply give them a witness of the spirit, "*You can trust this person.*" That makes life easier and saves time.

Depending upon the degree of damage and the level of spiritual maturity, the healing will occur at different rates. Sometimes there are levels and then another breakthrough. Don't take them beyond where they are ready to go or where God is leading you.

Sometimes, you may know the exact problem, but they aren't ready to see it. Pray and intercede for the revelation to come. **Count the cost before you make a commitment to their healing.**

They have already had enough people fail them. You may have to set boundaries if they are real needy. That's okay. If it's something that you feel you don't have enough experience in, help them find someone and be there as they are transferred.

Most of the time, I have found that the Lord won't send someone unless He is going to equip you for the work. Even though at the time, you may feel inadequate, He is wanting to train and equip you. You have to discern the difference.

People are always afraid to face pain or to get in touch with their anger. They are afraid that if they start crying, they will never stop; if they get angry, they might hurt someone. You have to encourage them that **there is a bottom to their pain.**

They will find it one day as they work through their issues. You have to encourage them that they can be angry and sin not. Many people think it's a sin to feel angry. That's a lie. **Anger is a natural expression of pain.**

Just like if someone stomps our toe, we say, "Ouch! " When we feel stomped on emotionally, we will react in anger. The main thing is to learn how to be angry and sin not. I have seen teddy bears ripped apart, pillows beat and heard people scream. They were in a safe place. They didn't hurt anyone.

The repressed anger was released. If you are uncomfortable with their emotions, they will be uncomfortable. Don't be scared, the Lord will be there and help you. Just bind up any demonic manifestations.

Release the Seven-Fold Spirit of God in your ministry (**Isaiah Chapter 11**).

A man continues to commit **adultery**. He needs the fear of the Lord. Lay hands on him and impart and **stir up the Fear of the Lord**.

A woman is battling **fear**. It always seems to overtake her. She continues to have panic attacks. She needs an impartation of the **Spirit of Might**.

Another woman keeps saying "**Why? If I only knew Why?**" Pray for an impartation of the **Spirit of Understanding**.

Before you know it, she will be saying, "*Now I understand...*"

We always need the Fruit of the Spirit, **Galatians 5:22**, love, joy, peace, long suffering, kindness, goodness, faithfulness, gentleness and self control.

The more fruit we have the easier it is to minister.

- ◆ The **love releases compassion** which is the substance of **miracles**.
- ◆ The **joy** gives us **strength**.
- ◆ The **long suffering** keeps us from **killing the people** we are ministering to (just wanted to know if you were paying attention).
- ◆ The **faithfulness** keeps us from **quitting** if the going gets tough, etc.

We need all of it.

Then there are the Gifts of the Spirit, **1 Corinthians Chapter 12**.

Don't leave home without them. I can't tell you how many times a **word of knowledge** has saved the day or a **word of wisdom** was the perfect response.

Discerning of spirits can be a tremendous asset. Gifts of healing, faith, working of miracles, what would we do without them.

Many times **prophecy** can totally change a situation. **Tongues** and **interpretation** can bring us the answers to the mysteries we are faced with.

You have a better chance if more of the gifts are in operation. Know what gifts the Lord has given you and **exercise them**.

If you run in to a situation and you know you need discerning of spirits but don't feel you have that gifting, find someone who does and get their feedback.

In the natural, doctors call on specialists for their opinions all of the time, so *why can't we?* I believe as we use our gifting faithfully, God will increase and add to our arsenal.

Remember the gifts of the Spirit are not for you, but to profit the Body of Christ. The Word of God tells us not to be ignorant of spiritual gifts and to desire them. They demonstrate the power and reality of God in the earth.

Discern when to begin weaning the relationship. Pray for the transition. **Do not allow people to get dependent on you.** Your job is to teach them how to access the Lord and to appropriate what He has already done for them.

Equip them, don't enable them. You want them walking out knowing the Lord loves them and that He is awesome. Not that you are a great counselor or minister. Yes, they will be grateful and thankful but that is different. **We cripple people when we make them dependent on us. The Lord has called us to empower people!**

COUNSELOR, YOU ALSO NEED MINISTRY!

Always continue growing. Keep reading, studying, and exploring. You never know when you will come across that perfect nugget that can be a key to someone's healing. I have seen the Lord so faithful in that area.

I have had people give me a book and say, *"I felt the Lord said I was to share this with you."* The next person that came for ministry had the very problem the book addressed. The Lord equipped me before they got there. He truly does go before us. HE IS FAITHFUL!

And above all else, press in to your own healing and deliverance. I have found it to be a **never ending process** in my own life. **The more you sow in to the lives of others the more healing and deliverance you will reap.** It should be a way of life. We never arrive. **We have to possess before we can impart.**

We can minister freedom from addictions, once we have possessed freedom. We can minister deliverance from shame, when we have been delivered. We can expose control, when our own control has been identified.

We can minister the Lord's healing power, when it has already touched our own pain.

Write down your strengths as a counselor or minister:

Write down your weaknesses:

Ask the Lord to show you how to strengthen your weaknesses.

- ◆ Next, **ask the Lord to show you any areas in your own life where you have felt wounded, rejected or betrayed as a result of counseling or ministering to others.**
- ◆ **Forgive the people** He shows you, pour out your complaint and then ask the Lord to touch and heal those situations. Ask Him to reveal Himself in those memories.
- ◆ Many times we can become wounded without even realizing it.

It's always best to allow the Lord to be the One who examines you. We can become **hard** and **calloused** or **oversensitive** as a result of our wounding.

We have to be honest with ourselves. **Sometimes, it is the very people we try to help the most, who wound us the deepest.**

Just check in with the Lord every once in awhile and ask Him to show you your true condition.

Don't ever get so spiritual that you can't admit your pain. Spirituality doesn't cause us not be affected by anything (that's just numbness).

It is knowing that you have a Healer and a Comforter always ready to minister to you.

Additional info by Amanda: Kanaan Ministries

Be careful that you do not minister out of your unresolved pain, rejection and anger. Go for regular "check-ups" to Dr. Y'shua / Jesus!

Because of unresolved issues, we can come across as hard, unsympathetic and judgmental.

Chapter 13: Protecting our Children

Any type of abuse is terrible, but sexual abuse is one of the most destructive. I am thankful, my children were older before I began to do as much ministry as I have in this area.

From what I have heard, it would have been hard to let them out of my sight. So many children have been abused by trusted family members, neighbors or members of the community. Who do you trust? We must protect and educate our children.

My answer is the Lord! **In this society, you must trust your God given discernment.** If you sense anything or anyone makes you uncomfortable. Explore it. Watch your children. Ask them questions.



If adults or teenagers seem unnaturally interested in your children, be careful. They may begin buying them gifts or wanting to take them places a lot of times.

It takes discernment to know when someone is just reaching out to a child and if they are just luring them in to a relationship in order to molest them. I would rather error by protecting the child in these circumstances. Again, ask them questions.

Because of the condition of our society, we must begin to teach our children at a very young age that there are certain parts of their bodies that other people should not touch. We need to encourage them to tell us if anyone is touching them in those areas.

Empower their "no" let them know that it is their body and if someone touches them and they don't like it to tell them to stop.

For Example

A little 2 year old girl is asked for a hug. It is totally innocent but she says "No" and pulls away. They try to pull her towards them for a hug. As parents, we must immediately step in and say "Please respect her 'No'" – even if it wasn't meant to be sexual or harmful. We empower our children when we respect them.

We need to watch for symptoms; a change in personality or disposition, crying when they are left in someone's care (sometimes it is just separation anxiety). However, if their behavior changes, be alert.

They used to love going to grandpa's house and now they don't want to go. They flinch when grandpa hugs them. Watch for the signs and then ask questions. Has anybody touched them wrong? Has anybody done anything that made them feel bad or uncomfortable? Suddenly they are quieter than normal, why?

Most people I have ministered to tried to let someone know that something was happening to them. They just couldn't do it by talking. Most of the times, they have been **sworn to silence and secrecy**.

They couldn't figure out how come Mom didn't see or why their teachers couldn't tell what was happening. Sometimes we don't want to see, we are in denial or sometimes we don't even know what to look for.

Other symptoms may be:

- bed wetting,
- or physical symptoms like urinary tract infections,
- bleeding from the rectum,
- unusual rashes on their legs.

If there seems to be a regression in their emotional development, ask questions.

All of a sudden they have started sucking their thumb again or biting their nails. *Why?*

So many times parents just get caught up in trying to stop the behavior, they don't take time to find out why it's there. It's the same thing with children, get to the root and you will change the fruit.

Give your children healthy, Godly physical affection so they will not have to find it in illegitimate ways. There are more promiscuous girls simply because Daddy never took the time to hug them and make them feel good about themselves. It left a hole that they keep trying to fill.

We need touch as human beings. Studies have shown that even animals left untouched do not thrive. They can even die. I have seen a lot of incest in homes where affection was not expressed. The children turn to each other for physical touch and it gets out of hand.

Protect your children by **monitoring what they watch on television and movies**. Access to the Internet is extremely dangerous without some sort of protection programs.

Many elementary age children and teenagers are looking at **pornography** in the privacy of their homes. If you do not have a protection program, check the computer history or disable the computer until you are home to monitor their activity.

Talk to your children about sexual issues at age appropriate times.

Don't wait for the school or their friends to do it for you.

Again because of our society, what used to be talked about at ages 14 and 15 probably needs to be discussed at age 12 and 13. You have to judge the maturity level of your child. Just don't underestimate it.

They will find out about sex one way or another. **You can control wrong messages with proper information⁴.**

If you work with children in any capacity, as a teacher, youth leader, coach, etc. and see any signs of sexual abuse, ask questions. Often they are just waiting for someone to open the door.

Then walk through the proper steps and contact the appropriate people, usually that is parents unless they are involved in the abuse, then it might be the authorities.

If a child has reported sexual abuse, under law it must be reported immediately.

We also protect our children through practicing modesty in our homes and keeping them free from pornography.

I can't tell you how many adults I have ministered to who knew exactly where their parents' stash of pornography was.

Don't look the other way. We have looked the other way too long. Let's start protecting our children!

⁴Please see: *Understanding the Spiritual Side of your Sexuality for ages 13-18 years* and *Receiving the Yoke of the Kingdom – Initiation into Adulthood* available from Kanaan Ministries. It is designed to make kids think. You may want to read it before you talk about sex to your children or if they are old enough have them read it and then have a discussion. I discuss the power of sexual imprinting and how God created us for covenant.

Chapter 14: The Church as a Safe Place



We must begin to make the Church a safe place for people with sexual issues. They cannot be treated as lepers. **We must become equipped to deal with them,** so that we are not afraid to minister to them.

We have to get over any of our own religious hang ups and embarrassment so we can address real issues in the lives of people.

The Church needs to become relevant to our society. As I said in the beginning, our society is in a sexual crisis. The Church has to start talking about it. We make the Church a safe place by giving this issue a place.

We make the Church a safe place, when we walk in the love of Christ regardless of the sin. Now, we do not have to embrace or support the sin, but we must walk in love with the individual. That is not always easy and takes the leading of the Holy Spirit.

We should be as comfortable having a prayer line for the purification of our sexuality as we are for the healing of backs. Jesus had no problem relating to the prostitutes and to the oppressed. It was the religious folks He always had issues with.

- ◆ The Church becomes a safe place **when we do not gossip,** when we keep things **shared confidential.**
- ◆ It becomes a safe place, when discernment causes people to press in to prayer and not to reject in judgment.
- ◆ The Church becomes a safe place when we create an environment that releases the presence of God into people's lives. In His presence, they will find refuge and healing.
- ◆ The Church becomes a safe place when there are **people trained and equipped** to minister to these special areas.
- ◆ The Church becomes a safe place when there is **faith and a demonstration of the power of God,** the gifts are utilized, and lives are changed.
- ◆ The Church becomes a safe place when we no longer have to pretend everything is wonderful, when we can **become honest about our true feelings and pain.** Not so we can stay there, but so we can go to the Lord and truly get free. We have to let the Refiner's fire do its job.

The Church becomes a safe place when leaders get healed!!!

- ◆ If the Church does not become a refuge and a place of healing, *where are people to go for help?* We need to become part of the answer instead of staying part of the problem.

I hope this workbook has ministered to you. I know in some cases, questions have been answered. In other cases, it may have opened up a need for more information. I pray that the Lord leads you to the right resources and divine appointments.

It is an honor to participate in your healing and your equipping as a minister or counselor.

May God richly bless you!!

A final word from Kathy Tolleson

This book was written by Kathy Tolleson called *Restoring Sexuality Workbook*.

Let me be frank. I have written this workbook as a result of hearing horrendous stories of sexual abuse, perversion and defilement. I have worked as a counselor, pastor and minister in some capacity for over 25 years.

It is still painful to see the devastation that sexual damage does to an individual. Yet the church is still not talking about it. When is the last time you have seen a healing line for sexual restoration? Yet we see prayer lines for backs, hearts, incurable diseases, inner healing, etc.

Now why would a God who created our very bodies to reflect our sexuality leave this part broken and in disrepair? The answer is He wouldn't. The same power of God that can give you new birth through the spirit, heal your body and restore your soul can minister to your sexuality. Your faith just needs to be stirred and you need to understand your sexuality from God's perspective.

I have designed this to be a workbook that helps you walk through different areas of ministry. Some parts of it may not pertain to your situation. That's okay. Take what does and apply it. Some parts may trigger you, words may trigger memories, emotions and even physical feelings. Don't be scared. God will meet you and you will see God work on your behalf.

I have seen homosexuals healed; frigid women renewed with passion; addictions to masturbation and pornography broken; deliverance from fetishes and perversions and more. What does it take? It takes true repentance, forgiveness, faith in the power of God, receiving God's healing and deliverance, and walking it out in every day life.

My prayer is that the power of God will touch and transform you as you apply the information in this workbook. Let this information become transformation as the Spirit of revelation touches you.

Because of confidentiality, any stories shared will have names and details altered.

Dedication

I would like to dedicate this workbook to all the brave souls who have opened their lives, exposed their pain and gave me the privilege and honor of ministering to them. Without them, it would have been impossible to write this workbook. They were the ones who did the research and brought me the understanding. Their research was the painful and traumatic experiences they had gone through in their lives. Many of them amazed me as they continued to seek the Lord's help even when they had been disappointed, rejected by others and even wounded by those who should have helped them. Yet they would seek out help, one more time.

As you receive the ministry intended through this workbook, I pray that they will also receive the reward; that redemption will be brought to what they went through by your healing and restoration; that their testimonies and experiences can become a weapon of warfare in the hand of the Lord bringing forth your deliverance and victory.

I honor them in their journey of healing. They will know who they are. Some of them may even catch glimpses of themselves as they read. I want you to know I have covered you and protected you. No illustration used is an exact testimony. This is not just a workbook that I have written, we wrote it together! Thank you. God bless you. I love you!

In His Service,
Kathy Tolleson

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Kingdom Life Now, A Woman's Voice Publications and Rodney and Kathy Tolleson give Kanaan Ministries and Amanda Buys the right to reproduce and distribute their materials in South Africa for ministry purposes.

Resources

Recommended Books, Tapes, Videos and Seminars

- ◆ Addicted to Love, Steve Arteburn, Servant, 1991
- ◆ An Affair of the Mind, Laurie Hall, Focus on the Family 1969 Basic Trust (video), John and Paula Sanford Bitter Root Judgments (video) John and Paula Sanford Boundaries, Cloud and Townshend, Zondervan, 1992
- ◆ Breaking Free, Understanding Addiction and the Healing Power of Jesus, Russell Willingham, InterVarsity Press, 1999
- ◆ Every Man's Battle, Waterbrook Press
- ◆ Free Masonry, From Darkness to Light? Jeremiah Films, Inc., Order through Proclaiming His Word Ministry (see page 64)
- ◆ From Bondage to Bonding, Nancy Groom, NavPress, 1991 Healing and Deliverance Seminars, Proclaiming His Word Healing Victims of Sexual Abuse, Paula Sandford
- ◆ Love is Not Agreement, Blessing or Support, Kathy Tolleson Ministering Spiritual Gifts Seminars, Christian International Possessing the Gates of the Enemy, Cindy Jacobs Restoring the Foundations Manual or Book, Kylstras
- ◆ Released from Shame, Sandra D. Wilson, InterVarsity Press, 1990
- ◆ Releasing the Seven fold Spirit of God in Your Counseling Ministry (audio tape), Kathy Tolleson
- ◆ Seductions Exposed, Gary Greenwald
- ◆ Sex in the Marriage (Audio Tape), John Sanford Soul Battles, Kathy Tolleson
- ◆ Straight Talk, protecting sexuality, ages 13-18, Kathy Tolleson
- ◆ Time Saving Tools for Your Counseling Ministry, Kathy Tolleson
- ◆ The Shame, Fear, Control Cycle, Kylstras

Prayers and Petitions

Marriage

Father, in the Name of Y'shua HaMashiach / Jesus Christ of Nazareth, Your living Son, I come before Your throne to petition for my marriage. Thank You that, according to Your Word in **Psalm 20:4** and **1 John 5:5**, You will grant me my petitions.

Father, in the Name of Y'shua HaMashiach / Jesus Christ I confirm my covenant with You. I also confirm the covenant between my marriage partner and me. I confess that my marriage covenant was sealed by the Blood of the Lamb and that He alone is worthy to ever break the seals.

I come before Your throne to petition against any curses of divorce or adultery. I pray that You would break these curses and change them into blessings. I cut my marriage loose from the spirit of death that wants to bring death and destruction to my marriage.

I petition against the spirit of Jezebel. I forbid this spirit to have any authority over my marriage. In the Name of Y'shua HaMashiach / Jesus I petition before Your Throne that the Blood of Jesus would wipe our names from the book of the whore of Babylon. I confess that our names are written in the Book of Life in the New Jerusalem.

In the presence of Your Throne I declare a divorce from the Cup of Jezebel. If we or any of our forefathers have drunk from her cup, I ask You now to cleanse us - spirit, soul and body - from any poison coming from this cup. I ask that the Fire of the Holy Spirit would come to destroy the influence of this cup over our lives.

I petition against any marriage contracts with any human spirits, dead human spirits, demons and any spiritual husbands or wives. I sever the soul ties and declare a divorce in the spirit. I ask the Fire of the Holy Spirit to destroy any physical or spiritual rings. I declare **Hosea 2:5-6** over any third person who might be sent against my marriage.

I petition against the Ancient Serpent, bewitchment, spirits of deception and seduction. I cancel any orders given to them with regard to my marriage and declare them null and void in the Name of Y'shua HaMashiach / Jesus Christ of Nazareth.

I petition against any rituals against my marriage. In the Name of Y'shua / Jesus I break the power of the rituals and the seals placed upon them.

Thank You, Father, that You now reverse all those rituals in the spirit. I petition against any form of sexual magic.

I petition against any defilement of seed. I pray that all seed testifying against us in the physical or in the spiritual, would be destroyed by the Fire of the Holy Spirit.

I petition against the god of this world, the spirit of this world and the mind of this world. I cancel any authority given to this spirit over my marriage and declare that the purposes, will and plan of the Almighty God, the Father of Abraham, Isaac and Jacob, will be fulfilled in my marriage.

I petition against any plans of Abaddon and Baal over my marriage. I break any traps or snares set against us in the physical or in the spiritual and render them powerless in the Name of Y'shua HaMashiach / Jesus Christ of Nazareth.

I petition against any programming against my marriage in the sun, moon, stars and planets. I ask You to destroy those programs with the Blood of Y'shua HaMashiach / Jesus Christ of Nazareth.

Father, in the Name of Y'shua HaMashiach / Jesus Christ of Nazareth I now petition before Your Throne that any of Satan's petitions against my marriage would now be thrown out of the heavenly courtroom. I ask this on account of the price that Y'shua / Jesus paid on the cross.

I petition against any hex, spell, curse, chanting, incantation and white, black, red and green magic being used against my marriage.

I petition that Your Voice would now thunder in the heavenlies with regard to my marriage; that Your light and truth would prevail over my marriage. I pray that Your Voice would now declare in the heavenlies that none of Satan's petitions against my marriage would be granted.

Father, in the Name of Y'shua HaMashiach / Jesus Christ of Nazareth I now declare my marriage to be sealed by the Blood of Jesus. Thank You that You have spoken Your blessing over my marriage. Father, in the Name of Y'shua HaMashiach / Jesus I pray that there would be love, unity and peace in my marriage.

Thank you, Father, that Your Holy Spirit watches over my marriage.

AMEN.

Petition for those caught up in Cyber Sex & Pornography

Background information on Power Demon Asmodee

Those who associated with him in the past often call this power The Stinker. His appearance is that of a fat and smelly demonic-looking “man”. He is tall in stature and walks very lightly with a spring in his step. He also possesses wings similar to those of Beelzebub.

Asmodee is heavily involved with sexual immorality and he marries people for Satan. He is responsible for the spirit of Jezebel in the Bible and often works with Baal. **1 Kings 16:30-33**

You can also see in **1 Kings 18** how the prophets of God were attacked through this Power. The Bible has much to say about the Jezebel spirit here and in Revelation.

Asmodee works primarily with the Principality of Abaddon and reports to him. The following problems in your life probably indicate the work of Asmodee:

- i) Prostitution
- ii) Sexual perversion such as homosexuality, lesbianism, bestiality
- iii) Barrenness of the womb
- iv) Contempt for one’s spouse and marital conflict
- v) Repeated divorces and the inability to form permanent, cohesive relationships of the deepest kinds such as marriage.
- vi) Miscarriage and the death of children.

Do you think Asmodee is active in Hollywood?

Sad to say he is also hard at work in the Church today.

The primary responsibility of Asmodee is to pollute the human race with immorality. Because of this goal, he works with the other Principalities and Powers to foster sexual immorality, perversion, pornography, and prostitution.

He marries people spiritually for Satan and has sex with them as do Satan and others. He is the demon responsible for spirit husbands and wives in Africa. People there, even Christians, often have a husband or wife in the spirit world. This is a form of possession and must be dealt with through deliverance ministry.

This is a common problem in Africa as those possessed are involved with water spirits who work with Asmodee. The head of all water spirits, Marine, is half women and half fish. She is where the image of a mermaid came from. Another ruler of the water spirit is Leviathan. This is the same Leviathan who started the original rebellion with Belial. He is found in **Job 41, Psalm 74 and Isaiah 27:1**.

In Christian marriage, Asmodee is interested in breaking down the morals of one or both partners. He is responsible for jealousy and uses it as a tool to promote adultery within the marriage. Marriage counselors could learn much by studying the tactics of Asmodee. He is at work in many ways to destroy the holiness with which God created the institution of marriage. He is responsible for men who become "middle age crazy," leaving their wife and family for younger women. They find out too late, after the new relationship fades, that it was a mistake. He will also encourage a partner to just leave. He tells them they can find a prettier, more deserving husband or wife.

Asmodee encourages homosexuality as another means to destroy the institution of marriage. Today we see him actively at work encouraging society to do away with marriage altogether. He wants us to junk marriage as being old-fashioned and antiquated. Who needs it and the problems? Just live life and have a good time. Enjoy sex with as many as you wish and live together with anyone you want, especially if you're divorced and have small children who will become neurotic and feel unloved as a result of this lifestyle. The Dark Kingdom is always looking ahead! That is why they are doing everything possible to destroy the youth of the entire world through every means possible.

People involved in sexual relationships with a spirit husband or wife will have dreams in which they see sexual parts or have sexual intercourse. Often they describe themselves as being caressed sexually in a dream. Severe cases will see demons approaching them in human form demanding to have sex with them. Members of the Dark Kingdom can also use this to cause miscarriage and other problems for humans.

Asmodee gives to his spirit partners the gifts of intelligence, beauty and wealth (sometimes). He does this in order to entice other new recruits. They particularly like to obtain young women whom they send into the church to encourage sexual sins among the ministers. Based on our case histories, we know that a woman used in this way for very long without deliverance will become a lesbian. And she will find herself unable to be satisfied sexually from either a man or a woman (what we term nymphomania). This person's sex drive and function is totally out of control, being controlled and used by demons. If not delivered, she will eventually commit suicide. This is the final reward for all eternity granted to those who willingly serve the devil and his Power in the Dark Kingdom.

As I think you can see, Asmodee is the Power most responsible for the destruction of the family as we know it today. He and Satan know that without the safety and security of the family unit, mankind is doomed. Because of his mission, he vehemently fights those organizations that are trying to save the family. He knows if he can stop the family, he can stop the work of God on the earth.

Petition

Heavenly Father, I come to You in honest brokenness and repentance about my involvement in opening doors to the sex kingdoms of this world and Satan and for allowing the Power called Asmodee to control my will and therefore my sexual desires. (Asmodee is heavily involved with sexual immorality and responsible for the spirit of **Jezebel & Lilith**) I ask Your forgiveness, Father, and I ask You to cleanse me of all defilement with Your Holy Fire.

I confess of letting down my guard over my thought life, of the sin of prayerlessness, of the sin of slackness and laziness in my spiritual walk with You. I ask Your forgiveness for not wearing the Helmet of Salvation over my thought life, for opening up to judging and criticizing the Church and other believers. I confess for not wearing the Full Armor of God according to **Ephesians 6**. Please forgive me, Lord.

I ask Your forgiveness, Holy Spirit, because I did not heed Your warnings. I hardened my heart to Your prompting as You tried to get my attention to stop what I was doing. Forgive me for having my conscience seared, from turning away from the Truth, giving attention to deluding and seducing spirits and doctrines that demons teach (**1 Timothy 4:2**). Please help me to regain the sensitivity of my conscience and spirit to heed Your voice again.

Father, I ask that You will grant me the HOPE as I repent and come to know the Truth about how You really feel about this sin. Of how I have grieved You and those that I love, so that I can come to my senses and escape out of the snare of the devil, having been held captive by him (**2 Timothy 2:25, 26**).

I call upon Your Name YHVH Jehoram – Raised up by God and I pray in the Name of Jesus that You will restore me and raise me up and establish me in Your Kingdom.

Lord, I now choose to welcome the Truth into my life. I choose to love the Truth so that I may be saved, cleansed and sanctified from the lawless one/ the spirit of the anti-Christ. Set me free from this great power and delusive marvels, from his unlimited seduction to evil and all his wicked deception.

Father, please remove this misleading influence, a working of error and a strong delusion that made me believe what is false because I did not adhere to, trust in, and rely on the Truth, but instead took pleasure in unrighteousness (**2 Thessalonians 2: 9-12**).

I confess opening doors to all the different websites, the one leading me on to the next and the voices calling me in the spirit.

Father, I confess for creating and building an altar in the spirit where Satan was worshipped (the chair, table, room, space – all must be cleansed, altar destroyed). I ask you to cleanse and purify all physical aspects used in this worship and ask you to destroy this ungodly altar in Jesus Name.

I petition You to cleanse the contact point of the hand with mouse, fingertips, hand-eye-co-ordination, defilement of eye-gate. Father, we fire all gatekeepers assigned over these eye-gates and ask you to cleanse these gateways from all defilement (also my hands).

Father, I petition that you gather all parts of my spirit and soul held captive in the kingdom of darkness, the castles and the dungeons of cyber space. I ask you to sever all ties, unhook the hooks, and wipe out the footprints in the spirit as well as all passwords that I used.

I ask You to remove all information in the files, records, back-ups, disks, etc. at the various websites and in Satan's satellite system in the heavenlies as well as all evidence of my involvement and presence in the Cyber Space. (The computer where these sites were accessed has been defiled and the secret police registers everyone whom goes into porn sites. There are files now opened against the owner of the computer. SATAN'S RECORDS IN HIS OWN SATELITE STATION IN THE HEAVENLIES!!)

Father, I petition that You remove my passport from every gatekeeper assigned at every gate way to the websites and also from Satan's satellite station.

Father, I petition that sacrifices given to worship at this altar will be redeemed: time, relationships, commitment to You, etc.

Father, I repent of all the worship given not only to Asmodee (Jezebel & Lillith) but also the worship given to Mammon. (This money goes to the storerooms of Satan. The Power demon, Mammon, controls the storerooms of Satan from where he distributes all the gifts brought to Satan through sacrifices. In return he rewards the giver with mainly three gifts: sex, power and money).

Father, I petition that all the money sowed in to this kingdom through this form of worship will be cleansed and redeemed for Your Kingdom. (Entering into world of rapists, women abusers, children rapists, porn Mafia kingdom, porn and drug lords, money was given to these networks to trade with souls, women and children who are held as sex slaves to satisfy the lusts and perversions of men **(Revelation 18:13)**).

I ask Your forgiveness for this, in Jesus Name. Father, any code or secret name I was given, I renounce and ask you to remove it from me in Jesus Name.

I petition in the Name of Jesus that You will remove and deliver me from all sexual powers, gifts, sex magic and magical charm. These demonic were used against me through this sin to seduce me as a victim. I pray that You will cleanse me and I re-dedicate my sexuality back unto You in Jesus Name.

I ask that You will purify my body, soul and spirit with the Blood of Jesus. Lord I want to present my body as a living sacrifice, holy and acceptable to You. I call upon Your Name YHVH ELiashib – Lord, I pray that You will restore my soul in the Name of Jesus.

I petition, Father, that You will help me to hate this sin as You hate it. I know Your Word says that the beginning of Wisdom is to fear the Lord and the fear of the Lord is to hate sin. **Proverbs 8:13 & Proverbs 9:10**.

Father, I petition You to sever all ungodly spirit and soul ties between myself and any spiritual husbands or wives, personalities in pictures, imprints, names or other ways of being connected, in Jesus Name.

I petition, Father, that You will declare any ungodly marriages null and void and destroy all rings, clothing, contracts, covenants, names, titles, jewelry and gifts – physically as well as spiritually – with Your Holy Spirit fire, in Jesus Name.

I repent for defiling my marriage (if unmarried – future spouse) and for being unfaithful to my spouse. Also for defiling and breaking of the holiness with which You have created the institution of the marriage. I ask You Father that You will cleanse, purify and restore my marriage and our marriage-bed altar in Jesus Name.

I petition, Father that You will remove all seed still standing as evidence against me and my marriage, in Jesus Name and that You will remove any spiritual children from Satan's hands and take them to where you choose, in Jesus Name.

Father, I petition that decoders will be placed at all entrances of my body, soul and spirit inclined to respond to certain codes or triggers. I ask you to de-activate the triggers like, tone of voices, sound waves, adverts, movies, songs, pictures, eyes, place, names, words, perfume, emotions, or touch, in Jesus Name.

Father, I petition that You will enter my imagination area and sweep it clean with Your Broom of Destruction. That You will place Your angels as gatekeepers and fire all other gatekeepers.

Father, I repent for making a covenant with Asmodee (Jezebel and Lilith) through this sin. I ask that You will sever the five cords of Jezebel that controlled me for so long in the Name of Jesus. I also ask that You will shut and seal the gateways to Lilith and that You will purify my dream world. I ask that You will break the power of Asmodee over my life and that You will dismantle and destroy all ties with this Power demon.

Father, I repent for allowing idolatry in my life – self-love, lust, perversion, fornication, adultery and fantasy. Also for allowing the following spirits to rule me: a lying spirit, a perverse spirit and a spirit of whoredoms.

I also repent for worshipping the god named Eros and for taking part in tantric sex. Because of this sin I have opened myself to be possessed by the Kundalini spirit. I pray that You will close every chakra that was opened in the Name of Jesus. Please forgive me and deliver me from this evil spirit in Jesus Name.

I call upon Your Name YHVH ELiphelet – Lord You are my Deliverance. Father I pray according to **Isaiah 10:27** that the burden will be taken away from my shoulder, and that You will destroy the yoke from my neck with the anointing oil of Your Spirit. I ask this in the Name of Jesus Christ.

Father, I ask that You will strengthen my will and cause it to come into agreement with Your will. I choose to submit to You and to resist the evil one. I thank You Lord that You promise that those who humble themselves under the Mighty Hand of God will be exalted in due time (**1 Pet 5:6**). I declare that You are YHVH ELuzai – You are my Strength!

I ask You to silence all witnesses testifying against me in the spirit by blotting out this sin with the precious Blood of Jesus.

According to **Job 31:1**, I dictate a covenant (an agreement) to my eyes that I will not look [lustfully] upon a girl in the Name of Jesus.

Father, I petition that You will protect me from the consequences of the demonic prophecies, covenants, etc. Father, I petition that You will protect me from any punishment or judgment that will come into effect as a result of this petition.

I petition all this in the Mighty Name of Jesus!

AMEN.

SIGNED:

DATE:

Prayer for breaking ungodly Spirit and Soul Ties

Prayer A

Father, in the Name of Y'shua HaMashiach / Jesus Christ), and by the authority I possess in Him as a believer, I ask You to cut any and all ungodly spirit and soul ties with my husband / wife (and anyone else with whom I have been intimate).

I ask You to break any and all relationships established between us by satan or his evil spirits, and ask that the blessed Holy Spirit would rebuild those relationships and covenant ties in accord with Your perfect Will.

I ask You to completely cleanse those relationships by the Blood of the Lord Jesus Christ / Y'shua HaMashiach of all sin and demonic access. I declare to Satan in the Name of Y'shua HaMashiach / Jesus Christ that he has no more access to my body, soul or spirit through those ties, and the doorway is shut and sealed by the Blood of the Lamb!

I also declare to satan by the authority of the Name of Y'shua HaMashiach / Jesus Christ that he has no power over my children either.

All access to my children through spirit and soul ties is hereby cut by the power of God, and I bring the full power of the Cross, the Blood, the Resurrection, and the Ascension of Y'shua HaMashiach / Jesus Christ against Satan's plans and schemes for me and my family.

In Y'shua's Almighty Name,

Amen.

Prayer B

Father, in the Name of Y'shua / Jesus, I submit my spirit, soul, my desires and my emotions to Your Spirit. I confess, as sin, all my promiscuous, premarital sexual relationships and all sexual relationships outside of marriage. I confess all my ungodly spirit, soul and body ties as sin. I thank You for forgiving me and cleansing me right now!

Father, thank You for giving me the Keys of Your Kingdom, the keys of spiritual authority.

What I bind is bound and what I loose is loosed. In Y'shua's / Jesus Name, I ask You to loose me from all and spirit soul ties to past sexual partners and ungodly relationships.

Please uproot all the tentacles of sexual bondage, of emotional longings and dependencies, and of enslaving thoughts.

I bind, renounce and resist any evil spirits that have reinforced those spirit and soul ties or may have been transferred to me through evil associations.

Please cleanse my spirit and soul and help me to forget all illicit unions so that I am free to give my spirit and soul totally to You and to my spouse.

Father, I receive Your forgiveness for all past sex sins.

I believe I am totally forgiven.

Thank You for remembering my sins no more.

Thank You for cleansing me from all unrighteousness.

I commit myself totally to You.

By Your grace, please keep me holy in my spirit, soul, and body.

I praise You.

In Y'shua's / Jesus Name.

AMEN.

Prayer guidelines to keep yourself pure if your spouse is not

God has placed between a husband and a wife a **Godly spirit and soul tie** making them one in spirit, soul and body.

If you are unequally yoked, or your spouse has still got sinful issues manifesting in his or her life, then there is an **ungodly spirit and soul tie** that operates between the two of you.

This allows uncleanness to pass onto the one who is trying to stay pure.

Every time that there is sexual intercourse, you need to deal with the ungodly spirit and soul tie.

Take up the Sword of authority and **break the ungodly spirit and soul tie** between you and your spouse, **take authority over any demons** that have been transferred to you and break any curses that could have resulted through you being one in the marriage covenant.

Ask the Lord to **cleanse you** with His purifying fire and to wash you with the Water of His Word.

You must understand that the **Godly spirit and soul tie** still stays in place because it is God-given.

Now you can use your God-given authority to minister to your spouse during intercourse.

You need not be afraid to have sexual intercourse thinking that you will be defiled if you know how to pray.

This is the closest form of “laying on of hands”! It is also of the most powerful ways to do warfare for your marriage!

It is a mighty and powerful weapon that God has given us to use in the marriage bed.

You must know that **He that is in you is greater** than he (the spirit operating in and through your spouse) that is in the World!

The act of sexual intercourse within the marriage covenant is seen as an **act of worship** by God.

When you are making love with each other, and then allow the Holy Spirit who is in you to flow through you to your spouse who needs so much to be ministered to by the love of the Holy Spirit.

Allow the **Seven-fold attributes of the Holy Spirit** to flow through you into your spouse:

- ◆ the Spirit of the **Lord**,
- ◆ the Spirit of **Wisdom**,
- ◆ the Spirit of **Understanding**,
- ◆ the Spirit of **Counsel and Might**,
- ◆ the Spirit of **Knowledge**
- ◆ and the Spirit of the **Reverential and Obedient Fear of the Lord**.

Pray the God will make him / her of **quick understanding**, and his / her **delight shall be in the reverential and obedient fear of the Lord**.

Righteousness shall be the **girdle of his / her waist** and **faithfulness** the **girdle of his / her loins!! (Isaiah 11:2-5)**.

Ask the Lord to give you specific scriptures every time you make love and minister to your spouse in the Name of the Lord Y'shua HaMashiach / Jesus Christ of Nazareth, your Redeemer and Lover of your soul!!

By doing this, you are being obedient to God's Word concerning the marriage covenant and God will honour your submission to His commands and He will bless your marriage exceedingly and abundantly more than what you can think or ask!!

LIST OF SEXUAL DEMONS AND DISEASES

<p>Bastard Fornication (Idolatrous Sex Orgies) Adultery Masculine Women Effeminate Men Abuser of Themselves with mankind (Arsenokoites or Sodomite, Oral or Anal Copulation) Sensual (Carnal, Voluptuous, Senses, Appetites) Evil Concupiscence (powerful feelings of physical desire) Inordinate Affections (Excessive) Lasciviousness (Lewd Emotions: showing a desire for or unseemly interest in sex) Filthy Communication (Obscene, Blasphemy, Profanity)</p>	<p>Masturbation Homosexuality and Catamite Lesbianism Pornography Exposure Uncleanness Perversion Lust and Passions, Fantasy Lust Fantasies Obscene Music, Poetry, Literature and Art Occult sex / Sex magic Immorality Incest Harlotry, Rape, Frigidity Bad Dreams Heterosexuality</p>
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DISEASES

<p>Veneral Diseases Gonorrhoea Chancroid (Soft) Granuloma Inguinale Spirochetal Infections Spirochetal Infections Syphilis Congenital Syphilis Gonorrhoeal Arthritis Veneral Lymphogranuloma Aids Meningitis Endocarditis Sterility</p>	<p>Insanity Staggering Gait Heart Disease Blindness Ulcerative Lesions Yaws Bejel Pinta Relapsing Fever Tropical Ulcer Rat-Bite Fever Weil's Disease Herpes I and II</p>
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Priestly Blessing

Numbers 6:24-27

*“Y’varekh’kha YHVH v’yishmerekha.
May YHVH bless you and keep you.*

*Ya’er YHVH panav eleikha vichunekka.
May YHVH make His Face shine on you and show you His favour.*

*Yissa YHVH panav eleikha v’yasem l’kha shalom.
May YHVH lift up His Face toward you and give you peace.*

Numbers 6:27 *“In this way they are to put **My Name** on the people of Isra’el, so that I will **Bless** them.”*

